

Job Vacancy / Information Bulletin

for young people

A collection of current job vacancies, training opportunities and information, from various sources

What's on ...?

HIJACK CINEMA @ HIGHLANDS PARK

**OUTDOOR
CINEMA**

HIJACKCINEMA.CO.UK



10 Things I Hate About You (12)

Film, Media & Entertainment

📅 Sat, 25 Jul 20:00

📍 Southampton, England



Top Gun (15) (Outdoors)

Film, Media & Entertainment

📅 Sun, 26 Jul 20:00

📍 Southampton, England



Mean Girls (12A) (Outdoors)

Film, Media & Entertainment

📅 Fri, 21 Aug 19:00

📍 Southampton, England



The Beach (15) (Outdoors)

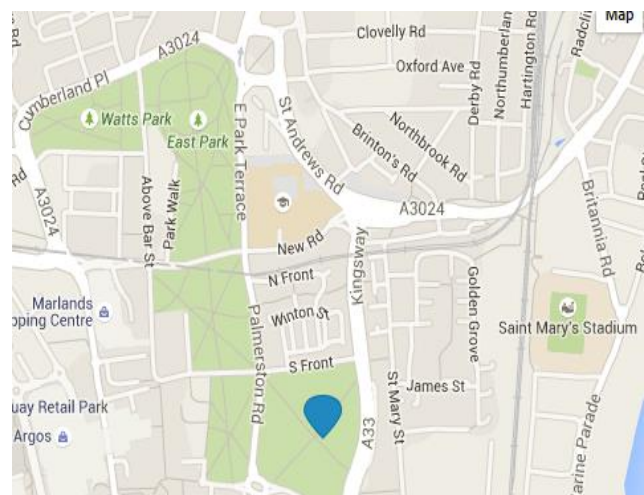
Film, Media & Entertainment

📅 Sat, 22 Aug 19:00

📍 Southampton, England

The Setting

Visit the open air cinema in Hoglands Park, slap bang in the centre of Southampton. It's open, grassy and very easy to find (right next to Debenhams) For full details visit the website below:



www.hijackcinema.co.uk

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CINEMA



HOT JOBS

Don't miss these!



Need to get there quickly?
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Daily Echo Vacancies

23 July 2015

Please consult the relevant edition of the ECHO or visit the website for further details as information below has been abbreviated. Vacancy information correct at time of publication.

Some employers are unable to employ young people directly from school due to age restrictions in their insurance policies, so please check at the time of application.



Trade Counter Sales Assistant

John Cribb & Sons Ltd

Southampton, Salary not specified

Job Role: Trade Counter Sales Assistant Location: Southampton, Hampshire Salary: Competitive Job

Reference: JC 15/20 John Cribb and Sons LTD are an...

Admin Assistant

BITTERNE CE (VC) JUNIOR SCHOOL

Southampton, Salary not specified

Admin Assistant required for Bitterne CE Primary School - From 1 September 2015. Monday -Friday
8.30am - 4.00pm, 35 hours per week, term time only....

Receptionist, Maintenance Person and Housekeepers

STAR HOTEL

Southampton, Salary not specified

The Star Hotel Southampton Requires Hotel Receptionist with some bar duties. Full or part time Capable
maintenance person full or part time Housekeeper...

Mobile Cleaners

City Cleaning (Uk) Ltd

SOUTHAMPTON, Salary not specified

MOBILE CLEANER required, flexibility and clean driving licence essential, experience preferred. Tel 023
8070 6060.

Accounts Assistant Administrator

Ultramag Inspection Services

Southampton, Salary not specified

Accounts Assistant Administrator Required An Inspection Company requires Accounts/Admin To work in a
busy office atmosphere Applicants should have ...

INFORMATION SERVICE - WE ARE NOT RESPONSIBLE FOR THESE VACANCIES

www.dailyecho.co.uk/jobs

Parts Advisor

Perfect Placement UK Ltd

Hampshire, £16,500 - £19k/year

Automotive, Motor Trade Job: Parts Advisor Required in Hampshire Salary: Up to £16,500 Basic, £19,000 Per Annum Term: Full Time, Permanent 8am - 6p...

Sales Support Apprentice



RECRUITMENT/T&S

Southampton, Salary not specified

Newsquest (Hampshire) Limited is one of the largest regional publishers in the UK. We publish market leading newspapers and local web sites across ...

Cabin Attendant - Southampton



Medical Staffing

Southampton, £8.63/hour

Cabin Attendant - Southampton £8.63 PH on a casual ad hoc basis. Red Funnel is an integrated transport, travel and leisure company employing a team...

Stock Assistant

Aldi

Nationwide, £7.25 - £7.40/hour

Stock Assistant £7.25 rising to £7.40 per hour (Regional variances may apply) Flexible contracts from 10 to 30 hours per week Behind our quirky TV ...

Beauty Therapist

Eastern Art Nails & Beauty

Southampton, Salary not specified

Beauty Therapists required. FT/PT to work in busy salons in Southampton or Winchester. To apply call 023 80339090

Receptionist - Part Time

Avenue Clinic

Southampton, Salary not specified

Receptionist - Part-Time For busy Chiropractic Clinic. We need an enthusiastic, efficient part-time Receptionist. Ideal candidate would be a confid...

Cruise Administrator

Regent Seven Seas Cruises

Town Quay, Salary not specified

Reservation Co-ordinator and Administration Co-ordinator Southampton Regent is the fastest growing cruiseline in the ultr...

INFORMATION SERVICE - WE ARE NOT RESPONSIBLE FOR THESE VACANCIES

www.dailyecho.co.uk/jobs

Working with children



CURRENT VACANCIES

Nursery Nurse (Supply) (On-going)

YMCA Fairthorne Group Fairthorne Manor Botley Road Curbridge Southampton
Hampshire SO30 2GH
01489 785228

Nursery Nurses (ref 380) Zero hours - ongoing

YMCA Nursery Woolston Victoria Road Southampton SO19 9EF
01489 785228

Pre-School Practitioner

Closing date: 29 July 2015
Little Berries Pre-School Children's Centre Seagarth Lane Southampton SO16 6RL
023 8091 5533

Respite Foster Carers (ongoing)

Rose Road Association, 300 Aldermoor Road Southampton SO16 5NA
023 8072 1234

And many more ... see website ...



These vacancies have now moved to a new website. Please visit this for further details:

<http://sid.southampton.gov.uk/kb5/southampton/directory/results.page?familychannel=9-10>

www.sid.southampton.gov.uk

Jobcentre Plus Vacancies

Hundreds of vacancies are displayed on this website.
Here are just a small selection:



Job Title	Advertised by:	Location:	Job ID:
Warehouse Distribution Assistant	Jobs4 Network Limited 1	Southern-Southampton	17225588
Accounts Assistant	Jobs4.co.uk	Hampshire-Southampton	17530061
Payroll Administrator	CVbrowser Limited	Southern-Southampton	17527820
Marketing/ Business Admin Apprentice	reed.co.uk	Southern-Southampton	17519023
Administrator	reed.co.uk	Southern-Hedge End	17515825
Office Apprentice	reed.co.uk	Southern-Durley	17515329
Administrator - Temp to Perm - Immediate Start	reed.co.uk	Southern-Hedge End	17513150
Apprentice - Mortgage Administrator	reed.co.uk	Southern-Southampton	17513310
Administrator - Southampton	reed.co.uk	Southern-Ocean Village	17512058
Food Packer (Warehouse)	TipTopJob	Southern-southampton	17508578
Event Bar Staff	SFC Group	Southern-Southampton	17495137
Goods In Assistant	Selco Builder's Warehouse	Southern-Southampton	17506205
Bus Driver (Trainee) - Southampton	First Group PLC	Southern-Southampton	15352576

www.gov.uk/jobsearch

Other Job Vacancies

Food Delivery Driver - Southampton - Must Own Scooter/Motor...

Deliveroo - Southampton £7 - £11 an hour
Top Tips - you keep 100% and customers can tip when they order and also when you deliver. Extra Large Hard-Shell Food Boxes for Top Drivers - big corporate...

Clothing Stock Replenisher

OCS Southampton
£7.90 - £9.24 an hour - Temporary
Previous experience of working in a clothing Retail environment would be beneficial but is not necessary as full training will be provided....

football stadium cashier

The Betting room - Southampton SO14
£7 an hour
You will be required to work at the stadium on home games for the forthcoming season. You should be over 18 years of age, thrive in a fast paced environment and...

Customer Assistant - Part Time

Tesco - Southampton SO40 +1 location
Part-time
Customers are always able to get the products they need. Customers leave our store feeling valued and satisfied....

General Stock Assistant

99P Stores Southampton - Southampton
You must be willing to adapt yourself to work in all departments across the store and have a positive can do attitude....

Sales assistant -

Décathlon - Southampton
You'll ensure the products are well laid out and presented, and make sure the right stock is available for our customers....

Business Support Assistant

Ian Williams Ltd - Southampton
£16,500 a year
Ian Williams has a reputation of quality and excellence with customers and employees alike, living up to our company value of "behaving to others as we would..."

Team Member - Kitchen & Bar Cafe up to 20 hours per week

Travelodge - Southampton
£6.50 an hour - Temporary
It's not just our customers we want to. Promote the food and drinks offering from our Bar Café menu. Travelodge Kitchen and Bar Cafe Assistant - up to 20 hours...

Secretary Assistant

CJR Glass & Glazing Ltd - Southampton
£8 an hour
To be successful you must be able to deal with clients and customers on a daily basis, also you must have good organisation skills, this would include keeping a...

Counter Assistant

Sainsburys - Eastleigh
Part-time
Responding to customer enquiries and building up an impressive level of product knowledge, you'll support your colleagues in creating an exceptional shopping...

Here's a snapshot of the vacancies currently available on this website.
For more information and application details visit:

www.indeed.co.uk

Other Job Vacancies

Bar Assistant

Hinkler inns - Southampton SO19

To be responsible for serving, keeping bar area clean & tidy and communicating with customers. Personal licence holders would be an advantage as would previous...



Customer Service Assistant

BP Retail - Southampton

£7 an hour - Part-time

Our convenience retail business continues to grow in size and stature and we are looking for customer focused, experienced customer service champions to help us...



Team Member

Prince's Trust Team Programme - Southampton

What are you waiting for?!?! Team has supported many people to turn their lives around, and to allow them to become more work ready....



Invoice Matching Administrator

Pebble People - United Kingdom

£7.50 - £8.50 an hour

Invoice Matching Administrator. Any previous administrative experience would be an advantage, but is not essential as full training will be given....



Warehouse Operative - Immediate Work

Jark Recruitment - Southampton

£384 - £480 a week

Moving / Handling Warehouse equipment. Previous experience working in a fast paced environment.

Jark Recruitment are recruiting for warehouse operatives to work...



School Sport and PE Apprentice

PH Sports - Southampton

Apprenticeship

Full UK Driving License. PH Sports are looking for a dedicated, enthusiastic apprentice to deliver sport sessions after school, before school and assist with...



Customer Service Representative - Southampton Airport

Hertz Southampton

As a Customer Service Representative reporting to the Branch Manager you will be responsible for providing exceptional customer service and sales services to...



Yard Person

CW Plant Hire - Southampton

You will assist with general workshop duties when required as well as ensuring that equipment is steam cleaned and re-fuelled prior to being dispatched to our...



Order Picker/Packer

Solsbury Solutions - Hedge End

£6.50 an hour

Experienced order pickers / packers required for on-going work in Hedge End. Mon - Fri (40 hours per week) For more information on this role please contact



Cleaner - 384934 .

Southampton City Council - Southampton

£3,748 - £3,775 a month

Southampton Children Centres are committed to safeguarding and promoting the welfare of children and young people and expect all staff to share this commitment....



..... and many more, click on the job title to take you straight there



www.indeed.co.uk

Other Job Vacancies

[Customer Service Coordinators X 2](#)

First Wessex - Eastleigh

£21,309 a year

Advise customers on Policy and Procedure in order to provide a 'one stop' service to resolve 90% of housing and repairs enquiries on a right first time basis,...

9 days ago - [email](#)

[Receptionist PA](#)

Hales Group- United Kingdom

Meeting and greeting employees and guests and ensuring they are cared for in a professional manner; Dealing with incoming and outgoing post together with...

[Temporary Sales Associate \(Part-time\)](#)

H Samuel - Southampton

Part-time, Temporary

People who work hard to develop outstanding product knowledge and real jewellery expertise that they can share with our customers....

[Customer Service Assistant](#)

World Duty Free - Southampton

Contract

Assistant can build an instant rapport with customers whether it is recommending the perfect pair of Sunglasses....

[Aircraft Cleaners](#)

Menzies Aviation - Southampton

We are looking for local reliable people with cleaning experience to be part of our existing team to clean aircraft to a high standard with excellent customer...

[RECEPTIONIST - PART TIME](#)

Vets4Pets - Southampton

Part-time

The successful candidate must be able to multi task effectively as they will meet and greet clients, book appointments, deal with any queries, take payments and...

[Sales Assistant](#)

Roadchef Motorways Ltd - Southampton SO16

£6.50 an hour

Serving customers working back of house preparing food ensuring a consistent supply of equipment and products, all with one simple objective in mind to...

[P/T Children Party Assistant, Southampton](#)

Funky Play Bus - Southampton

Part-time

Parties include party games and supervision of children while they play on the bus for children up to 8 yrs old....

[Kitchen Assistant](#)

Hello Kitchen - Hedge End

Ideally have Level 2 Food & Safety Hygiene for Catering. Incentives such as TV's, games consoles, DVDs, and other electrical goods....

[Cleaner \(part-time\)](#)

Ocean Integrated Services - Southampton

£6.50 an hour - Part-time

Ocean require 2 x cleaners for a retail site in Milbrook Road area of I Southampton. The hours and days of work are as follows Monday, Wednesday, Friday,...

..... and many more, click on the job title to take you straight there 

www.indeed.co.uk

University of Southampton



Closing date

593215TD	Post & Portering operatives	Estates & Facilities	27/07/2015
588515RR	Accountancy Assistant	Finance	29/07/2015
595615PK	Office Assistant (Receptionist)	Registrar & University Executive	30/07/2015
595115GX	Administrative Officer	Student & Academic Administration	30/07/2015

www.jobs.soton.ac.uk

Southampton Solent Uni



Closing date

Apprentice (Payroll)	Support	£12,540.39 per annum	
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<https://recruitment.solent.ac.uk/WebRecruitment/>

Fast Food

Check out these websites for vacancies:

McDonalds

www.mcdonalds.co.uk/ukhome/People/Join-the-team.html

Pizza Hut

www.careersatpizzahut.co.uk

Domino's Pizza

www.dominos.co.uk

Burger King

www.bkcareers.co.uk/crew.aspx

Subway

www.subway.co.uk/business/careers/default.aspx

9 stores in Southampton

KFC

www.kfc.co.uk/join-us

Harry Ramsdens

www.harryramsdens.co.uk/about-harrys/work-with-us/

Pret a Manger

www.pret.com/jobs/

Anyone for coffee?

Costa

www.costa.co.uk/about-us/our-people/careers/

Starbucks

www.starbucks.co.uk/careers

Café Nero

www.caffenero.co.uk/people/ourpeople.aspx



West Quay Vacancies



Nauticalia

Sales Assistant



West Quay
Southampton

Duty Assistant



ZARA

Sales Assistant



Daily Echo



jobsfair

bringing people and jobs together

JOBSFAIR 2015

Thursday 24 September 10 – 3pm Novotel, Southampton

www.west-quay.co.uk/jobs

The Marlands Vacancies



Full and Part Time Barista

Perm Part Time – Barista's (weekends)
Perm Full Time - Barista Maestro (5 days out of 7) Experience an advantage however training will be given.
Wages: competitive dependant on experience



*Part and Full time stylist required
24 or 40 hours per week
Please contact Carly on
02380 232065*



Sales Assistants - Part Time Required
*Must have retail experience and must be over 18
Apply by CV to the stand*



www.intomarlands.co.uk/job_opportunities

Paultons Park Seasonal Recruitment

Ower, near Totton. Own transport will be required.



