

Job Vacancy / Information Bulletin

for young people

*A collection of current job vacancies,
training opportunities and information,
from various sources*

What's on ...?



Saturday 11th July 2015
Hoglands Park
12noon - 9pm

Southampton Mela Festival

It's **FREE** family fun for everyone with an assortment of musical styles from South Asia and around the world – Indian Classical, Bollywood, Folk, World Music, Asian Fusion, Flamenco and Bhangra. Plus, exciting dance acts and family activities celebrating South Asian and world culture.

www.southamptonmela.com

This document is best viewed on-line due to the number of hyperlinks to original websites

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HOT JOBS

Don't miss these!

Need to get there quickly?
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Daily Echo Vacancies

9 July 2015

Please consult the relevant edition of the ECHO or visit the website for further details as information below has been abbreviated. Vacancy information correct at time of publication.

Some employers are unable to employ young people directly from school due to age restrictions in their insurance policies, so please check at the time of application.



[Data Administrator](#)

ITCHEN COLLEGE Southampton, Salary not specified
A member of the Hampshire Sixth Form Colleges' Partnership committed to Equality and Diversity Itchen Sixth Form College has the following vacancies:...

- [Telesales Executives](#)

SNOWS BUSINESS FORMS LTD Southampton, Salary not specified
Telesales Executive - Southampton A local print company of 50 years, regarded as the No. 1 Printer to the Motor Trade, is urgently seeking a self-...

- [Cleaners](#)

City Cleaning (Uk) Ltd SOUTHAMPTON, Salary not specified
Cleaners required Park Gate, mornings 9am start, £7 per hour Tel 023 8070 6060.

- [Mobile Cleaner](#)

CITY CLEANING (UK) LTD SOUTHAMPTON, Salary not specified
Mobile Cleaner required in Soton, full driving licence required - please call 023 80706060

- [Accounts Assistant Administrator](#)

Ultramag Inspection Services Southampton, Salary not specified
Accounts Assistant Administrator Required An Inspection Company requires Accounts/Admin To work in a busy office atmosphere Applicants should have a...

- [Parts Advisor](#)
[Perfect Placement UK Ltd](#)
£19k/year

Hampshire, £16,500 -

Automotive, Motor Trade Job: Parts Advisor Required in Hampshire Salary: Up to £16,500 Basic, £19,000 Per Annum Term: Full Time, Permanent 8am - 6pm..

INFORMATION SERVICE - WE ARE NOT RESPONSIBLE FOR THESE VACANCIES

www.dailyecho.co.uk/jobs

- [Medical Receptionist - Part-Time](#)

Victor Street Surgery Southampton, Salary not specified
 Medical Receptionist - Part-Time Victor Street Surgery, a busy GP Practice, is looking to recruit an enthusiastic part-time Medical Receptionist...

- [Warehouse Operative](#)

[Meridian Business Support](#) Southampton, £6.65/hour
 Our client is looking for a Warehouse Operative to join their team in Southampton. You will be assisting the Warehouse Manager with day to day tasks...


- [Beauty Therapist](#)

Eastern Art Nails & Beauty Southampton, Salary not specified
 Beauty Therapists required. FT/PT to work in busy salons in Southampton or Winchester. To apply call 023 80339090

- [Administrator & Trainee Accounting Technician](#)

ABDS Southampton, Salary not specified
 AAT APPRENTICESHIP – Administrator & Trainee Accounting Technician Required: Numerate graduate car driver who can show initiative. We are a firm of...

- [Workboat Apprenticeship](#)

Williams Shippings Holdings Southampton, Salary not specified
 Workboat Apprenticeship Williams Shipping Marine have created an opportunity for a candidate between 18 – 24 years old. 

- [Receptionist - Part Time](#)

Avenue Clinic Southampton, Salary not specified
 Receptionist - Part-Time For busy Chiropractic Clinic. We need an enthusiastic, efficient part-time Receptionist. Ideal candidate would be a confident...

- [Newspaper Sales Assistant](#)

HOUSE ADS/FEATURES DISPLAY Southampton, Salary not specified
 Newsquest (Hampshire) Limited is one of the largest regional publishers in the UK. We publish market leading newspapers and local web sites across the...

- [Deliveries Required](#)

HOUSE ADS/FEATURES DISPLAY Southampton, Salary not specified
 Newsquest is one of the UK's leading publishers with a vast portfolio of regional newspapers, websites, magazines and a successful leaflet business...

