

# Medina Leisure Centre



Medina Leisure Centre is one of the Island's largest multi-purpose leisure centres. It's open all year and has facilities for everyone.

Tone Zone gym



Personalised training plans



Team sports in the main hall



Café, bar and theatre



# Medina Leisure Centre

## When is it open?

Seven days a week. For opening times, please phone for details. The centre is closed for certain days between Christmas and New Year, please phone for details.

## Is there parking?

There is a free public car park on site.

## Which bus will get me there?

Routes 5 and 9 stop right outside.

### Sports hall

- Badminton
- Netball
- Hockey
- Tennis
- Short tennis
- Volleyball
- Table tennis
- Basketball
- 50+ activities
- Also available for event hire

### Classes

- Step aerobics
- Tums and bums
- Circuit training
- Zumba®

### Swimming

- Adults
- Juniors
- Family
- Lessons for adults and juniors
- Aquafit
- Aquababes

### Outdoors

- Football
- Netball
- Tennis
- Artificial cricket wicket
- Rugby

## Facilities

- Swimming
- Swimming lessons
- Water workout classes
- Waterslide
- Tone Zone gym
- Fitness classes
- Sports hall
- Climbing wall
- Children's parties
- School holiday activities
- Far infrared therapy cabin
- Theatre

## Contact

Medina Leisure Centre  
Fairlee Road, Newport  
PO30 2DX

Tel: (01983) 523767

Theatre: (01983) 527020

Fax: (01983) 530693

[medina.leisure@iow.gov.uk](mailto:medina.leisure@iow.gov.uk)

Facility Manager:

Paul Broome

Pick up a leisure fees booklet for all activity prices.



The One Card gives unlimited access to selected sports and leisure activities, subject to availability, provided by the Isle of Wight Council. There are cards for adults, students and juniors. There is a monthly fee with flexible payment options.

Find out more at [www.iwight.com/leisure](http://www.iwight.com/leisure)

**one1card**

at the heart of fitness