Still lots of seasonal vacancies available – check out the website below:

paultonspark.co.uk/recruitment

NHS Vacancies

Ward Clerk Administration

**University Hospital Southampton
NHS Foundation Trust, Southampton
General Hospital, Southampton**

An exciting opportunity has arisen for a motivated and dynamic Band 2 Ward Clerk to work within our Specialist Acute and Rehab Stroke unit. Ward F8 is a 28 bedded acute and rehab stroke unit offering specialist multi-professional care to stroke patients over the age of 18. F8 provides care for all ...

Salary: £15,100 - £17,800 pa
Job Type: Permanent
Closing Date: 30/07/2015
Staff Group: Administrative & Clerical
Job Ref: 188-DIVD227

Apprentice Receptionist/ Administrator Administration

**Solent NHS Trust, Adelaide Health
Centre / The Stoneham Centre**

We are looking for a enthusiastic & friendly individuals to join our busy administration team as an administrator/receptionist. The Adelaide Health Centre Millbrook is the HQ for the Musculoskeletal Service Outpatient clinics, which also runs clinics at Moorgreen hospital West End, so a willingness ...

Salary: £3.54 per hour
Job Type: Apprenticeship
Closing Date: 29/07/2015
Staff Group: Administrative & Clerical
Job Ref: 449-APC071

Medical Recruitment Administrator

**University Hospital Southampton NHS Foundation Trust,
Southampton General Hospital, Southampton**

We currently have an exciting opportunity for a Medical Recruitment Administrator to work within our busy HR recruitment team. The HR recruitment team is a high quality process driven service delivery organisation working in a very busy, deadline driven environment. IT systems, very high levels

Salary: £16,633 - £19,461 pa
Job Type: Permanent
Closing Date: 02/08/2015
Staff Group: Administrative & Clerical
Job Ref: 188-TRUSTHQ293



www.jobs.nhs.uk

NHS Vacancies

Ward Clerk Administration

**University Hospital Southampton
NHS Foundation Trust, Countess
Mountbatten House, Southampton**

An exciting opportunity has arisen at Countess Mountbatten House for a motivated ward clerk to support the clinical team. Countess Mountbatten House (CMH) is a regional NHS palliative care service. It provides a specialist palliative (end of life) care service for patients with advancing ...

Salary: £15,100 - £17,800 p.a.
Job Type: Permanent
Closing Date: 30/07/2015
Staff Group: Administrative & Clerical
Job Ref: 188-DIVA257-A

Medical Secretary/Team Administrator

**Solent NHS Trust, Western
Community Hospital, Southampton**

A highly motivated and enthusiastic person is required to join our busy administration team to provide secretarial and administrative support within Solent Neurological Rehabilitation Services. The successful candidate will be expected to carry out a range of administrative duties including word ...

Salary: £16,633 to £19,461 pa
Job Type: Permanent
Closing Date: 06/08/2015
Staff Group: Administrative & Clerical
Job Ref: 449-AS0188

Healthcare Research Apprentice

Solent NHS Trust, Southampton

Overview of Vacancy Solent NHS Trust is a provider of community and mental health services across Southampton, Portsmouth and Hampshire. We have an exciting opportunity to join Solent NHS Trust as a Healthcare Research Apprentice in a role within our Research, Clinical Audit and ...

Salary: £3.54 per hour
Job Type: Apprenticeship
Closing Date: 06/08/2015
Staff Group: Administrative & Clerical
Job Ref: 449-CP243



www.jobs.nhs.uk


City / County Councils



Vacancy Title	Council	Area	Closing Date	Salary	Hours Per Week
Admin Assistant - Bitterne CE Primary School . Job Reference: 1482335	Southampton City Council	Southampton	7 Aug 2015	£16,490 pro rata	35 hours per week
Administrative Assistant - The Polygon School . Job Reference: 1480995	Southampton City Council	Southampton	5 Aug 2015	Actual salary is £14,979 but may be higher dependent upon qualifications and experience	37 Hours per week
Cleaner - 384934 . Job Reference: 1482011	Southampton City Council	Southampton	5 Aug 2015	£3,747.57 - £3,774.86	10
Nursery Assistant - 381224 . Job Reference: 1479291	Southampton City Council	Southampton	23 Jul 2015	£6,538 - £7,611	18.75 term time only
Forest School Kindergarten Assistant . Job Reference: 1480081	Eastleigh Borough Council	Eastleigh	10 Aug 2015	£15,674 per year, pro rata (2015-2016 rates)	28 hours per week – 41 weeks per year
Apprenticeship in Business Administration and Building control . Job Reference: 1477648	Hampshire County Council New Forest District Council	Southampton Totton	31 Jul 2015	£140.23 Per week	37 Hours Per week
Apprenticeship in Business Administration and Environment Services . Job Reference: 1477668	New Forest District Council	Southampton Totton	31 Jul 2015	£140.23 Per week	37 Hours per week
Apprenticeship in Planning . Job Reference: 1477720	New Forest District Council	Southampton Totton	31 Jul 2015	£140.23 Per week	37 Hours per week
Customer Services Apprenticeship . Job Reference: 1463436	New Forest District Council	Southampton Totton	31 Jul 2015	£140.23 Per week	37 hours per week
P00624 Leisure Attendant (Totton Health & Leisure Centre) . Job Reference: 1479485	New Forest District Council	New Forest Totton	23 Jul 2015	£13,566 - £14,437 per annum pro rata (£7.03 - £7.48 per hour)	33.25 hours average (3 week rota)



City / County Councils



Vacancy Title	Council	Location	Salary
Education Trainee HCC1776482	Hampshire County Council	Romsey	£13,615 - £13,904 per annum
Mobile Catering Assistant (Southampton/Eastleigh Area - DS)	Hampshire County Council	Eastleigh, Southampton	£7.06 per hour
Administration Assistant Solent Mind	Other Organisations	Southampton	£13,515 - £14,556 pro rata per annum
Casual Kitchen Assistant HCC1804402	Hampshire County Council	Southampton	£7.06 - £7.21 Per hour plus holiday pay
Switchboard Communications Operator, 18.5 hours per week, Winchester moving to Southampton/Netley, HC1776131	Hampshire Constabulary	Southampton	£16,587 - £17,370 pro rata per annum

www.newjob.org.uk



Supermarkets

www.tesco-careers.com/jobsearch.cfm

www2.sainsburys.co.uk/aboutus/recruitment/careers_new.htm

www.jlpjobs.com/jobs/waitrose-jobs.htm

www.asda.jobs

www.co-operative.jobs

www.morrisons.co.uk/corporate/work-with-morrisons

www.aldirecruitment.co.uk

www.lidl.co.uk then select CAREERS



Or just call in and ask about jobs - most stores have a noticeboard

Volunteering

Voluntary work can be rewarding and give you the skills to help you into work

Visit these websites for more information

www.jobcentreplus.gov.uk

www.southamptonvs.org.uk

www.do-it.org.uk



This week's featured opportunity:

Seeking Super Sorters for the FareShare Big Food Sort! Southampton

About the opportunity

It's the sort that counts!

A mountain of food was donated by Tesco customers during our recent Neighbourhood Food Collection and we would like your help to get it sorted.

If you want to see how much food was collected and understand where it all goes, become one of our super-sorters at the FareShare Southern Central's Southampton warehouse. You'll be helping sort and categorise donated food so that it can be stored correctly and used efficiently. Your help is a vital step in us getting every tin, jar, carton and packet out to people in need.

You'll be right at the centre of FareShare's food distribution operations, getting an insight into the work of your local FareShare, as well as making a great, practical contribution to FareShare's fight against hunger.



[For full details](#)



* Something valuable to add to your CV * Improve future employment prospects *
* Help your local community *



APPRENTICESHIPS



Have a look at these Youtube clips:

Apprenticeships Deliver

<http://www.youtube.com/watch?v=YRrYaUE2hSs>

Take a Look at Apprenticeships

<http://www.youtube.com/watch?v=0eUk8vVkubA>

APPRENTICESHIPS

Become an apprentice

1. Overview

Apprenticeships combine practical training in a job with study. As an apprentice you'll:

- work alongside experienced staff
- gain job-specific skills
- [earn a wage and get holiday pay](#)
- study towards a related qualification (usually one day a week)

Apprenticeships take 1 to 4 years to complete depending on their level.

2. Levels of apprenticeship

An apprenticeship has an equivalent education level and can be:

- Intermediate - equivalent to 5 GCSE passes
- Advanced - equivalent to 2 A level passes
- Higher - can lead to NVQ Level 4 and above, or a foundation degree

3. Who can apply

You can apply for an apprenticeship if you're:

- 16 or over
- eligible to work in England
- not in full-time education

4. How to apply

There are 3 steps to applying for an apprenticeship.

1. [Search for an apprenticeship.](#)
2. Sign in or create an account.
3. Complete and submit your application.

The [National Careers Service](#) has advice on writing applications and what to do at interviews.

Apprenticeship helpline

Telephone: 0800 015 0400 or 0247 682 6482

nationalhelpdesk@apprenticeships.gov.uk



www.apprenticeships.gov.uk/

NATIONAL APPRENTICESHIPS SERVICE

VACANCIES AVAILABLE IN SOUTHAMPTON:



- [Customer Service Apprentice](#)

CAPITA BUSINESS SERVICES LTD (Added 03 Jun 2015 - 2 positions available) An amazing opportunity to work as an Apprentice Customer Service Advisor for a global company with offices in the heart of Southampton. You have the chance to develop career building skills as well as receiving fantastic training and career opportunities.

- **Closing date:** 28 Aug 2015
- **Possible start date:** 05 Sep 2015

- [Hospitality Management Development Apprenticeship with Spitfire in Southampton](#)

Mitchells and Butlers Plc (Added 3 days ago - 1 position available) Are you looking for a role that will help you develop your career in the hospitality Industry? Spitfire - Southampton, part of Mitchells and Butlers are looking for new team members to join their Hospitality Management Development Apprenticeship Programme.

- **Closing date:** 04 Sep 2015
- **Possible start date:** 12 Oct 2015

- [Apprentice Sales Negotiator \(Southampton\)](#)

Austin & Wyatt (Added 09 Jun 2015 - 1 position available) This is a fantastic opportunity to work within an estate agent. You will be working in a busy environment as part of a team. Starting by learning the ropes and hopefully progressing into a great career opportunity into estate agency.

- **Closing date:** 03 Aug 2015
- **Possible start date:** 10 Aug 2015

- [Payroll Apprentice](#)

Solent University (Added 03 Jul 2015 - 1 position available) To learn and develop a range of knowledge, skills and experience in the payroll department of a busy University and study for a relevant qualification as of the Solent University Apprenticeship Scheme.

- **Closing date:** in 3 days
- **Possible start date:** 01 Sep 2015

- [Higher Audit Apprentice](#)

Smith & Williamson Limited (Added 06 Jul 2015 - 1 position available) The Apprentice Accountant role equips you to provide a range of assurance and business services to a diverse client base ranging from small businesses and start-ups to substantial international groups

- **Closing date:** 31 Aug 2015
- **Possible start date:** 07 Sep 2015

- [Apprentice Crew Member](#)

McDonald's Restaurants Ltd (Added 25 Jun 2015 - 1 position available) Our programme is a fantastic opportunity to study while you work, leading to a qualification that's equivalent to 5 good GCSE's. If you are highly motivated, it's a great way to deepen your understanding of our business – and boost your career prospects

- **Closing date:** 01 Dec 2015
- **Possible start date:** 28 Jun 2015

- [Apprentice Crew Member](#)

McDonald's Restaurants Ltd (Added 25 Jun 2015 - 1 position available) Our programme is a fantastic opportunity to study while you work, leading to a qualification that's equivalent to 5 good GCSE's. If you are highly motivated, it's a great way to deepen your understanding of our business – and boost your career prospects

- **Closing date:** 01 Dec 2015
- **Possible start date:** 28 Jun 2015

- [Accounts Apprentice](#)

HJS (Added 18 May 2015 - 4 positions available) Accounts apprentice required to work within a reputable and fast growing firm of accountants.

- **Closing date:** 07 Aug 2015
- **Possible start date:** 24 Aug 2015

- [IT Support Apprentice](#)

NETSERVE LTD (Added 3 days ago - 2 positions available) Exciting opportunity to work for a respected outsourced IT solutions company dedicated to helping small and medium businesses across the south coast. They are looking to hire 2 IT apprentices to assist with 1st line support including Hardware and Software.

- **Closing date:** 14 Aug 2015
- **Possible start date:** 24 Aug 2015

- [Customer service - Direct Bank Telephony Apprenticeship](#)

Royal Bank of Scotland (Added 13 May 2015 - 1 position available) Thanks to initiatives like the RBS Apprenticeship scheme, not going on to further education can now be every bit as rewarding as choosing to pursue a degree. Now you can earn while you learn and still gain a professional qualification.

- **Closing date:** 01 Aug 2015
- **Possible start date:** 07 Sep 2015

- [Relationship Management Support - Corporate & Commercial Apprenticeship \(Southampton\)](#)

Royal Bank of Scotland (Added 12 May 2015 - 1 position available) Thanks to initiatives like the RBS Apprenticeship scheme, not going on to further education can now be every bit as rewarding as choosing to pursue a degree. Now you can earn while you learn and still gain a professional qualification.

- **Closing date:** 01 Aug 2015
- **Possible start date:** 07 Sep 2015

- [Relationship Management Support - Capital Transaction Management Apprenticeship](#)

Royal Bank of Scotland (Added 02 Jun 2015 - 1 position available) Thanks to initiatives like the RBS Apprenticeship scheme, not going on to further education can now be every bit as rewarding as choosing to pursue a degree. Now you can earn while you learn and still gain a professional qualification.

- **Closing date:** 01 Aug 2015
- **Possible start date:** 07 Sep 2015

- [Business Administration Apprenticeship](#)

Dutton Gregory Solicitors (Added 23 Jun 2015 - 1 position available) The successful candidate would be working as a Receptionist in a busy, well established, Solicitors based in Southampton.

- **Closing date:** tomorrow
- **Possible start date:** 26 Jul 2015

- [Apprentice Secretary \(Conveyancing Department\)](#)

Eric Robinson (Added 06 Jul 2015 - 1 position available) Eric Robinson are looking for an eager to learn, apprentice to build their career in their busy conveyancing department. The apprentice will learn all aspects of administration and client service. Don't miss out! Apply Now!

- **Closing date:** in 4 days
- **Possible start date:** 03 Aug 2015

- [Administration Apprentice](#)

Warner Goodman LLP (Added 6 days ago - 1 position available) To provide admin support in the Residential Conveyancing Department. General office administration duties: using the legal case management system; photocopying and typing; opening files; and assisting the Department with all administrative duties.

- **Closing date:** in 6 days
- **Possible start date:** 11 Aug 2015

- [Marketing Apprentice](#)

Warner Goodman LLP (Added 6 days ago - 1 position available) This role is to provide administration support to the Marketing Manager. Duties will include data entry, management of invoices, maintenance of newsletter databases, event co-ordination, article research and proof reading etc.

- **Closing date:** in 6 days
- **Possible start date:** 11 Aug 2015

- **[Intermediate Kitchen Apprentice](#)**

Afritopia Ltd (Added 3 days ago - 1 position available) Looking for a kitchen assistant who is keen to adapt to a new environment and learn how to prepare basic African food while also attending to and serving customers.

