

HALF-TERM ACTIVITIES

Saturday 11 February to Sunday 19 February 2012 at Medina Leisure Centre, Newport

A host of activities to keep youngsters happy, improve their health and have fun!



CANOEING

Learn to canoe in a fun and safe environment. You must be able to swim 50m and be confident in deep water. Free swim afterwards.

- Friday 17 February
- 9am to 10am (in the main pool)
- Age 8 to 15
- £4.50 per session



FUN BOUNCE

Have fun learning to bounce, pike and tuck on the trampoline.

Plus—try our new bouncy castle!

- Thursday 16 February
- 2.30pm to 4pm
- Age 8 to 15
- £4.50 per session



JUNIOR GYM

Gym workouts especially designed for children. Friendly, enthusiastic and qualified staff are on hand at all times with advice and help.

- Tuesday 3.45 to 4.30pm
- Friday 3.45 to 4.30pm
- Saturday 11.30am to 12.15pm & 12.15 to 1pm
- Age 10 to 15
- £3.25 per session (free with a One Card)



INTENSIVE SWIM LESSONS

Five-day course, based on the new NTPS Levels 1, 2 and 3. Advance booking essential - ask at reception

- Monday 13 February to Friday 17 February
- 9am to 9.30am
- Age 4 to 15
- £19.50

JUNIOR SPORTS CHALLENGE

A variety of sporting activities each day of half-term.

Remember to bring your sports kit, trainers, swimming costume and towel.

You may want to bring a packed lunch although our café will be open for food each day.

Places are limited & you're advised to purchase tickets in advance. Tickets cannot be reserved without full payment.

A completed child activity permission form is required for all children taking part in the Junior Sports Challenge.

Forms are available from reception. You can't take part without this form.

Monday

Pool fun
Short tennis
Rounders
LUNCH
Trampolining
Basketball
Fun Sport

Tuesday

Pool fun
Olympic challenge
LUNCH
Trampolining
Badminton
Fun Sport

Thursday

Pool fun
Olympic challenge
LUNCH
Trampolining
Football
Fun Sport

Friday

Pool fun
Short tennis
Badminton
LUNCH
Trampolining
Uni-hockey
Fun Sport

- Monday 13 February to Friday 17 February (**No activities on Wednesday**)
- Registration 9 am
- Collection 2pm
- Ages 8 to 13
- £9 per person per day

We reserve the right to change the daily programme.

Medina Leisure Centre
Fairlee Road, Newport, PO30 2DX
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medina.leisure@iow.gov.uk

one card
at the heart of fitness

The One Card gives unlimited access to selected sports and leisure activities, subject to availability, provided by the Isle of Wight Council. There are cards for adults, students and juniors. There is a monthly fee with flexible payment options.
Find out more at www.iwight.com/leisure



HAPPY FEET 2 (U)



Mumble's son, Erik, is struggling to realise his talents in the Emperor Penguin world. Meanwhile, Mumble and his family and friends discover a new threat their home -- one that will take everyone working together to save them

- Wednesday 15 February
- 2.30pm and 7.30pm
- Adults £4/concessions and under 16 £3

RUMPELSTILTSKIN

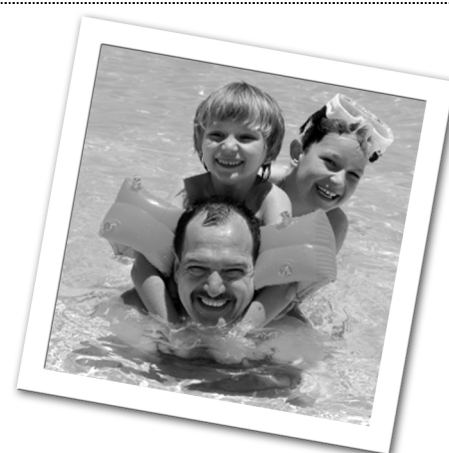


A pantomime for half-term—
Oh yes it is!
The Panto Company spins this classic tale into a show for children of all ages, filled with clap-a-long songs and lots of audience participation.

- Friday 17 February
- 2.30pm
- Tickets £9.50/£32 family

CASUAL SWIM SESSIONS FOR HALF TERM

Date	Main Pool	Small Pool
Saturday 11 February	1.05pm to 5pm	
Sunday 12 February	9.35am to 12.30pm	
	1.30pm to 5pm	
Monday 13 February	10am to 3.30pm (fun session from 10am to noon)	
	4.35pm to 7pm	5pm to 7pm
Tuesday 14 February	10am to 3.30pm (fun session from 10am to 12 noon)	
	4.35pm to 7pm	6pm to 7pm
Wednesday 15 February	10am to 3.30pm (fun session from 10am to noon)	
	4.35pm to 7pm	6pm to 7pm
Thursday 16 February	10am to 3.30pm (fun session from 10am to noon)	
	4.35pm to 7pm	6pm to 7pm
Friday 17 February	10am to 3.30pm (fun session from 10am to noon)	
	Pools closed for Masters Swimming Gala	
Saturday 18 February	Pools closed for Masters Swimming Gala	
Sunday 19 February	9.35am to 12.30pm	
	1.30pm to 5pm	



Don't miss our fun sessions -
Large floats
and balls!
Monday to Friday
10am to 12 noon

Activity	Mon	Tue	Wed	Thu	Fri
Early Birds	7am to 9am	7.45am to 9am	7am to 9am	7.45am to 9am	7am to 9am
Aquafit	7pm to 8pm	-	7pm to 8pm	9am to 10am & 7pm to 8pm	-
Adult swim	-	9pm to 10pm	-	8pm to 9pm	-
Lane swim	-	-	8pm to 9pm	-	-
Fun sessions	10am to 12 noon				
50+	3.30 to 4.30pm				3.30pm to 4.30pm

FREE SWIMMING FOR KIDS DURING HALF-TERM

Free swimming for kids during casual sessions only. Offer only available for Isle of Wight residents.