

Read Vitalise

Reading for Recovery

A new facilitated reading group for people with experience of depression, anxiety and other common mental health problems

Read-vitalise will meet the second Thursday of every month
From 6pm to 7.30pm
Lord Louis Library, Orchard Way
Newport, Isle of Wight

Starts Thursday 10th March 2011

Call Rachel on 538012 for more details

"We read to know we are not alone"

c.S.Lewis