- **Closing date:** 09 Aug 2015
- **Possible start date:** 17 Aug 2015

- **[Hairdressing Apprentice](#)**

Lisa Edwards (Added 01 Jul 2015 - 1 position available) WE ARE CURRENTLY RECRUITING FOR THE ABOVE ROLE. IF YOU ARE VERY HARD WORKING AND HAVE A PASSION FOR THIS INDUSTRY YOU MAY BE WHAT WE LOOKING FOR.

- **Closing date:** 02 Aug 2015
- **Possible start date:** 01 Sep 2015

- **[Sales Support Apprentice](#)**

Airsys Communication (Added yesterday - 1 position available) Do you have a confident and outgoing personality? Are you well organised with the ability to build strong relationships with others? Do you enjoy being busy? If the answer is yes, then this could be the role for you!

- **Closing date:** in 5 days
- **Possible start date:** 02 Aug 2015

- **[Apprentice Vehicle Fitter \(Southampton\)](#)**

Protyre Fast Fit Centres Limited (Added 07 Jul 2015 - 1 position available) A Vehicle Tyre Fitting Apprentice plays an important role in the automotive industry in today's busy society.

- **Closing date:** in 4 days
- **Possible start date:** 10 Aug 2015

- **[Business Administration Apprentice \(HR\)](#)**

Southampton City College (Added 7 days ago - 1 position available) We are pleased to offer a great opportunity for a motivated individual who has aspirations for a career within Human Resources or Business Administration and wishes to develop their skills, to join our busy and vibrant Human Resources department.

- **Closing date:** in 7 days
- **Possible start date:** 24 Aug 2015

- **[Business Administration Apprentice \(HR\)](#)**

Southampton City College (Added 7 days ago - 1 position available) We are pleased to offer a great opportunity for a motivated individual who has aspirations for a career within Human Resources or Business Administration and wishes to develop their skills, to join our busy and vibrant Human Resources department.

- **Closing date:** in 7 days

- **Possible start date:** 24 Aug 2015

[Apprentice Administrator](#)

St Mary's Training Centre Limited (Added 09 Jul 2015 - 1 position available) Apprentice Administrator to join a small but growing Training Provider within Southampton Football Club.

- **Closing date:** 31 Jul 2015
- **Possible start date:** 17 Aug 2015

- [Apprentice Nursery Assistant](#)

Paintpots (Added 10 Jun 2015 - 1 position available) Do you want to start a career in childcare? An exciting opportunity has opened up at Paint Pots Nursery in West End. You will work alongside other members of staff to create a stimulating and caring environment to encourage children to learn.

- **Closing date:** 01 Aug 2015
- **Possible start date:** 08 Aug 2015

- [Electro-mechanical Engineer Apprenticeship](#)

Rotamec Ltd (Added 26 Jun 2015 - 1 position available) The successful candidate will be given an excellent opportunity to take a career path where every day will be different. With this job you will need a flexible approach that will include overtime, weekend work and call outs when competent.

- **Closing date:** in 4 days
- **Possible start date:** 10 Aug 2015

- [AAT Bookkeeper Apprenticeship](#)

Abds Accountancy (Added 18 May 2015 - 1 position available) An outstanding chance to join a well-established accountancy company in Southampton. ABDS Chartered Certified Accountants are looking for a motivated and enthusiastic individual to join their accounts department.

- **Closing date:** 07 Aug 2015
- **Possible start date:** 24 Aug 2015

- [Intermediate Animal Care Apprenticeship](#)

Eyersdown Farm Kennels & Cattery Limited (Added 3 days ago - 1 position available) We are a family-run boarding and quarantine kennels and cattery, offering a friendly, but professional service. We are looking for an enthusiastic candidate to assist with the day to day care of our canine and feline guests

- **Closing date:** 04 Aug 2015
- **Possible start date:** 17 Aug 2015

- [Apprentice Administrator](#)

One Way Resourcing Ltd (Added 07 Jul 2015 - 1 position available) Are you looking for the perfect apprenticeship opportunity that will allow you to build the foundation for a long and

successful career within Business Administration? If yes, apply now!

- **Closing date:** in 4 days
- **Possible start date:** 03 Aug 2015
- [Apprentice recruitment consultant](#)

Consortio (Uk) Limited (Added yesterday - 1 position available) This is a great chance to break into the recruitment sector with this new opportunity to become Consortios new recruitment apprentice. This role is also a sales based role and you will also be tasked to call potential employers to gain vacancies.

- **Closing date:** 20 Aug 2015
- **Possible start date:** 30 Aug 2015
- [Apprentice Property Manager](#)

BW Residential Property Consultancy Limited (Added 5 days ago - 1 position available) An exciting growth role, working directly with the Business Owners as your mentors, learning all aspects of property management and administration in a busy growing property management company.

- **Closing date:** 21 Aug 2015
- **Possible start date:** 01 Sep 2015
- [Apprentice nursery assistant](#)

Playaway Day Nurseries Ltd (Added 15 Jul 2015 - 1 position available) Want to train as a nursery assistant? Here is the perfect opportunity at Playaway Southampton to be part of a friendly, supportive team, caring for and meeting the needs of children aged between &two and five> years, creating a safe environment.

- **Closing date:** 09 Aug 2015
- **Possible start date:** 17 Aug 2015
- [Apprentice Field Engineer \(Southampton\)](#)

Vodafone UK Limited (Added 24 Jun 2015 - 2 positions available) Vodafone Apprenticeships - We're at our best when you're at yours. Our Level 3 Field Engineer Apprenticeship empowers those with a keen interest in technology to solve our customer's technical problems from day 1 working out in the field across the UK.

- **Closing date:** tomorrow
- **Possible start date:** 28 Sep 2015

[Carpentry Apprenticeship \(Southampton\)](#)

Bovis Homes Ltd (Added 08 Jul 2015 - 1 position available) Bovis Homes are looking to recruit dynamic, dedicated hardworking individuals who are looking to gain an apprenticeship in Carpentry.

- **Closing date:** tomorrow
- **Possible start date:** 01 Sep 2015
- [Apprentice Bricklayer \(Southampton\)](#)

Bovis Homes Ltd (Added 08 Jul 2015 - 1 position available) Bovis Homes are looking to recruit dynamic, dedicated hardworking individuals who are looking to gain an apprenticeship in Bricklaying.

- **Closing date:** tomorrow
- **Possible start date:** 01 Sep 2015

[Apprentice Retail Assistant \(Southampton\)](#)

Aldi (Added 30 Jun 2015 - 3 positions available) Aldi is the fastest-growing supermarket in the UK today. We have over 9,000 stores (in over 18 countries) offering our wonderful customers the best quality products at a price they love. But it's our people who make our business really special.

- **Closing date:** 10 Sep 2015
- **Possible start date:** 21 Sep 2015

• [Plumbing Apprenticeship \(Southampton\)](#)

Bovis Homes Ltd (Added 08 Jul 2015 - 1 position available) Bovis Homes are looking to recruit dynamic, dedicated hardworking individuals who are looking to gain an apprenticeship in Plumbing.

- **Closing date:** tomorrow
- **Possible start date:** 01 Sep 2015

[Customer Advisor Apprentice \(Southampton\)](#)

EE LIMITED (Added 08 Jul 2015 - 1 position available) We're taking on Apprentices in many of our 700+ stores up and down the country, so there's sure to be an opportunity near you. As long as you're energetic, ambitious and ready to learn. You will gain an NVQ Level 2 in Retail.

- **Closing date:** 14 Aug 2015
- **Possible start date:** 24 Aug 2015

• [Apprentice Painter & Decorator \(Southampton\)](#)

Ian Williams Ltd (Added 5 days ago - 2 positions available) The successful applicant will work alongside fully qualified tradespeople on a customer site and attend a local college (normally 1 day a week) to develop the knowledge, skills and behaviours to become a successful painter and decorator.

- **Closing date:** in 4 days
- **Possible start date:** 07 Sep 2015

[Pipelines Maintenance Apprentice \(Southampton\)](#)

Scotia Gas Networks Limited (Added 18 Jun 2015 - 1 position available) We are looking for highly motivated people to join our Pipelines Maintenance Apprentice Programme. The programme will develop you to become a competent skilled maintenance engineer with one of the leading Gas Transportation companies in the UK.

- **Closing date:** 05 Aug 2015
- **Possible start date:** 19 Oct 2015
- **[Pressure Control Maintenance Apprentice \(Southampton\)](#)**

Scotia Gas Networks Limited (Added 18 Jun 2015 - 1 position available) We are looking for highly motivated people to join our Pipelines Maintenance Apprentice Programme. The programme will develop you to become a competent skilled pipelines engineer with one of the leading Gas Transportation companies in the UK.

- **Closing date:** 05 Aug 2015
- **Possible start date:** 19 Oct 2015
- **[Apprentice Support Consultant](#)**

Drivers Ltd (Added 03 Jun 2015 - 1 position available) The perfect opportunity to join a family run recruitment company in Southampton specialising in driver recruitment. You will learn key skills for the office environment as well as develop skills to enable you to work in this exciting, fast paced industry.

- **Closing date:** 28 Aug 2015
- **Possible start date:** 05 Sep 2015
- **[Apprentice Resourcer \(Customer Services\)](#)**

ITS (Added 06 Jul 2015 - 1 position available) Being a resourcer is usually a Monday to Friday role, 9am - 5pm. Although the role is mainly desk-based, you'll get to meet clients and candidates both on and off site.

- **Closing date:** 02 Aug 2015
- **Possible start date:** 10 Aug 2015
- **[Purchasing and Sales Administration Apprentice](#)**

Vanguard Fixings Ltd (Added 7 days ago - 1 position available) A fantastic opportunity has arisen for anyone looking to start their career in business administration. Vanguard Fixings an establish company based in Southampton looking to recruit an Administration Apprentice.

- **Closing date:** in 5 days
- **Possible start date:** 03 Aug 2015
- **[Customer Service Apprentice](#)**

Vanguard Fixings Ltd (Added 7 days ago - 3 positions available) We are looking for an Apprentice to work within our busy warehouse in Southampton, you will meet and greet customers at the Trade Counter and you will be responsible for taking their orders and offering excellent customer service.

- **Closing date:** 31 Jul 2015
- **Possible start date:** 10 Aug 2015
- **[Apprentice Office Administrator](#)**

DOWDING & MILLS (U.K.) LIMITED (Added 2 days ago - 1 position available) To join a very busy administrative team working within a global engineering company. We are looking for an enthusiastic person to join us to be trained in all aspects of administration; manning reception, supporting the purchasing department and H&S admin.

- **Closing date:** 12 Aug 2015
- **Possible start date:** 24 Aug 2015
- **[Audit Apprenticeship with BDO \(Southampton\)](#)**

BDO Llp (Added 14 Jul 2015 - 5 positions available) This is a great opportunity for someone who would like to start a career in Audit, allowing you to gain a qualification and experience whilst earning a wage!

- **Closing date:** 31 Jul 2015
- **Possible start date:** 07 Sep 2015

[Vehicle Body Repair Apprentice – Level 2 & 3](#)

Spitfire Garage (Autotekk) Ltd (Added 07 Jul 2015 - 1 position available) Spitfire Garage are looking for a motivated individual to join them as a vehicle body repair apprentice. This is a fantastic opportunity for enthusiastic people to kick start their career within the automotive industry.

- **Closing date:** 31 Jul 2015
- **Possible start date:** 10 Aug 2015

- **[Apprentice Nursery Assistant in Portswood](#)**

PAINT POTS PRE-SCHOOL & NURSERY LIMITED (Added yesterday - 1 position available) Do you want to start a career in childcare? An exciting opportunity has opened up at Paint Pots Nursery in Portswood. You will work alongside other members of staff to create a stimulating and caring environment to encourage children to learn.

- **Closing date:** 07 Aug 2015
- **Possible start date:** 21 Aug 2015

- **[Administration Apprentice](#)**

PAINT POTS PRE-SCHOOL & NURSERY LIMITED (Added yesterday - 1 position available) Day to day duties will include being responsible for the training room, this will include bookings, marketing, invoicing and credit control. Assisting the managers and administrators with admin duties including data entry, mailshots, communications.

- **Closing date:** 04 Aug 2015
- **Possible start date:** 18 Aug 2015

- **[Sales Apprentice](#)**

G10 SOLUTIONS LIMITED (Added 08 Jul 2015 - 4 positions available) Are you self-motivated and driven? Would you thrive in a sales environment? If you answered yes, this could be the role for you.....

- **Closing date:** 27 Aug 2015
- **Possible start date:** 31 Aug 2015

www.apprenticeships.gov.uk/

Apprentices for Business



Current A4B Apprenticeship Job Vacancies

Apprentices for Business works with employers across the South East of England to create good Apprenticeship opportunities for 16-24 year olds. We post these job vacancies to the [A4B Jobs Board](#) every week. Submitting an application is simple. Great jobs for great local young people!

Eastleigh

Planning Office Assistant Apprentice (EAS001/1)

To assist the Planning Department with all office administrative tasks.

[Find out more/Apply](#)

Southampton

Education & Training Helpdesk Apprentice (SOL006/26)

Act as the first point of contact for all Solent NHS Trust staff, and external partners who contact the Workforce and Training teams for support and guidance. Contact is likely to be via telephone or via the dedicated team email addresses. **Trust Headquarters – Adelaide Health Centre (due for relocation to Eastpoint)**

[Find out more/Apply](#)

Apprentice Administration Assistant (SOL006/24)

To provide a high quality administrative support to the Adults Southampton Management Team. The key responsibilities will be to maintain a high level of knowledge of the work of the team in general and an understanding of the work of those whom specific administrative support is provided. **The role is currently located at Adelaide Health Centre but will be relocated to Eastpoint.**

[Find out more/Apply](#)

Apprentice Dental Administration Assistant (SOL006/23)

Solent NHS Special Care Dental Service have an exciting opportunity to join the team as an Apprentice Administration Assistant at the offices located at Oakhill House, Shirley, Southampton. You will be supported to provide an efficient and high quality level of service to support the administration of the Dental Service. Reporting directly to the Administration Manager you will assist in the day-to-day operational work of the team which will involve, liaising with members of staff across the team, locality and organisation, external organisations as required and members of the public.

To gain knowledge and support a range of the functions within the team

To provide administration support to the Dental Service

[Find out more/Apply](#)

www.apprenticesforbusiness.co.uk

ROYAL BANK OF SCOTLAND APPRENTICESHIPS APPLY NOW:



For more information please visit:



www.rbsbankyoubuild.com/school-leavers/apprenticeships

Vacancy UK & Ireland - Commercial and Private Banking - Apprenticeship Programme - Relationship Management - Capital Transaction Management - **Southampton** - 2015

Open date 15 May 2015

Close date 31 July 2015

Please note: the closing date has been extended

Vacancy UK & Ireland - Commercial and Private Banking - Apprenticeship Programme - Relationship Management - Corporate & Commercial - **Southampton - Chandlers Ford** - 2015

Open date 15 May 2015

Close date 31 July 2015

Please note: the closing date has been extended

Vacancy UK & Ireland - Commercial and Private Banking - Apprenticeship Programme - Relationship Management Support - Corporate & Commercial - **Southampton** - 2015

Open date 30 April 2015

Close date 31 July 2015

Please note: the closing date has been extended

Vacancy UK & Ireland - Personal and Business Banking - Apprenticeship Programme - Customer service - Direct Bank Telephony - **Southampton** - 2015

Open date 30 April 2015

Close date 31 July 2015

Please note: the closing date has been extended

Current local vacancies with FNTC



Employer:- The Trees

Job roles:- Nursery Assistant Apprentice

Location:- Shirley

Apprenticeship qualification:- Level 2 or 3 childcare qualification

Weekly salary:- £ 109.20

Weekly working hours:- Mon-Fri 40 hours p/w (shifts between 8am-6pm)

Employer:- ITS construction

Job role:- Apprentice Resourcer (Customer Services)

Location:- Southampton

Apprenticeship qualification:- Level 2 or 3 Business Administration qualification

Weekly salary:- £102.38

Weekly working hours:- Mon-Fri 8.30am-5 pm 37.5 hours per week

Employers :- Witherswood

Job role:- Childcare Apprentice

Location:- portswood

Apprenticeship qualification:- Level 2/3 childcare qualification

Weekly salary:- 98.28

Weekly working hours:- 36 hours per week

Please find the link for the Apprenticeships website:-
<https://www.gov.uk/apply-apprenticeship>

Louise Fredericks
Business Development
www.fntctraining.co.uk
Telephone 02380
866664

Apprenticeship Job Vacancies

Find your perfect Job!



