

Improved Relationship at school

Description
To provide families, children & young people with appropriate and relevant information so that they may feel supported and that school is a safe environment with positive relationships.
Different approaches/programmes/interventions
<p>Young Minds A national organisation for professionals, parents, children & young people. Offering support via a web site, telephone helpline and email. Young Minds is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people.</p> <p>Family Lives A national organisation who can offer support and advice, parents can talk to one of the Family Support Workers through Live Chat, email or call the confidential helpline. Parents can also share experiences and advice with other parents on Forums. Family Lives is available 24 hours a day, seven days a week.</p> <p>Free counselling services for children & young people Barnardos Talk2 Counselling Service for children & young people. Talk2 gives young people a chance to talk to a trained counsellor. A free counselling service based in Newport and outreach in Ryde.</p> <p>Isle of Wight Youth Trust Under 13's service (referral via GP) and also 13 – 25 service (self referral) Isle of Wight Youth Trust offer general counselling using either CBT or Psychotherapy whichever is most appropriate to the young person.</p> <p>YMCA Counselling Service for children & young people YMCA Counselling and Psychology (YCP) currently run five Counselling and Psychological Support Services for children and young people on the Isle of Wight. Our services cover Tier 2 Mental Health, Continuing and Palliative Care for life limiting, life threatening and end stage care conditions, Social Care Support, School Counselling and Children's Bereavement. The majority of the services are fully funded and accredited by the NHS, with the exception of school commissioned services and Social Care. All therapists come under the registration of the Health and Care Professions Council (HCPC), The British Psychological Society (BPS), the British Psychoanalytic Council (BPC) or the British Association of Counsellors and Psychotherapists (BACP). The services are led by a Consultant Counselling Psychologist and all therapists receive regular clinical supervision and follow NICE and NHS Framework Guidance for integrated practice and delivery and for clinical governance.</p> <p>All of the above services offer a free confidential counselling and support service.</p> <p>Family Information Zone The Isle of Wight Family Information Service offering a free information and signposting service for families. FIZ can provide information on a wide range of services, activities and support both local</p>

and national.

Targeted Youth Support (TYS)

The central aim of TYS is to help vulnerable young people early, to address their difficulties as soon as possible, and to prevent their problems escalating. It is targeted at young people who without help are at future risk of further problems such as substance misuse, youth offending, teenage pregnancy and homelessness.

In particular, this is likely to include young people who experience a combination of the factors below:

- Persistent absence or exclusion from school
- Behavioural problems
- Poor emotional, social or coping skills
- Poor mental health
- Learning difficulties and disabilities
- Low self-belief
- Poor aspirations
- Attitudes which condone risky behaviours
- Poor family support, family conflict or problems such as parental substance misuse
- Poor support networks
- Family or friends, or involvement in gangs, who condone high risk activities
- Living in a deprived neighbourhood
- Poverty

The service will now provide 3 key early help interventions:

Intervention	How to access
1. 1-2-1 support, a time limited bespoke intervention which will be tailored to the individuals needs and outcomes required.	To refer to the 1-2-1 TYS professionals need to complete a CAF assessment form and action plan or CIN plan ensuring you identify the needs of the young people, what support is required from TYS and the expected outcome
2. Housing Support-support to young people at risk of homelessness, aiming to prevent family breakdown and provide information, guidance and support regarding options for young people	Complete initial screening check tool with the Young Person/Family (available from the TYS team). If there is an immediate Homelessness issue or Safeguarding concern a referral should be made to Hants Direct. In other cases contact TYS for advice and support.
3. Return Interviews for children and young people who have been missing (non-social care cases). The team will provide an interview for young people and will work with other early help services to address issues/concerns.	Referrals for this service will be through police and social care only.

At the end of the intervention TYS staff will provide a summary of case including the impact of interventions to the referring agency and young person.

MAGS (a therapeutic group for young people)

MAGS is an initiative that was set up to help and support young people aged between 13 and 16 (school years 8, 9, 10 and 11) who are experiencing difficulty in coping with pressures at home or at school.

Referral via school with YP agreement.

Kidscape

A national charitable organisation offering support via web site, telephone helpline and publications for families, children/young people and professionals. Their key areas are bullying and Child sexual abuse.

Education Welfare Service

The Education Welfare Service is responsible for fulfilling statutory responsibilities of the Local Authority in respect of school enrolment, attendance, exclusions and child employment, performance and chaperone licences.

NSPCC

A national charitable organisation offering support via web site, telephone helpline and publications for families, children/young people and professionals.

Services available

Isle of Wight

Barnardos Talk2 Counselling Service for children & young people

Contact: Tel 01983 616607

Email: talk2@barnardos.org.uk

Web site: www.barnardos.org.uk

Isle of Wight Youth Trust

Contact: Tel 01983 529569

Email: info@iowyouthtrust.co.uk

Web site: www.iowyouthtrust.co.uk

YMCA Isle of Wight Counselling Service

Contact: Tel: 01983 861072

Email: cbs@ymca-fg-arg

Web site: www.ymca-fg.org

Family Information Zone

Contact: Tel 01983 821999

Email: familyinfozone@iow.gov.uk

Web site: www.wightchyps.org.uk

MAGS

Contact Matthew Bell at the Foyer – 567599

Email: Matthew.Bell@spectrumhousing.co.uk

Targeted Youth Service

Tel: 01983 535560

email at targeted.youthsupport@iow.gov.uk.

Education Welfare Service

- Telephone: 01983 823151
- Email: ewsreferral@iow.gov.uk

Nationally

Young Minds

Contact: Tel Helpline: 0808 802 5544

Email: ymenquiries@youngminds.org.uk

Website: www.youngminds.org.uk

Family Lives

Contact: Tel: 0808 800 2222

Email: <http://familylives.org.uk/how-we-can-help/email-support/>

Web Site: <http://familylives.org.uk/>

Kidscape

Contact: Telephone helpline: 08451 205 204

Email: contact@kidscape.org.uk

Web Site: www.kidscape.org.uk

NSPCC

Contact: Telephone helpline: Parents & Professionals 0808 800 5000 Children 0800 1111

Email: help@nspcc.org.uk

Web Site: www.nspcc.org.uk