Just think . . . you could be working for one of these employers!

To view or apply for these vacancies, please click on Apply Now

Do **NOT** contact the Employer direct

Current Vacancies

[Office Apprentice - Dr Bush and Partners](#)

Location: Hedge End, Southampton

Salary: £111.00 per week (on start)

[Job Details](#)

- See more at: <http://www.peta.co.uk/180/business-job-feed#sthash.eNkRBbce.dpuf>

Apprentice Software Developer *3 Positions Available!*

Location: Winchester

Closing Date: 19/07/2015

Employer Name: Transactor Global Solutions Limited

Wage: £173.00 per week

[APPLY NOW](#)

[1st Line Support Technician - Stickman Technology](#)

Location: Holbury, Southampton

Salary: £160.00 per week

[Job Details](#)

- See more at: <http://www.peta.co.uk/181/ict-jobs#sthash.mYx4zUc3.dpuf>

Web: www.peta.co.uk/choices

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TRAINEESHIPS

TRAINEESHIPS



If you need more experience

If you feel you're not ready for an apprenticeship, a [traineeship](#) is a course designed to prepare you for one.

You can apply for a traineeship if you're:

eligible to work in England
unemployed and have little or no work experience
aged 16 to 18 and qualified below Level 3, or aged 19 to 24 and qualified below Level 2

A traineeship is a course to get you ready for work or an apprenticeship.
It can take up to 6 months.

You'll get:

help with English and maths (if you need it)
a work experience placement lasting at least 6 weeks

You won't be paid, but your employers can sometimes give you expenses for things like travel and meals.

The [National Careers Service](#) has advice on writing applications and what to do at interviews.

Apprenticeship helpline

Telephone: 0800 015 0400 or 0247 682 6482
nationalhelpdesk@apprenticeships.gov.uk



www.gov.uk/find-traineeship



get on get a traineeship

If you're 16-24 and need some experience, Kaplan will help you get there and help you get on.

in accountancy

To get on a Traineeship

Call: 0161 233 4596 or visit: www.kaplantraineeships.co.uk

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Agency**

Traineeships

Apprenticeships



KAPLAN

New BBC Traineeship



Open Now

- Get ahead in the job market
- Be inspired by world class training from the BBC
- Gain valuable digital skills to help you into employment



Ask here for details
if you are aged 16 to 24
and unemployed



Find out more at our website:
bit.ly/midtraineeship



want to be a lifeguard or fitness instructor?

work experience
progression to Apprenticeships
only 14 weeks training

gain £100 vouchers
amazon

future proof

your life

FREE
COURSE
BASED IN
HAMBLE.
APPLY NOW!

FREE
training
16-24 yrs

ICON
TRAINING
unlocking potential


Traineeships





Learndirect are offering a new and exciting **Traineeship programme** aimed at people aged between **16-18** that are not in employment, education or training.

The **learndirect** Traineeship is a programme designed to provide the skills to progress into an Apprenticeship and gain real life work experience at the same time. We are currently offering opportunities in Childcare, Business Administration and Hospitality.

All travel expenses to and from the classroom and work placement are fully reimbursed and a bursary allowance will be paid to learners who are committed to the programme.

To express your interest please contact

Russell.smith@learndirect.com

Jamie.webber@learndirect.com

or telephone **07557233028**





OTHER TRAINING



27-31 JULY DRAMA WORKSHOP

(Referral and consent form needed)

Saints Connect are offering a great opportunity for any one aged 10-14 to take part in a five day drama work shop run by Headstrong Performing Arts Group. Young people will get the chance to learn new skills and meet other young people in a safe and friendly environment. No Limits Southampton based young people's advice and counseling service will be there co-facilitating the project offering additional support to young people.



Where?

Newtown Youth
Centre
St Mary's
Southampton

When?

27-31 July
10am till 2pm

Who's involved?

Saints Connect
No Limits
Nuffield Theatre

How do I get involved?



Contact Stuart Cooper
At No Limits for more
information and to get
a referral & consent
form

stuart.cooper@no-limits-hy.org.uk

or

07881 109689

02380 224 224



11TH & 14TH AUGUST GRAFFITI WORKSHOP

Activity open to children of substances using parents

(Referral and consent form needed)

The DASH project at No Limits are offering a great opportunity for young people aged 11-16 to take part in a two day graffiti workshop. The aim is to bringing together young people from substance using families whilst learning new skills and creating some group and individual pieces of graffiti art. Young people will be supervised by Saints connect staff as well as No Limits staff who will be on hand offering additional support to young people.



Where?

Newtown Youth
Centre
St Mary's
Southampton

When?

11th & 14th August
11am till 3pm

Who's involved?

Saints Connect
No Limits

How do I get involved?



Contact **Stuart Cooper**
At **No Limits** for more
information and to get
a referral & consent
form

stuart.cooper@no-limits.org.uk

or

07881 109689

02380 224 224



17TH-21ST AUGUST

5 days of summer art

Activity open to children of substances using parents and all
No Limits case held young people

No Limits are offering a great opportunity for young people to make their mark on its new City Centre base. We are looking for any one aged 11-18 who has an interest in art and wants to get creative for five days over summer. The aim to bringing together young people from across Southampton whilst at the same time teaching them new skills and producing art that will be displayed in No Limits buildings. Young people will be working side by side with No Limits staff who will also be on hand offering additional support & advice.



Where?

No Limits
13 High Street
Southampton

When?

17-21st August
11am till 3pm

Who's involved?

No Limits

**How do I get
involved?**



Contact Stuart Cooper
at No Limits for more
information

stuart.cooper@no-limits.org.uk

or

07881 109689

02380 224 224



25TH AUGUST

Get in to **fashion**

Activity open to children of substances using parents

Ever looked at the latest fashion trends and thought I could do better than that.... Well this is your chance!

No Limits are offering a great opportunity for young people to design and create their own fashion line. We are looking for any one aged 11-16 who wants to be the next Giorgio Armani or Vivian Westwood. The aim is to bring together young people from across Southampton whilst at the same time teaching them new skills and producing unique items of clothing that they will be able to take home or be displayed in No Limits Centre's. Young people will be working side by side with No Limits staff who will also be on hand offering additional support and advice.



Where?

No Limits 13 the
High street
Southampton

When?

25th August
11am till 3pm

Who's involved?

No Limits

How do I get
involved?



Contact Stuart Cooper
at No Limits for more
information

stuart.cooper@no-limits.org.uk

or

07881 109689

02380 224 224

National Citizen Service

Youth Options is delivering the National Citizen Service (NCS) across Southampton this summer. We still have some spaces left in our August programmes. The course is for **ALL** 16 and 17 years olds (school years 11 and 12) and is a 4 week programme including 1 week activity residential (Staying at Runways End residential centre, Aldershot), 1 week 'university experience' life skills residential (staying Solent Uni halls, and finally 2 weeks planning and delivering a social action project in their community. The whole 4 weeks only costs £50 (bursaries available) and has lots of elements that really enhance any young person's CV.

What is it?

National Citizen Service (NCS) is open to all 16 and 17-year-olds in England.

It helps you build your skills for work and life, while you take on new challenges and meet new friends.

It runs in the spring, summer and autumn. You'll have a short time away from home and take part in a team project that will help your community.

NCS brings together young people from different backgrounds and helps them develop greater confidence, self-awareness and responsibility. It encourages personal and social development by working on skills like leadership, teamwork and communication.

Participants develop a social action project to deal with a local issue they're passionate about, and spend 30 hours putting the project into action in their community.

If you would like to find out more information or would like to enrol a young person on the course then please visit our website www.youthoptions.co.uk or call 01794525510



Women's Get-Fit Session

Learn Urban Combatives

Women's Self-Protection Techniques
great for empowering women and promoting self-confidence



Monday

1.30pm - 2.30pm

SPARTANS GYM

72 - 94 Millbank Street
Northam Soton SO14 5QN

or meet the
Saints4Sport Team before
at 1:15pm

4 The Carronades
New Road
Southampton
SO14 4AA

Get-Fit & have fun doing it together!

Beginners - all levels of fitness welcome

Female Coach - the session is a combination of:
Urban Combatives - Women's Self-Protection Techniques using pads

Circuit Training - fat burning exercises
with light weights, medicine ball, steps, kettle-bells etc

Stomach exercises - strengthening & reducing fat

Get your support worker to refer you or self-refer by email

saints4sport@ssj.org.uk

Call Lisa 07467941498 or Karen 07508010344 for a chat

Once in a LIFETIME

National Citizen Service (NCS) is a way for 15 to 17 year olds living in England and Northern Ireland to make extraordinary friendships, learn the skills they don't teach you in class and create unforgettable memories.

Remember, It All Starts At **Yes...**

It all starts at yes...



GROW YOUR CONFIDENCE



MAKE YOUR UCAS APPLICATION STAND OUT



MAKE NEW FRIENDS



DEVELOP THE SKILLS THAT EMPLOYERS WANT



GET A KILLER CV



ACCESS TO EXCLUSIVE EVENTS

REMEMBER YOU'LL...

- STAY AWAY FROM HOME AT AN OUTDOOR ACTIVITY CENTRE
 - DEVELOP NEW SKILLS AND MEET NEW PEOPLE
 - LEARN TO BUDGET AND LIVE FOR YOURSELF
- MAKE YOUR MARK IN YOUR LOCAL AREA DELIVERING YOUR SOCIAL ACTION PROJECT
 - RECEIVE A CERTIFICATE SIGNED BY THE PRIME MINISTER
 - KEEP VOLUNTEERING
 - BE AWESOME



When does NCS RUN ?

NCS runs out of term time, so there's an NCS programme for everyone. No matter what your commitments in the year or what your summer holiday plans are, just register and we'll get you on the next suitable programme you can do.

SPRING

- In Phase 1 you will stay away at the outdoor activity centre for 3 nights and 4 days
- In Phase 2 you will live at home whilst you and your team meet up to learn new skills and meet people from your area

SUMMER

- During Phase 1 you will stay at the outdoor activity centre
- During Phase 2 you will live away from home e.g. in student accommodation as you learn to budget and cook for yourselves independently

AUTUMN

- In Phase 1 you will stay away at the outdoor activity centre for 3 nights and 4 days
- In Phase 2 you will live at home whilst you and your team meet up to learn new skills and meet people from your area

www.ncsyes.co.uk

No matter which programme you take part in there will be at least an additional 30 hours of social action which will be in your own time where you'll deliver your own amazing social action project. **How cool is that?**



Not achieved your grades?

Not sure of your future?

**Feel more confident in a small
group?**

Not a problem!

Steps 2 Success

Make a fresh start with Totton College.

**Our part time programme will support you to make choices
about your future.**

**Contact: Karen Keen Young
Tel: 023 80874874
Email: info@totton.ac.uk
Website: www.totton.ac.uk**

Saints4Sports



Monday

BOX-FIT 12noon - 1pm

Spartan's Gym 72-94 Millbank Street, Northam SO14 5QN

Elite Box-Fit session includes fitness, conditioning, inner core strength & boxing

Meet 11.30pm at 4 The Carronades New Road SO14 0AA - 3 minute walk

Women's GET-FIT & Urban Combatives 1.30 – 2.30pm

Spartan's Gym 72-94 Millbank Street, Northam SO14 5QN

Women's only session includes: getting fit, improve confidence and

learn Urban Combatives Womens Self-Protection Techniques

Meet 1pm at 4 The Carronades New Road SO14 0AA - 3 minute walk

FOOTBALL 11 a-side football For details call **Scott 07535656090**

Mount Pleasant School Mt Pleasant Rd, Southampton SO14 0WZ or

Southampton Sports Centre Thornhill Rd, Southampton, SO16 7AY

Train & play in a football league. Training session 6 -7.30pm

Team only for Matches 7pm-8.30pm KO depending on league for times



Tuesday

GYM 10-12pm

The Quays Leisure Centre 7 Harbour Parade, Southampton SO15 1BA

Gym: Cardiovascular area, fixed and free weights or swim in the pool - Beginners welcome.

Meet 9.30am - 4 The Carronades New Rd SO14 0AA a 10 minute walk.

Wednesday

KICKBOXING 11-12pm

Spartan's Gym 72-94 Millbank Street, Northam SO14 5QN

Kickboxing for self-defence and fitness.– beginners welcome.

TAI CHI 12-1pm

No sessions until further notice – building works under construction at Wutan Studio



FISH4SKILLS 10am-3pm

FLE - Greenridge Farm Green Lane, Romsey SO51 9BN.

Learn basic fishing skills – a 6 week accredited course with a day at Sparshott College.

Meet 9.30am at 4 The Carronades New Road SO14 0AA.

FOOTBALL 11 a-side football For details call **Scott 07535656090**

Mount Pleasant School Mt Pleasant Rd, Southampton SO14 0WZ or

Southampton Sports Centre Thornhill Rd, Southampton, SO16 7AY

Train & play in a football league. Training session 6 -7.30pm

Team only for Matches 7pm-8.30pm KO depending on league for times



FISHERY MANAGMENT 10am-3pm

FLE - Greenridge Farm Green Lane, Romsey SO51 9BN.

Learn basic fishery management skills - 6 week course.

Meet 9.30am at 4 The Carronades New Road SO14 0AA

Friday

GOLF 11.30-1.30pm

A golf activity either at the driving range, a group lesson with the Golf Pro or play 9 Holes.

Meet 11am at 4 The Carronades New Road SO14 0AA.

ALLOTMENT GROUP 10-3pm

Southampton

Experience and learn a range of horticulture skills, including maintaining and developing an

allotment. Meet 9.45am at 4 The Carronades New Road SO14 0AA.

June 2015

How do I go about getting a job?

Work your way through the key skills to learn everything you need to know about getting a job, from writing a stand-out CV to giving your best performance at interview.



Writing your CV



Making connections



Understanding job ads



Building self-confidence

1

2

3

4



Preparing for an interview

5

How do I get ahead using people skills?

Work your way through the key skills to learn everything you need to know about the people skills employers are looking for and how you can use them to best effect.



Discovering your people skills



Growing your people skills



Building your confidence



Putting your people skills into practice

1

2

3

4

Explore this website for lots of tips on getting a job, using people skills, managing your finances and more

SIGN UP NOW!

www.barclayslifeskills.com

COMPUTER COURSES FOR JOB SEEKERS AT CENTRAL LIBRARY



Get started with IT for Job Seekers - 3 day courses

- Free course if you are actively seeking work
- No computer experience necessary
- Ring 023 8083 2162 to book a place

**Learning Centre,
1st Floor,
Central Library,
Civic Centre**

**Mon: 10am-2.45pm
Wed: 10am-2.45pm
Fri: 10am-2.45pm**

With qualified and experienced tutors on hand you will:

- Learn how to use the computer keyboard and mouse skilfully
- Use the internet to search for information on work and leisure
- Set up and use your own email account to contact others
- Learn how to create an electronic CV and send it to employers
- Develop your typing skills
- Search and apply for work with Universal Jobmatch
- Explore job and training opportunities e.g. preparing for a driving theory test
- On completion of the course, refresh your learning with Drop-In-Sessions

Find out more call ☎ 023 8083 2162

If we are not able to take your call please leave a message and we'll get back to you. PLEASE NOTE: CENTRE CLOSED TUES & THURS



Use your library to help in your job search

- Libraries are free to use
- Read Local and National newspapers
- Find hundreds of books to help with CVs, job hunting, starting a business
- Use one of 150 computers with fast internet access to access job search sites, emails and the latest versions of Microsoft Office. Free to use for up to 2 hours per day
- Print high quality colour and black and white - from 10p for A4 b & w
- Scan to computer or usb
- wifi hotspots in Central library and Thornhill library
- Help from knowledgeable staff who can find the resources you need
- Local - with 11 libraries across the City - there is one near you

Use our resources to

- Create CVs, spreadsheets, databases and presentations
- Search for jobs and complete application forms
- Apply for benefits and local authority housing
- Access internet and email
- Scan documents and certificates to attach to emails

From home?

Find it in our Digital library
www.anywhere.me/southampton
Search the catalogues for books, DVDs and CDs e-books, digital magazines and newspapers.

Get careers information

- Job ideas
- Factsheets on jobs, employment, money, training, employment law
- Links to job finding web sites

Learn to drive

- Need to drive for your next Job?
Practice Theory questions for car or HGV tests

Improve your English skills

Go it alone or set up a business?

- Factsheets on how to start anything from a gardening business to a supply chain
- Help with business plans
- The skills you need and pointers to the next steps to take
- Overview of legal aspects of business

Get Advice at Central library

- Help from experienced tutors in Job Skills workshops
- Over 50s Job Club
- Citizens Advice (CAB) drop-in sessions in Central library Mon - Wed am
- Careers Service advisers pre-booked appointments

Joining is free and easy - Ask at any library



If you are aged 16-25 living in Southampton, Eastleigh, Fareham, Portsmouth or the close surrounding areas, work ready but unemployed and interested in a career in the hospitality sector then join our free training programme where you can:

- Undertake training giving you key knowledge and skills required to work in the hospitality sector
- Gain a World Host Customer Service Certificate and Level 2 Award in Food and Safety Awareness
- On the job training and work experience in the hospitality environment
- Improve your team work, communication, CV writing, interviewing skills and boost your confidence
- Guaranteed interviews and employment for the right young people
- Receive six months support after the programme to help you to find a job

Travel costs reimbursed for the duration of the programme

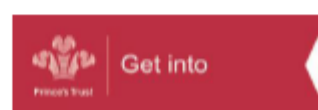
We are looking for young people who are work ready and keen to work in the hospitality sector.

To register your interest or for more information, please contact: James Trezise on 07943511218 or email james.trezise@princes-trust.org.uk

Eligible young people will be invited to attend a taster day on 11th August at Whiteley Shopping Centre where you will have the opportunity to learn more about the programme and meet the team. You will also participate in a short individual interview to assess your suitability to the programme.

This programme will run from 17th August – 4th September 2015 in Whiteley Shopping Centre. Work placements will be in a variety of existing restaurants at Whiteley Shopping Centre.

In partnership with:





In partnership with Southampton Football Club

The Prince's Trust and Southampton Football Club are offering a FREE one-week training course, which gives you a fantastic opportunity to work in a challenging and new environment.

If you are aged 16-25 and unemployed you can apply to join the programme where you will:

- Work towards a Level 2 award in understanding Stewarding at Spectator Events
- **Learn new skills from a professional club**
- Enjoy a fun and rewarding week improving your teamwork, communication and confidence
- **Gain certificates and references upon completion**
- Be supported with travel costs and have lunch provided every day
- **Receive three months support after the programme to help you progress**
- Guaranteed interviews for stewarding positions at the club

This course will run from Monday 20th – Friday 24th July 2015 and based at Southampton Football Club

Taster day will take place **Thursday 16th July 2015** at St Marys Stadium

To register your interest or to find out more please contact us:

Call: James on 07943511218

Text: 'STEWARD' to 07943511218 and we'll call you back

E-mail: james.trezise@princes-trust.org.uk





Get Started



With The Prince's Trust

The Prince's Trust and City Eye are offering a FREE 5 day film training course for young people living in Southampton or the close surrounding areas.

If you are 16-25 not currently in education, training or employment then 'Get Started' with us and achieve your goals.

Join our free film programme where you can:

- ➔ Gain hands on, practical experience in film and production
- ➔ Develop your knowledge and understanding of film and digital media with an experienced industry expert
- ➔ Gain a broad introduction to how the media industry works
- ➔ Receive up to three months' progression support with the Prince's Trust to help you find further work or training
- ➔ Meet new people and improve your communication and teamwork skills
- ➔ Build and develop your confidence and personal skills

INTERESTED?

To be eligible for the programme you must attend a Taster Day on 5th August 2015. We cover transport costs for the Taster Day & for the duration of the programme.

This programme will run from 10th – 14th August 2015

Contact:

To register your interest or for more information contact James Trezise on 07943511218 or email james.trezise@princes-trust.org.uk alternatively you can text 'Film' to 07943511218.

In Partnership with:





Fairbridge Programme

at The Prince's Trust

Are you aged 16 – 25, keen to try something different and meet new people? If you're unemployed, not in education or training and would like support to develop skills like confidence, motivation and team work, Fairbridge could be for you! So, how does the programme work?

ACCESS – An introductory week where you will take part in activities like climbing, raft-building and a two night residential.

FOLLOW-ON – Your chance to choose up to six activities you want to take part in based on the skills you want to improve. What kind of activities do we offer?

- Kayaking
- Biking
- Budgeting Sessions
- Survival Sessions
- 'Funky Furniture' Sessions

1:1 SUPPORT – You will be supported by a Fairbridge Executive on a 1:1 basis. Your Fairbridge Executive will help you to identify the skills you want to work on and can guide you to the sessions that will help you to do this.

MOVING ON – After your six Follow-On sessions you will have a review meeting with your Fairbridge Executive who will support you to move on to a positive outcome.

Interested?

Contact LJ on 07436 790205 / 02380 206984 or email lauren.golledge@princes-trust.org.uk to hear more about the programme and book an induction. **The next Access course runs from Monday 17th August – Friday 21st August.**

YOUR HORIZON

MENTORING AND FUNDING SCHEME

Do you want to enter the world of work, or perhaps set up your own business?

- 18 - 24?
- Interested in having a free, one on one mentor who will support and guide you on how to enter the world of work, or make that business idea of yours a reality?
- Interested in receiving a funding grant to help create a successful future?

Sign up now

www.your-horizon.org.uk



Supported by



Runs from June to September 2015



You can meet your mentor face to face or virtually, whatever suits you



Mentors will be provided by our supporter, Old Mutual Wealth



Mentees can apply for funding grants in August





SAINTS4SPORT

Saints 4 Sport offers service users:

- **FREE sporting activities run daily**
- **FREE accredited sports courses**
- **Pathways to volunteering & employment**

Day	Activity	Details
Monday	Box Fit	WuTan Martial Arts Studio 1.00pm-2.30pm
Monday	Women's Get Fit	WuTan Martial Arts Studio 2.15pm-3.15pm
Tuesday	Gym & Swim	The Quays Leisure Centre 10.00am-12noon or 9.30am at the DIP
Wednesday	Kickboxing	WuTan Martial Arts Studio 11.00am-12noon
Wednesday	Tai Chi	WuTan Martial Arts Studio 12noon-1.00pm
Thursday	Gym & Swim	The Quays Leisure Centre 10.00am-12noon or 9.30am at the DIP
Thursday	Football	Goals Soccer Centre 2.00pm-4.00pm, 1.30pm meet at the DIP
Friday	Golf	Driving Range, Pitch and Putt & 9 Hole 11.30am-1.30pm

Please meet at the DIP 30 minutes before each session to allow for travel time.

For more information contact

Lisa Latona 07467941498 or Scott Jones 07535656090 or Karen Ringwald 07508010344

Please send referrals to: saints4sport@ssj.org.uk



UKSA - UNLOCKING POTENTIAL PROGRAMME

Saints4Sport has teamed up with the Isle of Wight sailing charity UKSA to deliver a ground breaking personal development programme aimed at supporting young people aged 19-24 who have been involved in Crime. The leading youth sailing charity provides an exciting transformational opportunity for young people through water based activities.

The Unlocking Potential Programme has funding for a cohort of 6 young people and the 4 week long experience focuses on engagement, sail training, ownership and destinations. The programme includes a week-long residential at UKSA headquarters in Cowes, as well as a week on board a Farr 65' yacht manned by a skipper, mate and instructor.

The 4 week programme plan is as follows:

Week 1

Monday 24th August – Friday 28th August
Multi-activity week, residential at UKSA, Cowes

Week 2

Monday 31st August – Friday 4th September
Yachting Phase, residing on the yacht.

Week 3

Monday 7th September – Friday 11th September
Community Project, residential at UKSA (or Southampton, TBC)

Week 4

Monday 14th September – Friday 18th September
Work Experience phase, residential at UKSA
Yachting Phase, residing on the yacht

The four week Hampshire Constabulary funded project is aimed at young people aged 19 to 24 and any applicant must have been involved in criminal activity, or are at risk of becoming involved in criminal activity due to association with anti-social peers or gangs.

Want to find out more information?

This course is a great way for vulnerable young adults to build confidence, self-esteem, overcome barriers to employment and gain life/work skills.

If you are interested or have a young person in mind aged 19-24 years then please contact Lisa Latona or Karen Ringwald. There are very **LIMITED SPACES!**

Saints4Sport, Hants4Sport, Re-Fit & Pathways2Employment

Southampton, Portsmouth & Hampshire
3 The Carronades New Road Southampton SO14 OAA
email: karen.ringwald@ssj.org.uk mobile: 07508010344
Web: <http://www.ssj.org.uk/>

<https://www.facebook.com/Saints4Sport>

Please enjoy this video, produced by Saints Foundation
<https://www.youtube.com/watch?v=tRHWhMYaErc&feature=youtu.be>

SPORTS RELATED ACCREDITATIONS



FISH FOR SKILLS Greenridge Farm Fisheries

Wednesday 25th February - Wednesday 1st April 2015
Thursday 9th April - Thursday 14th May 2015
Thursday 4th June - Thursday 9th July 2015
(9.30am meet at the DIP)
Transport and lunch included.

A six week course based at Greenridge Farm Fisheries learning the basic five disciplines of course fishing, including whip pole, rod and reel, quiver tipping and modern carp fishing. The course also looks at developing personal and social skills as well as focusing on pre-employment skills.

FISHERY MANAGEMENT - LEVEL 1

COURSE 2: Fish and customer care.
Thursday 26th February - Thursday 2nd April 2015
COURSE 3: Work based placement (full week course)
Thursday 9th April - Thursday 9th July 2015

NOTE: Enrolment onto the course is only available once the fish for skills course has been completed. Each course is six weeks.

Funded by



ACTIVE IQ LEVEL ONE IN HEALTH RELATED EXERCISE Gym Based

COURSE 1: Friday 13th, Monday 16th, Friday 20th & Monday 23rd March 2015 (10am-4pm)
COURSE 2: Friday 11th, Monday 14th, Friday 18th & Monday 21st September 2015 (10am-4pm)

To provide learners with the knowledge and skills required to assist with planning, preparing and delivering a safe and effective activity session for a group of participants.

LEVEL 1 IN FOOTBALL COACHING Goals Soccer Centre

4th, 5th, 6th, 7th & 11th May 2015
(10am-4pm)
(9.30am pick up at the DIP)

This course will provide an introduction to the organisation and delivery of safe and enjoyable football coaching sessions for players. It is ideally suited to those wanting to coach groups of players and or teams.



PERSONAL DEVELOPMENT & EMPLOYMENT ACCREDITATIONS

VERY LIMITED SPACES

LEVEL 2 AWARD IN DOOR SUPERVISION WITHIN THE PRIVATE SECURITY INDUSTRY St Marys Stadium

Monday 13th April - Thursday 16th April 2015

The accredited level 2 qualification is ideal for anyone wishing to work as a door supervisor as it provides the necessary skills and knowledge to apply for a SIA licence and work within the private security industry.

LEVEL 2 CERTIFICATE IN CUSTOMER SERVICE St Marys Stadium

COURSE 1: Thursday 12th March, Friday 13th March & Saturday 14th March 2015

COURSE 2: Monday 30th March, Wednesday 1st April & Thursday 2nd April 2015

COURSE 3: Monday 20th April, Thursday 23rd April & Friday 24th April 2015

Learn the key roles in delivering excellent customer service in any organisation where day to day contact and relationship building with customers takes place.



Lisa Latona 02380 727726
Scott Jones 07535 656090
Karen Ringwald 07508 010344

LEVEL 2 IN FIRST AID St Marys Stadium



COURSE 1: Friday 6th March 2015

COURSE 2: Friday 1st May 2015

This qualification is assessed via an on-going oral/written questioning and a practical demonstration. On completion you will be awarded with a certificate and a plastic wallet-sized card detailing your qualification.

LEVEL 1 IN HORTICULTURE Riverside Community Garden, Bishopstoke

Every Tuesday

NOTE: Must attend a minimum of 12 half day sessions although these are flexible and do not need to be every week.

(9.30am pick up at the DIP)

Transport and lunch provided.

Learn gardening and growing skills, including maintaining and developing a community garden.

LEVEL 1,2 OR 3 IN LITERACY College or community based learning Various start dates

LEVEL 1,2 OR 3 IN NUMERACY College or community based learning Various start dates

LEVEL 1 ITC SKILLS (IT) College or community based learning Various start dates

Improve your skills in English, maths or IT. Courses run one day a week and can be community or college based. Course length is dependent on the learner.

PATHWAYS TO EMPLOYMENT



PREMIER INN HOSPITALITY WORK EXPERIENCE

Aims at offering service Users 2 Weeks Unpaid work experience within the Hotel and Hospitality industry. The work experience offers an insight in to catering, front of house and restaurant roles and many of our service Users have gone on to get full and part time work, although this is not guaranteed.

JULY 2015 West Quay & Southampton Central
WORKSHOP: Thursday 9th July (10am-12.30pm)
INTERVIEWS: Friday 10th July (9.30am-1pm)
PLACEMENTS: Monday 20th July - Friday 31st July

AUGUST 2015 North, Eastleigh & Airport
WORKSHOP: Thursday 6th August (10am-12.30pm)
INTERVIEWS: Friday 7th August (9.30am-1pm)
PLACEMENTS: Monday 17th August - Friday 28th August

SEPTEMBER 2015 West Quay & Southampton Central
WORKSHOP: Thursday 3rd September (10am-12.30pm)
INTERVIEWS: Friday 4th September (9.30am-1pm)
PLACEMENTS: Monday 14th September - Friday 25th September

OCTOBER 2015 North, Eastleigh & Airport
WORKSHOP: Thursday 8th October (10am-12.30pm)
INTERVIEWS: Friday 9th October (9.30am-1pm)
PLACEMENTS: Monday 19th October - Friday 30th October

NOVEMBER 2015 North, Eastleigh & Airport
WORKSHOP: Thursday 5th November (10am-12.30pm)
INTERVIEWS: Friday 6th November (9.30am- 1pm)
PLACEMENTS: Monday 16th November - Friday 27th November



Supported by



Youth Options
a better future
for young people



Lordshill Youth Project

Lordshill Youth Project

Charity Number: 1147822

Free Football

Mondays 19:00 - 20:00

Oasis Lord's Hill Community Hub



LIKE US — WWW.FACEBOOK.COM/LORDSHILLYOUTHPROJECT

FOLLOW US — [@LORDSHILL_YP](https://twitter.com/LORDSHILL_YP)

MOB. 07766931757



THINGS NOT WORKING OUT? TIME FOR A CHANGE?

GAIN CONFIDENCE

TAKE CONTROL

MAKE LIFE-CHANGING
CHOICES



A TYPICAL DAY

SESSION 1

Mind puzzles / optical illusions - changing perspective

Group discussion: watch film clip and discuss what's holding you back? What motivates you to keep going?

BREAK

SESSION 2

Small group: timed team challenge to build a Lego model. Team is split into builders (who must stay in room and build model) and communicators (who can leave room to look at instructions sheet but cannot touch Lego and must tell the builder what to do).

Group discussion: how well did you work in your team? Challenges? Strengths?

LUNCH

SESSION 3

Individual work: score yourself on what you like and dislike. Highlight any jobs you like the sound of that match your strengths

Group discussion: how could you talk about your strengths when applying for a job / course?

BREAK

SESSION 4

Team game: name the advert

Group discussion: how do you sell a product?

Small group: team challenge - create a 30 second TV advert which will be filmed and played to whole group

Individual work: how can you advertise yourself so that employers / colleges want to offer you a job / place?

WHAT THEY SAY...

"The course has helped me to realise my future is more certain and set constructive goals for my future."



"Before the course I felt angry and scared. I didn't care about my actions and made a lot of mistakes. I now feel more open and happy about myself, my life and my future. I am glad I have changed and don't want to go back."



"The course has helped me out 100%, best thing I've done in my life. I no longer feel down all the time. I've learnt that you can learn through your mistakes and make yourself better."



THE DETAILS...

DAYS & TIMES

Thursday 5 March
Friday 6 March
Thursday 12 March
Friday 13 March
Thursday 19 March
Friday 20 March
Wednesday 25 March
Thursday 26 March
Wednesday 1 April
Thursday 2 April
10.30am-3.30pm

WHERE?

Above Bar Church,
Ogle Road,
Southampton
SO14 7FE

COST?

Free lunch,
drinks & snacks
Travel expenses
reimbursed

CONTACT BECKY OR CHARLOTTE

023 8070 2222

youth@safe.org.uk

www.safe.org.uk





FREE for 10 to 19 year olds



SAINTS Kicks

- Win Southampton FC prizes and merchandise.
- Attend 10 sessions to be entered into a prize draw to win prizes.
- Take part in FREE tournaments, competitions and challenges.
- Open to boys and girls.
- Pathways into volunteering and employment.

Woodlands Community College

For aged 10-19yrs. Every Wednesday 5-7pm + Friday 7-9pm
 Football • Cricket • Handball • Rounders • Street Dance • Youth Club (Pool & Music)

Oasis Academy Mayfield

For ages 10-19yrs. Every Wednesday 5-7pm + Friday 7-9pm
 Football • Boxing • Cricket • Table Tennis

Veracity Recreation Ground

For ages 10-19yrs. Every Thursday 6-8pm
 Football • Cricket • Basketball • BMX • Skateboarding

Fleming Park

For ages 10-19yrs. Every Friday 7-9pm
 Football

Call now to book your place and avoid disappointment

0845 6889370



MILITARY PREPARATION COLLEGE

at Chamberlayne Arts College, Southampton, SO19 9QP

Places
Available
NOW!

Looking
for a
**HEAD
START?**



CALL 08442 438438 NOW!



Aim **HIGH,**
Go **FAR!**

Book Your
Place
TODAY!

www.mpct.co.uk

1,850 ARMED FORCES ENLISTMENTS
By Failing to Prepare, You are Preparing to Fail...

- » Enjoy exciting challenges
- » Gain new qualifications
- » Improve your fitness
- » Make new friends

START NOW!

THE Southampton Military Preparation College is for anyone 16 to 18 years of age who wishes to gain the vital skills necessary to prepare them for a career in the Armed Forces or Public Services.

ON the course you will find an environment in which young people can realise their full potential. MPCT Southampton is proud of our successful training programme which engages learners from all backgrounds.

PIONEERING learning at MPCT Southampton fuses physical training, vocational instruction, academic work and personal development.

- ✓ Learn from ex-military instructors
- ✓ Prepare thoroughly for selection
- ✓ Take part in a residential week
- ✓ 1,850 military enlistments since 1999



Get a Head Start in Southampton!

Follow us on:



SKILLS2 ACHIEVE

CASH
incentives
may
apply!!

16-19yrs?

Stuck at home with nothing to do?

- ▶ Want to try something new?
- ▶ Want to meet new people?
- ▶ Want to gain skills and qualifications?
- ▶ Want to get that first foot on the job ladder, apprenticeship or college placement?

Well, if you're a young person aged 16-19 who isn't in training, education or employment, then Skills2Achieve could be for you.

Want to know more?

For more information or to arrange an interview please call Freephone 0808 100 3134 or text 07912 631235.



THE DEAL:

- ▶ Maths and English qualifications.
- ▶ Activities to build essential skills.
- ▶ Qualified tutors to help with your CV, practise interview skills and gain confidence which can lead to work experience or paid work.
- ▶ Have fun!

Up to 52 weeks learning and activity programme designed to suit your individual needs.

Call freephone 0808 100 3134 or text 07912 631235 to find how we can help you *be who you want to be* and for details on how to receive a cash reward.

Centres in Andover, Basingstoke, Farnborough and Southampton.

Postal address: Skills2Achieve, Carpenters Cottage, Enham Place, Enham Alamein, Andover, Hampshire SP11 6JS

Freephone: 0808 100 3134

Email: future@enham.org.uk



Be who you want to be.



S2AEnham





MYCOACHING

Sam Scott - 07762580800

James Welsh - 07432711913

- *Not doing anything?*
- *Want to start a Career in sport?*
- *Improve your CV?*
- *Enjoy Playing Football 16-18?*

Goals Soccer Centre:

Monday

Tuesday

Friday

• *Play football*

• *B - licenced coaches*

• *Gain Qualifications*

Join our 5 a side team!

- *Free to play!*
- *Under 19s!*
- *Monday Night!*

www.my-coaching.co.uk

goals
soccer centres

Limited Spaces!!

City & Guilds



Like us on Facebook:
www.facebook.com/mycoacheducation



Follow us on Twitter: @my_coaching

www.saintsfoundation.co.uk



INFORMATION

Cinema-theatre attendant

Cinema and theatre attendants help customers during entertainment shows. If you love theatre or film and like helping people, a job as a cinema or theatre attendant could be ideal for you.

To become a cinema-theatre attendant, you should have a polite and helpful manner. You will need good communication skills. You will also need good team working skills.

You do not need any qualifications to work as a cinema or theatre attendant. You should ideally have experience of working with people in a customer service role, for example, as a shop assistant. Cinema-theatre attendants may also be known as ushers, usherettes, front-of-house staff, customer service assistants, or (usually in large multiplex cinema chains) cast or crew members or guest assistants.

Work activities

Your duties could include:

- checking tickets
- showing people to their seats
- selling programmes
- selling refreshments from trays or kiosks during the interval
- dealing with any problems or complaints
- re-stocking the refreshment kiosks and trays
- collecting litter and tidying up after a show
- being responsible for health and safety, for example, making sure fire exits are not blocked.

You may also work in the venue's cafe, bar or box office.



STARTING SALARY
PER YEAR



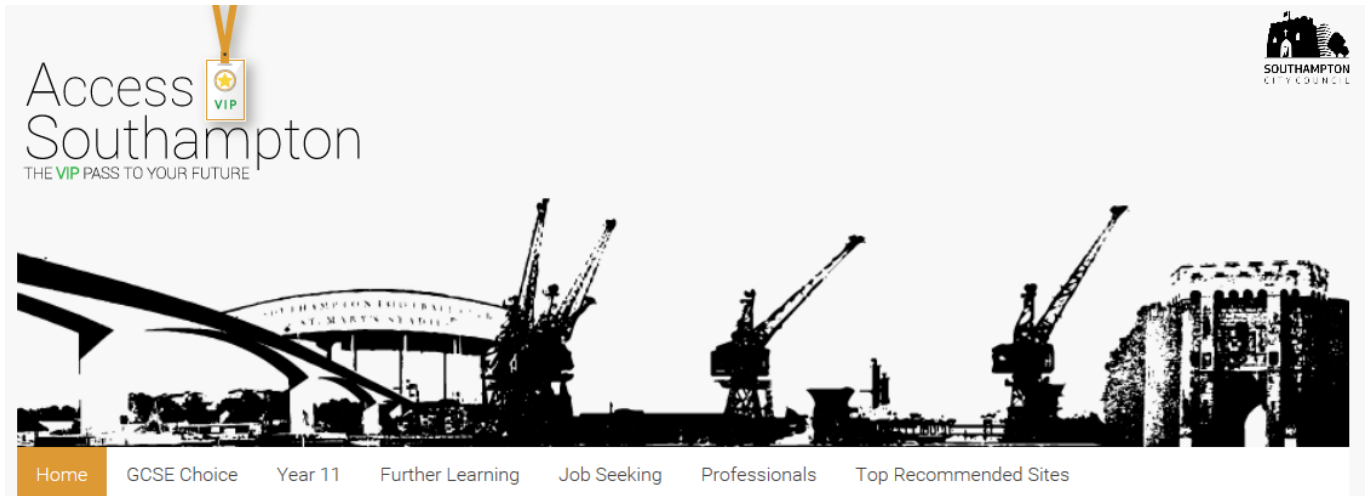
£10,000

HOURS
PER WEEK



Variable

SOUTHAMPTON WEBSITES:



Welcome to Access Southampton

Our aim is to support your decision making at the key times in your education



GCSE Choice

Are you choosing your subjects for year 9?



Year 11

Are You Finishing Year 11?



Further Learning

Are You Looking To Further Your Education?



Check out this website designed for Year 9s, through to School and College leavers

www.access-southampton.co.uk

SOUTHAMPTON WEBSITES:

Southampton Information Directory

The screenshot shows the homepage of the Southampton Information Directory (SID). At the top left is the Southampton City Council logo. The main heading reads "WELCOME TO SOUTHAMPTON INFORMATION DIRECTORY (SID)". Below this are three main service categories, each with an icon, a title, a brief description, a list of services, and a "More" button:

- Adults**: Information and support for adults and those that are caring for them. Services include: Caring & Help at Home, Things to Do, Money Matters & Benefits.
- Families**: Information and support for families with children and young people aged 0-19. Services include: Childcare, Things to do, Sure Start Children's Centres.
- SEND Local Offer**: Information and support for children & young people with special educational needs and disabilities aged 0-25. Services include: Short breaks/respite, Schools and Learning, Support for Parent/Carers.

www.sid.southampton.gov.uk

Do more than ever online



Southampton City Council
Government Organisation

Southampton City Council is on Facebook.

To connect with Southampton City Council, sign up for Facebook today.

Sign Up

Log In

Paying my council tax online

Just renewed my library books! #lovereading

So easy to request a new garden waste bin!

Reported a pothole

Timeline | About | Photos | Twitter | More ▾

- Keep up to date with what's happening in Southampton.
- Check out information about events

www.facebook.com/SotonCC

NATIONAL MINIMUM WAGE

Should be
increased
1 October 2015

Rate from 1 October 2014

Pay and Work Rights Helpline
0800 917 2368



Year	21 and over	18 to 20	Under 18	Apprentice*
2014 (current rate)	£6.50	£5.13	£3.79	£2.73
2013	£6.31	£5.03	£3.72	£2.68
2012	£6.19	£4.98	£3.68	£2.65
2011	£6.08	£4.98	£3.68	£2.60

*This rate is for apprentices under 19 or those in their first year. If you're 19 or over and past your first year you get the rate that applies to your age.

National Minimum Wage Calculator

Check if your pay matches the National Minimum Wage or if your employer owes you payments from past years

www.gov.uk/am-i-getting-minimum-wage



CHILD EMPLOYMENT

Children (under 16 years of age) are not allowed to work:

- without an employment permit issued by the education department of the local council, if this is required by local bylaws
- in places like a factory or industrial site
- during school hours
- before 7am or after 7pm
- for more than one hour before school (unless local bylaws allow it)
- for more than 4 hours without taking a break of at least 1 hour
- in most jobs in pubs and betting shops and those prohibited in local bylaws
- in any work that may be harmful to their health, well-being or education
- without having a 2-week break from any work during the school holidays in each calendar year

There are also special rules which only apply during term times and school holiday times.

Term time rules

During term time children can only work a maximum of 12 hours a week. This includes:

- a maximum of 2 hours on school days and Sundays
- a maximum of 5 hours on Saturdays for 13 to 14-year-olds, or 8 hours for 15 to 16-year-olds

School holiday rules

During school holidays 13 to 14-year-olds are only allowed to work a maximum of 25 hours a week. This includes:

- a maximum of 5 hours on weekdays and Saturdays
- a maximum of 2 hours on Sunday

During school holidays 15 to 16-year-olds can only work a maximum of 35 hours a week. This includes:

- a maximum of 8 hours on weekdays and Saturdays
- a maximum of 2 hours on Sunday

www.gov.uk/child-employment/restrictions-on-child-employment



More info from GOV.UK

School leaving age

You can leave school on the last Friday in June, as long as you'll have turned 16 by the end of that school year's summer holidays. However, you may need to stay in some form of education or training for longer.

www.gov.uk/know-when-you-can-leave-school

Get a replacement exam certificate

Contact an exam board to get a replacement exam certificate. You may need to prove your identity to get your certificate.

www.gov.uk/replacement-exam-certificate

What different qualification levels mean

There are 4 main frameworks that group all qualifications into the same levels from entry to level 8.

www.gov.uk/what-different-qualification-levels-mean

Careers helpline for teenagers

Information and advice about what career choices are available if you're a teenager in England.

www.gov.uk/careers-helpline-for-teenagers



USEFUL CAREERS / JOB SEARCH WEBSITES

jobzoo.co.uk – Join job zoo and on 'your wall' get information specific to your interests.

nationalcareersservice.direct.gov.uk – Check out the skills health check – essential for generating career ideas.

icould.com – Video site with job profiles to help explore career ideas about choose subjects.

careersbox.co.uk – An online library of careers related films, news and information. Case studies show real people doing real jobs, giving viewers insights into all different careers.

fasttomato.com – Find out which jobs and careers might suit you based on your individual interests, learning styles and expectations.

thestudentroom.co.uk – On this site GCSE, A-Level and university students share academic and social knowledge: from study help, to choosing a university, careers, and student life. NOTE: Although this site can be useful, it's largely peoples' opinions, so it may not always be 100% accurate or unbiased.

prospects.ac.uk – Although this is a website designed for University graduates, it has a good A-Z of career information and suggestions of what you can do with your subject. What graduates did next is helpful for decision making.

allaboutcareers.com – quick facts on each industry, separating fact from fiction.

totalprofessions.com –Links to over 300 careers. See Profession Finder tab on home page.

www.bigdog.co.uk – Job vacancies streamed for local areas and articles on key job areas.

APPRENTICESHIPS

gov.uk – Live site advertising apprenticeships available across the UK. Search by occupation and postcode.

alphi.org.uk – Lists the apprenticeship training providers locally.

plotr.co.uk – Easy to use, well presented and you are able to search for apprenticeship vacancies in your home area under 'Opportunity Finder'.

notgoingtouni.co.uk – Ideas and job vacancies for careers after A levels., including Higher Apprenticeships.



Follow these links for more information



[What is the JobCentre Plus?](#)

A layman's guide to the Job Centre Plus and it's services for job seekers and employers.



[What is Income Support?](#)

Income Support is available to UK residents aged 16 to 59 who unable to seek full time work.



[What is Job Seekers Allowance?](#)

Jobseeker's allowance is the benefit paid to unemployed people who are actively looking for work.



[What are Job Fairs?](#)

Job Fairs provide a great opportunity to meet many local employers.



[JobCentre Plus Offices](#)

Where to find your local JobCentre Plus offices.




[What is Pathways to Work?](#)

Pathways to Work helps people with disabilities or health conditions that make it difficult for them to find work.



[Disability Employment Advisors](#)

If you have a health condition or a disability that affects your ability to work, JobCentre Plus offers a service for disabled workers by putting them in touch with a Disability Employment Advisor (DEA).

A grayscale photograph of a woman with long dark hair, wearing a dark long-sleeved top and jeans, talking on a mobile phone. She is smiling and looking towards the camera. The image is semi-transparent and serves as a background for the text.

ADVICE / SUPPORT

Universal Job Match (UJM) Surgery
Drop-in Monday's between 10am-12pm

For help with:

- ✓ **Setting up an e-mail account**
- ✓ **Registering on the Universal Job Match Site**
- ✓ **How to get the best out of your UJM account**
- ✓ **Improve your job searching skills**

Employment Access Centre – The Ground Floor

Wheatsheaf House, 24 Bernard Street

Southampton.

Tel: 02380 223345

Mob: 07772367905

Wheatsheaf Trusts - Wednesday Work Club

Every Wednesday morning 10am-12.00pm

Employment Access Centre – The Ground Floor

Wheatsheaf House, 24 Bernard Street

Southampton.

Free Information, Advice and Guidance available.

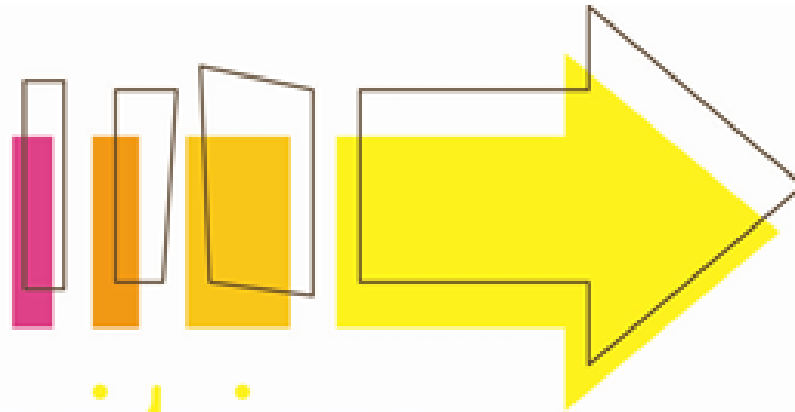
Get help with:

- **Getting Started with Universal Job Match**
- **Getting the best out of Universal Job Match**
- **Making a professional CV**
- **Cover and Speculative letters**
- **Application Forms**

**Free use of Computers, Telephone and Photocopier to help you with
your Job Search**

**Our experienced advisers Debbie and Dawn are available to support
you. For more information, or to book an appointment either pop in
and see us or call**

Tel: 02380 223345 Mob: 07772367905



Positive Directions



Aged 16 – 17?



Not in Education, Training or Working?



No GCSE's? Or GCSE's below a C?

**We can help you to decide your future, we
work with you to achieve your goals!**

**Contact Mandy Burdfield at City Limits Employment
on 02380917585 / 07855788139**



Skills Training UK
achieve more



EMPLOYMENT



**SOUTHAMPTON
CITY COUNCIL**

Part of the Youth Contract Funded by the Education Funding Agency

CAPITA

Newtown Job Clubs...

...helping your community

The clubs will be held in the YMCA Newtown Youth and Community Centre, allowing you to access them easily and meet other jobseekers in your neighbourhood.

You'll be able to access support and guidance on aspects such as searching for a job, how to approach employers, and setting up your Southampton City Council online Customer Account as well as everyday challenges such as:

- CV writing
- Cover letters
- Housing benefits
- IT Skills
- Budgeting
- Interview techniques
- Form filling

Job Clubs will be held on the following dates

~~June 24th~~ - July 29th - August 26th

Come along between 13.00pm - 15.00pm

YMCA
Newtown
Youth & Community Centre



Youth Options
a better future
for young people

Lordshill Youth Project

Lordshill Youth Project

Charity Number: 1147822

Youth Club

Wednesdays 18:30 - 20:30

**Lordshill Community Centre
Andromeda Road Lordshill**

Activities

Tuck Shop

music

LIKE US — WWW.FACEBOOK.COM/LORDSHILLYOUTHPROJECT

FOLLOW US — [@LORDSHILL_YP](https://twitter.com/LORDSHILL_YP)

MOB. 07766931757

OPEN

**THE GARAGE YOUTH CENTRE
PROVIDES A RANGE OF YOUTH SERVICES
TO SUIT YOUR NEEDS
FOR AGES 9 TO 24 YEARS**

MONDAY

DROP IN SUPPORT SESSIONS - UP TO 24 YRS - 2PM TO 5PM

NHS SEXUAL HEALTH CLINIC - UP TO 24 YRS - 3PM TO 5PM

FIT 4 U CHALLENGES - UP TO 24 YRS - 5PM TO 6PM

YOUTH CLUB SESSION—9 TO 18 YRS—6PM TO 9PM

WEDNESDAY

DROP IN SUPPORT SESSIONS - UP TO 24 YRS—2PM TO 5PM

FIT 4 U CHALLENGES - UP TO 24 YRS - 5PM TO 6PM

YOUTH CLUB SESSION—AGE 9 TO 18 YRS—6PM TO 9PM

THURSDAY

DROP IN SUPPORT SESSIONS - UP TO 24 YRS—2PM TO 5PM

YOUTH CLUB SESSION—AGE 9 TO 18 YRS—6PM TO 9PM

SATURDAY KITCHEN

10.30AM TO 1.30PM - AGE 9 TO 18 YRS

THE GARAGE YOUTH CENTRE

A Totton & Eling
Town Council Facility

FIND US IN ELING RECREATION GROUND
OFF TOTTON BY PASS A35 - SO40 9JG



**THE GARAGE OFFERS
A WIDE RANGE OF YOUTH
SUPPORT SERVICES FOR YOUNG PEOPLE
AGED 9 THROUGH TO 25 YEARS.**

**We offer a safe 'space' to meet up & support when you need it for any emotional & social issue.
Your not alone at Ufi, we are here for you, whatever you need.**

WE BELIEVE IN YOUNG PEOPLE & THAT INCLUDES YOU!

**OPEN IN TERM TIME AND SCHOOL HOLIDAYS
MONDAY, WEDNESDAY, THURSDAY 6PM TO 9.30PM & OCCASIONAL SATURDAYS**

**HEALTH & WELLBEING DROP IN SERVICES
EVERY WEDNESDAY & THURSDAY 2 TO 5PM**

'FINDING YOUR FEET'

Support with Careers, CV writing,
Education, Training & Employment
Information, Advice and Guidance.

RELATIONSHIPS AND SEXUAL HEALTH

Support with Emotional, Social & Physical
aspects of growing up to enable you
to take responsibility for your
Sexual Health & overall wellbeing.

FEEL GOOD FACTOR

Support with everyday emotional & social issues Working to raise confidence
& develop personal and social skills to deal with Anxiety, identity & self-worth issues.

FITNESS AND SPORTS DEVELOPMENT

Physical activities for a Happy & Healthier You.
FREE sessions with a personal trainer
For your overall health & wellbeing.
Call to book sessions at a time that suits you



HEALTHY LIFESTYLES & NUTRITION

Healthier Eating on a budget,
cooking classes & Nutrition.
Support for Substance Misuse.

 **Totton & Eling Town Council**

 **Hampshire
County Council**

 **New Forest
DISTRICT COUNCIL**

Southern Health NHS
NHS Foundation Trust

REP'S
The Register of Exercise Professionals
BODY OF SKILLSFACTIVE

ASDA

ing

TO FIND OUT MORE

Keep up to date with us on **FACEBOOK**.
Search 'the garage ufi' and 'like' the page.

Contact us on 023 8066 9908
or 0788 415 3275
Email: thegarageufi@live.co.uk

or visit www.garageyouthclub.net



The Garage Ufi

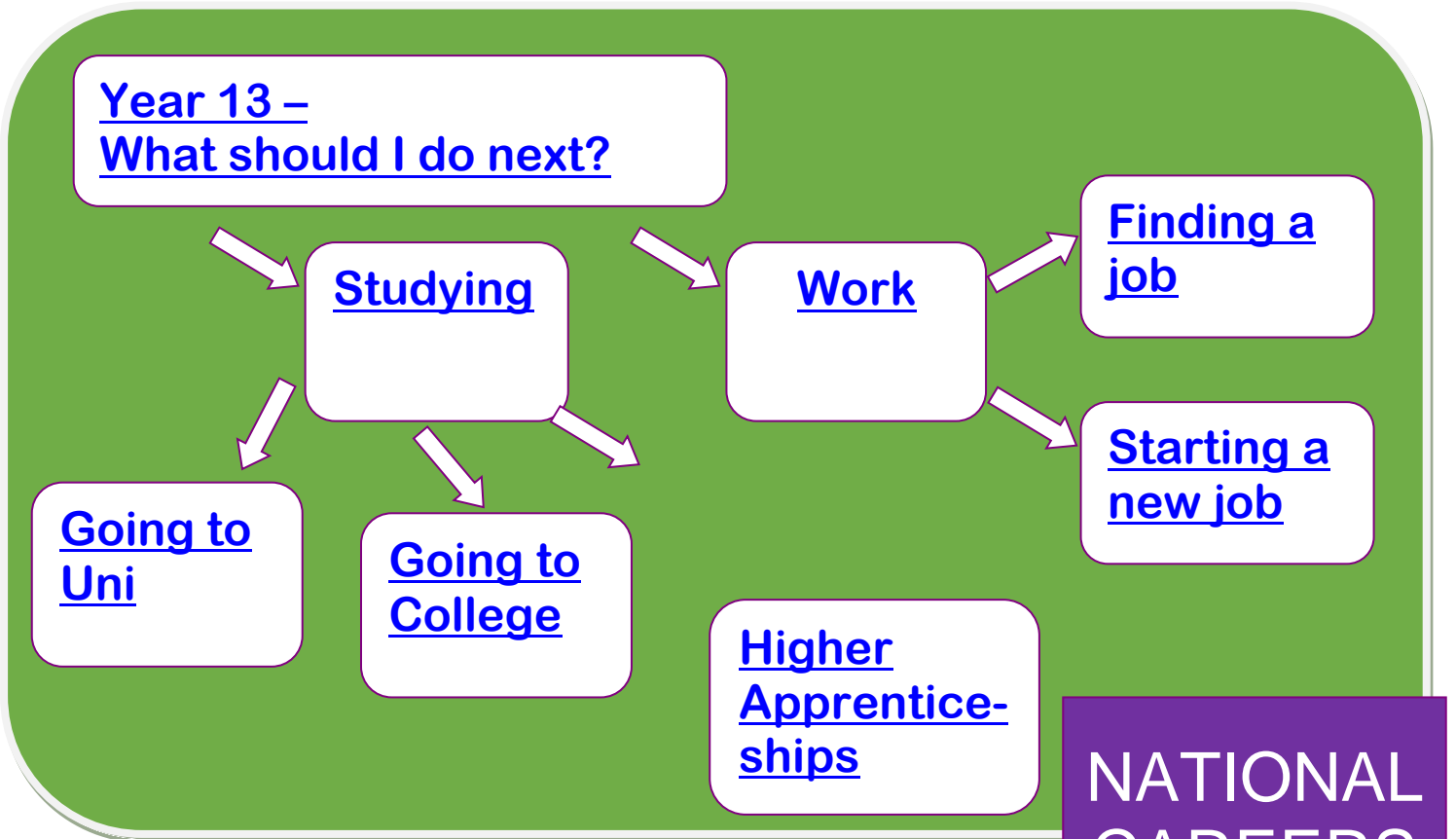
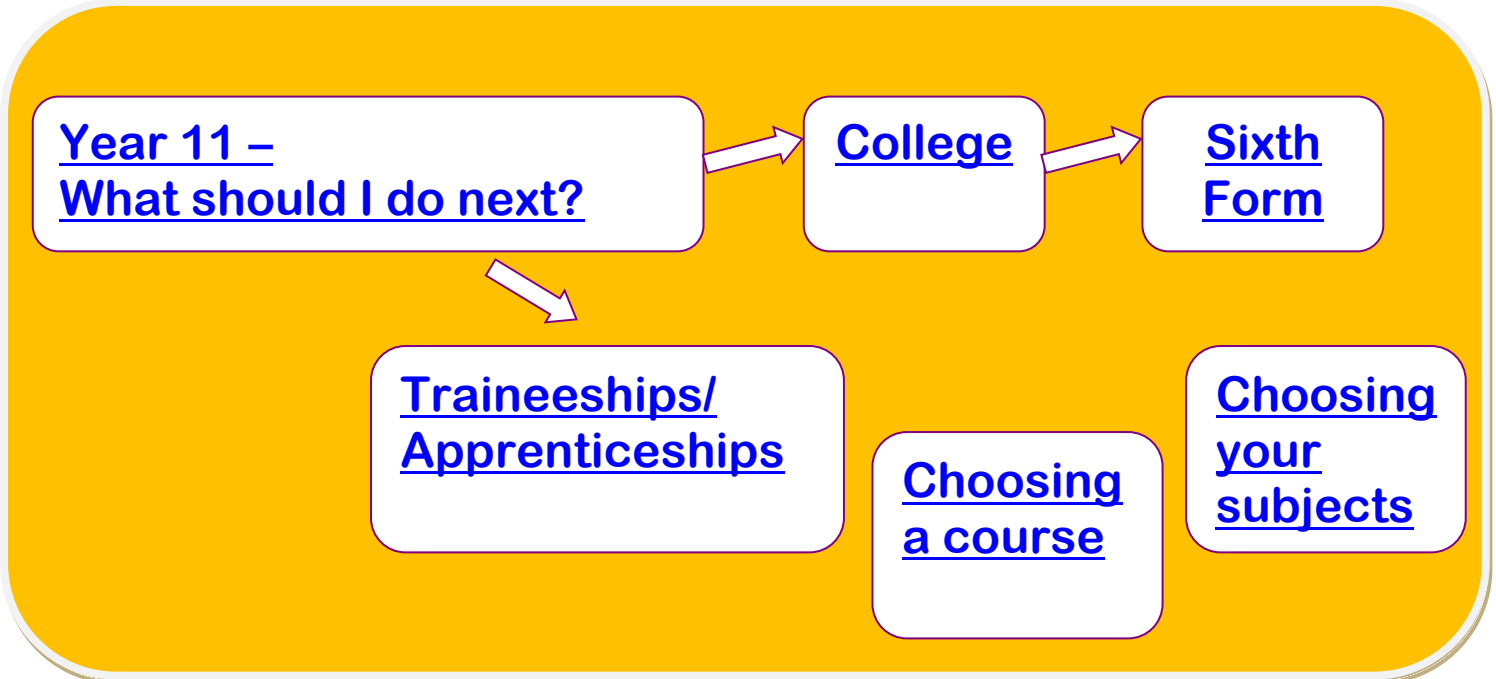


The Garage Ufi
@GarageUfi



Start your career journey!

Follow the links below



NATIONAL CAREERS SERVICE

13 to 18 years old?

We would love to hear from you

If you've got any questions, get in touch.
We can talk about jobs, careers, learning or training.

**NATIONAL
CAREERS
SERVICE**

Phone and callback



Calls from a landline are free. Some calls from a mobile are charged, but we can ring you back

0800 100 900.

Webchat



You can speak to a trained adviser by clicking on the word [Webchat](#).
Here you can talk one-to-one. This service is **confidential** and is not a chat room.

Email an adviser



You can email us with your questions. We'll reply to you within 24 hours.

[Click on this link](#)

Text us



You can send us a text for simple information like telephone numbers or addresses. If you want more in-depth information and advice, ring us on 0800 100 900. If you tell the adviser your phone number we will call you back at a time that's convenient for you. Please don't send us pictures as we can't open these. The number to text us on is **07766 413219.**

Before you call

Calls can take up to 30 minutes, depending on what you want to talk about. To make the most of your time, here are some useful things you can do before calling:

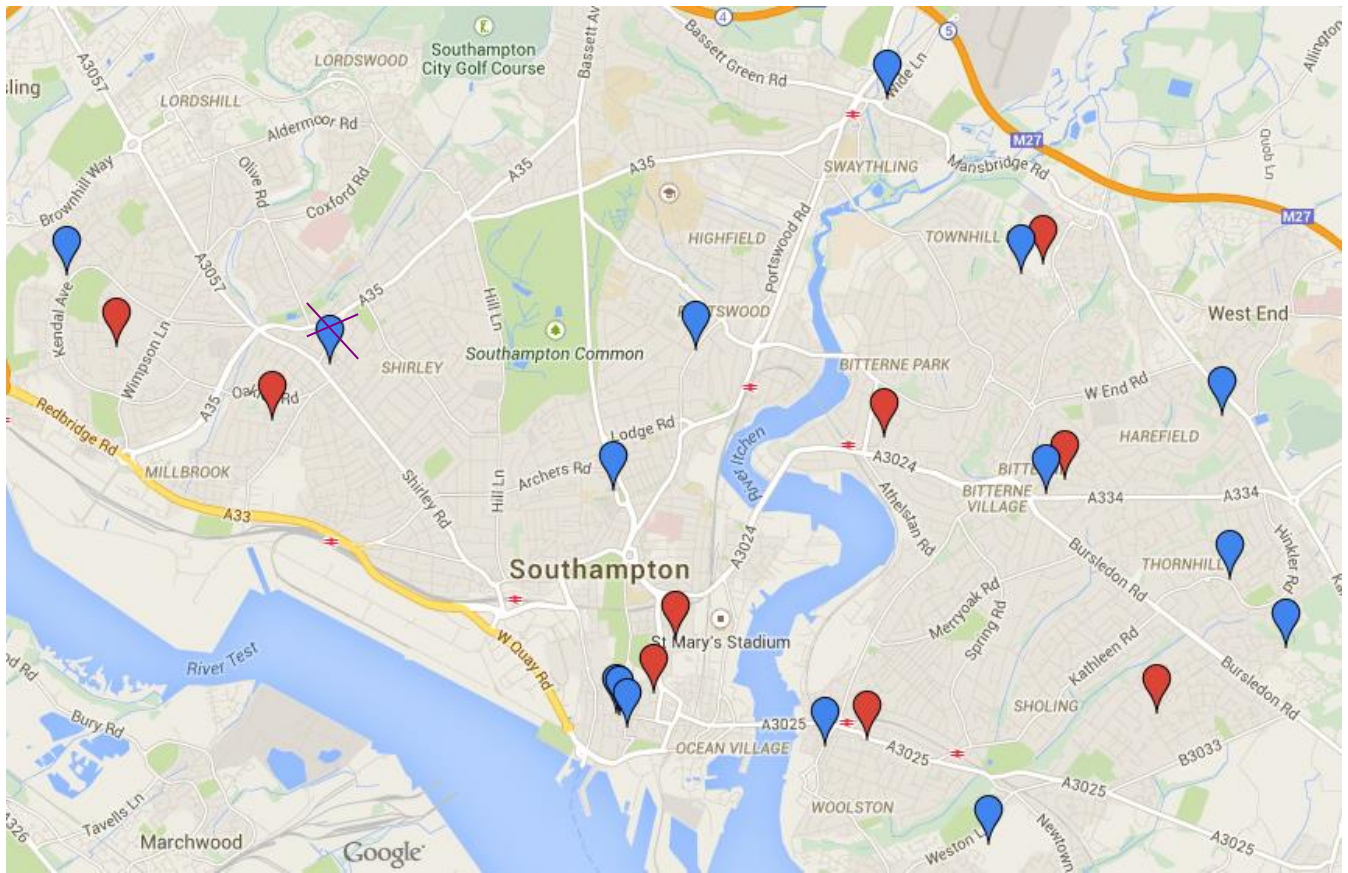
- think about why you are calling - do you have you a specific question or are you looking for general advice?
- make sure you have enough time to talk
- phone from a place where it's not too noisy
- have a pen and paper ready - you might need to write down some information.



www.direct.gov.uk/NationalCareersService

Southampton Work Clubs and IT Clubs

There's one near you!



Bitterne IT club

Bitterne Library every Tuesday 10am - 12pm (term time only). Call 023 80671111 for further information.

Bitterne Work Club

Bitterne Library, Bitterne Road East, SO18 5EG.

Runs Mondays 10am to 12noon. Drop in, all welcome.

T: 023 8091 7585 E: citylimits.employment@southampton.gov.uk

CLEAR Work Club

11 Queensway, Southampton, SO14 3BL

Wednesdays 9.30am - 12.30 pm

All Year round.

For anyone who has come to the UK as a refugee or as family/dependent of a refugee - must have right to work in the UK although we will help asylum seekers look for training and compile a CV ready for looking for work if their application is successful.

Contact: 023 8023 4000 or email info@citylife.org.uk.

Website: <http://www.citylife.org.uk/activity/clear/>



Community Systems Work Club

11 Queensway SO14 3BL

Community Systems Employment Help

Phone for an appointment – appointments available most weekdays.

For help with CVs, job applications, interview preparation. Careers guidance also available.

You must be claiming one of the following out of work benefits – Jobseekers Allowance or Employment and Support Allowance (and be in the Work Related Activity Group)

Tel: 0845 600 60 60

Graylings Computer Friends

IT Area, The Grayling, Beechfield Court, Regents Park Road, Southampton SO15 8SL. Sessions are free and last between 1 and 2 hours depending on numbers. Every Wednesday 2pm to 7pm. For more information please call 02380 915072 or just pop in.

Hinkler Work Club

Hightown Centre, Tunstall Close, Southampton SO19 6RD

Drop in – all welcome. Wednesdays 9am – 12 noon. Contact Amanda 023 8040 5728 for further information.

Millbrook IT Club

33B Windrush Road (formerly The Link)

Tuesdays 12.30pm – 3.30pm.

Drop in, all welcome.

Help with on-line applications, searching for work, improving IT skills for employment. 1:1 advice and guidance

Contact The Warren Centre 02380327802 for further information

No Limits Work Club

No Limits, 24a Bernard Street, Southampton, SO14 3AY.

Monday's between 2pm - 4pm. For people aged 16 - 25.


Tel: 023 8023 6237. www.nolimitshelp.org.uk.

Details from Google Maps

24A Bernard Street, Southampton SO14 3AY, United Kingdom

www.nolimitshelp.org.uk

023 8022 4224



Get help looking for jobs
and apply.

Portswood CAP Job Club

At the Victory Centre, 154-156 Portswood Rd, Portswood, Southampton, SO17 2NH.

CAP Job Club Manager: Jan Patching janpatching@capjobclubs.org

Thursdays (10am-2pm)

to anyone trying to find employment.

For information on what the CAP Job Clubs involve, please visit: www.capuk.org/i-want-help/cap-job-clubs/introduction.

Pleasant View Computer Friends

Community Centre, 200 Orpen Road, SHoling Southampton SO10 0EA

Roundabout Cafe Work Club

Westfield Corner
Mansbridge, Swaythling
SO18 2LE

On the 1st Thursday of every month. Between 12pm and 3pm.

Supports people to find employment and training and to overcome any potential barriers.

For more information email: estsupport@radian.co.uk or tel: 0800 4220570.



Chat through career ideas

STEPS (Plusyou Ltd) Thornhill

Hightown Centre, Tunstall Close, Southampton SO19 6RD

For people living in SO19 6 area

Tel: Mike or Amanda for opening times on 023 8040 5728.

Townhill Park Work Club

Townhill Park Community Centre Meggeson Avenue
SO18 2FH

Tuesdays 10:30am - 12:30pm. Term time only.

All are welcome for help with:

CVs, Job applications, Using IT for job search, Covering letters, Interview tips, General employment training and volunteering advice.

For more information tel: 023 8091 7585.

Also available at the same time is 'Tea and Tech' Bring your own laptop or tablet for help with any IT queries. Same opening times and venue.

Weston Work Club

at Weston Library, Chamberlayne Leisure Centre Car Park, Weston

Every Thursday 09.00 until 12 noon

Drop in – all welcome

1:1 advice, help with CVs and job hunting.

For more detail please contact the Warren Centre on 023 8032 7802

Tea and Tech - Townhill Park

Townhill Park Community Centre Meggeson Avenue SO18 2FH

10:30am - 12:30pm. Call 023 8067 1111 for more information.



Is your CV up to date?

West Itchen Community Trust

Ropewalk,
53 Derby Road
Southampton
SO14 0DJ
Mondays: 3pm-5pm
Runs throughout the year.
Open to everyone (adults over 18).
T: 023 8038 8580
E: alex@wict.co.uk
Web: www.wict.co.uk

Upload your CV to a job search
website

Weston IT Club

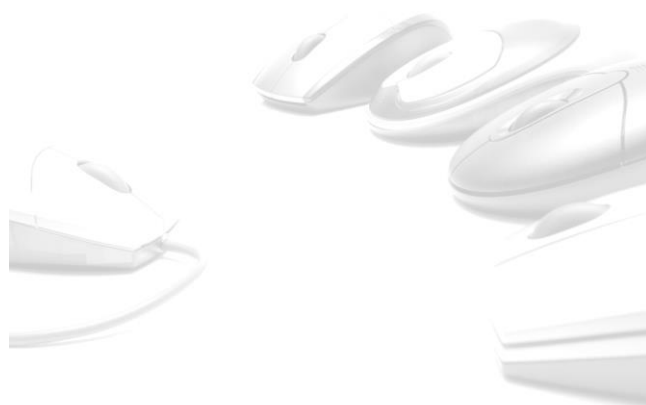
Weston Library
Chamberlayne Leisure Centre car park Thursday 12.30pm - 3:30pm
drop in, all welcome
1:1 advice, help with CVs and job hunting. Support given with IT skills.
Contact The Warren Centre 02380327802 for further information

Woolston CAP Job Club

Upstairs of the Cry Shop, 41 Victoria Rd, Woolston, Southampton, SO19 9DY.
CAP Job Club Manager: Daron Medway daronmedway@capjobclubs.org
Tuesdays (11am-2pm) Run by Christians Against Poverty and open to
anyone trying to find employment.
For information on what the CAP Job Clubs involve, please visit: www.capuk.org/i-want-help/cap-job-clubs/introduction.

Work Club - Harefield

Meon Court, Harefield
Friday 2.00pm until 4.00pm
Drop in, all welcome
1:1 advice, help with CVs and job hunting. Support given with IT skills.
Contact The Warren Centre 02380327802 for further information





Eastleigh and Winchester Youth Support Services

Hampshire County Council
Rookwood Centre
Penshurst Way
Boyatt Wood
Eastleigh
SO50 4RJ

Tel: 023 8068 4932

Email: youth.eastleighandwinchester@hants.gov.uk

For information on benefits and housing, call 023 8068 4930 / 4932 to ask for an appointment at an outreach centre.

New Forest Youth Support Service

Claypits Lane
Dibden,
Southampton
SO45 5TN

Tel: 023 8087 7960

Email: youth.newforest@hants.gov.uk

Test Valley Youth Support Service

The Wedge
London Road
Andover
SP10 2PS

Tel: 01264 336571

Email: youth.testvalley@hants.gov.uk

If you live outside
Southampton,
please visit this
website to find out
where you can get
support and
advice.

[www3.hants.gov.uk/
youthtube](http://www3.hants.gov.uk/youthtube)

NO LiMiTs

Helping Young People
Help Themselves

We Are Moving....

City No Limits will be relocating to 13 High Street



The City No Limits Drop in will be **closed for 2 weeks
from **Monday 27th July 2015.****

**We will open at 13 High Street on Monday 10th
August 2015**

**We apologise for any inconvenience. Any enquiries please
contact us on
02380 224 224 (Option 1)**

www.nolimitshelp.org.uk

NO LIMITS

Training

Employment

Helping Young People
Help Themselves

SOUTHAMPTON Work Club

Looking for support

Get help with

Completing CVs

Identify your
strengths and
interests

Preparing for
interviews

Learning Interview
techniques

Job search


**Please
Note:**
Closed
for 2
weeks
from
Mon 27th
July.
Re-
opens
10th
August
in new
location
– see
previous
page.

Are you aged
between 16
and 25?

CAREERS FAIR

Meet employers and training
providers. Get advice on your
CV and job search help.

www.nolimitshelp.org.uk

 @nolimitshelp

 nolimits

Work Club

EVERY Monday from 2.00 – 4.00pm

City Centre

24a Bernard Street

SO14 3AY

Drop-in centres

City drop-in centre

☎ 023 8022 4224

**Facilities:**

- ✓ Free internet
- ✓ Telephones
- ✓ Shower for young people who are homeless
- ✓ Washing machine for young people who are homeless
- ✓ Confidential advice
- ✓ Counselling
- ✓ Pregnancy testing
- ✓ Chlamydia screening

Address:

24a Bernard Street
SO14 3AY
See map: [Google Maps](#)

Opening hours:

MONDAY	10am - 1pm & 2pm-5pm* (*appointment only)
TUESDAY	10am - 1pm
WEDNESDAY	2pm - 5pm & 6pm - 8pm
THURSDAY	2pm - 5pm
FRIDAY	10am - 1pm

Shirley drop-in centre

☎ 023 8051 1051

Facilities:

- ✓ Free internet
- ✓ Telephones
- ✓ Confidential advice
- ✓ Counselling
- ✓ Pregnancy testing
- ✓ Chlamydia screening

Address:

278 Shirley Road
SO15 3HL
See map: [Google Maps](#)

Opening hours:

MONDAY	10am - 1pm
TUESDAY	2pm - 5pm & 6pm - 8pm
WEDNESDAY	2pm - 5pm
THURSDAY	10am - 1pm
FRIDAY	2pm - 5pm

Sholing drop-in centre

☎ 023 8043 5000

Facilities:

- ✓ Free internet
- ✓ Telephones
- ✓ Confidential advice
- ✓ Counselling
- ✓ Pregnancy testing
- ✓ Chlamydia screening

Address:

406 Portsmouth Road
SO19 9AT
See map: [Google Maps](#)

Opening hours:

MONDAY	2pm - 5pm
WEDNESDAY	2pm - 5pm
THURSDAY	2pm - 5pm

Open access drop-in centres. Visit alone or with a friend for support, no appointment needed

Are you 19 or over and would like some help?

The National Careers Service is FREE to all adults and provides information, careers and skills advice that's tailored to you. The careers advisers are professionally qualified to help you make the right choices about learning and work

How to write a CV

Golden rules of producing an effective CV with advice on style, content and layout and how to target a CV to particular jobs.

Interview Skills

Help to overcome interview anxiety. Find out how to succeed through preparation.

Job Search Skills

Advice on how to write speculative letters, complete application forms and make the best of a CV. Useful web sites and how to find and use information about the local labour market.

Confidence Building

Help with developing confidence and self-esteem to improve job prospects.



Call 0800 1954 700 to make an appointment to see an adviser face to face or visit www.nationalcareersservice.direct.gov.uk

**National
Careers
Service**

Helping you take
the next step

NOTES

The next bulletin is ... Thursday 6 August 2015