INFORMATION SERVICE - WE ARE NOT RESPONSIBLE FOR THESE VACANCIES

www.dailyecho.co.uk/jobs

- [GP Receptionist](#)

Emma Wiltshire

Southampton, Salary not specified

Mulberry House Surgery in Southampton is looking for an experienced GP receptionist We are a small, friendly team with a patient list size of 6000...

- [Special School Assistant](#)

Rosewood Free School

Southampton, Salary not specified

This OUTSTANDING Special Free School is looking to fill the following posts from September 2015: Special School Assistant £8.51 per hour 30.5 hours...

- [Customer Service Administrator](#)

[Wild Recruitment](#)

Southampton, £15,500/year

6 Month Fixed Term Contract An opportunity has arisen to work for a large...

- [Cruise Administrator](#)

Regent Seven Seas Cruises

Town Quay, Salary not specified

Regent Seven Seas Cruises Reservation Co-ordinator and Administration Co-ordinator Southampton Regent is the fastest growing cruiseline in the ultra-...



- [Customer Service Advisor](#)

Newsquest Hampshire, Dorset & Sussex

Southampton, Salary not specified

CUSTOMER SERVICES ADVISOR (Part-time, 15 hours per week, £7.50ph) We are looking for a confident, flexible and friendly person to work afternoons (1pm...

- [Reference Clerk](#)

[Nationwide Placements UK Ltd](#)

Southampton, £18k - £20,500/year

Reference Clerk Nationwide Placements (UK) is looking for a Reference Clerk for our busy, highly reputed and active client! This role is meant for you...

- [Marketing Trainee | No Marketing Qualifications or Experience Needed](#)

[Empire Strategies](#)

Southampton, Salary not specified

Marketing Trainee: **No Experience Needed:** Immediate Start Empire Strategies is a start-up marketing company in Southampton. We have a team of qualified...

INFORMATION SERVICE - WE ARE NOT RESPONSIBLE FOR THESE VACANCIES

www.dailyecho.co.uk/jobs

Working with children



CURRENT VACANCIES

[Childcare Practitioner](#)

Closing date: 15th July 2015

Paint Pots Nursery, 400Bursledon RoadSouthamptonSO19 8NG

[Childcare Practitioner](#)

Closing date: 31 July 2015

Paint Pots Nurseries Woodlands Community College Minstead AvenueSouthamptonSO18 5FW
02380 473844

[Deputy Playroom Coordinator](#)

Closing date: 31 July 2015

The Avenue Centre, St Andrews Church United Reformed ChurchThe AvenueSouthamptonSO17 1XQ
07904423093 02380678787

[Early Years Practitioner Level 6](#)

Closing date: 10 July 2015

All Hallows Too Pre-school Townhill Park Community Centre Meggeson AvenueSouthamptonSO18 2FH

[Nursery Nurses \(ref 380\) Zero hours - ongoing](#)

YMCA Nursery Woolston Victoria RoadSouthamptonSO19 9EF
01489 785228

[Pre School Practitioner](#)

Closing date: 10 July 2015

Noah's Ark Pre-School414Coxford RoadSouthamptonSO16 5LL
07733 146429

[Learning and Development Coordinator](#)

Closing date: 10 July 2015

Rose Road Association Bradbury Centre300 Alder Moor RoadSouthamptonSO16 5NA
023 8072 1216

And many more ... see website ...



These vacancies have now moved to a new website. Please visit this for further details:

<http://sid.southampton.gov.uk/kb5/southampton/directory/results.page?familychannel=9-10>

www.sid.southampton.gov.uk

Jobcentre Plus Vacancies

Hundreds of vacancies are displayed on this website.
Here are just a small selection:



Job Title	Advertised by:	Location:	Job ID:
Bus Driver (Trainee) - Southampton	ODF Group	Southern-Southampton	17036564
Admin Assistant	CV Library	Southern-Southampton	17055912
Customer Service Administrator	TipTopJob	Southern-Southampton	17050173
Bricklayer	Tradeline Recruitment Ltd	Southern-Southampton	17005464
Trainee/Qualified Dental Nurse	Aspire Dental Care	Southern-Southampton	17013120
Landscape Gardener	UK Recruitment	Southern-Southampton	17041472
Tele Sales Advisor Southampton	Monster UK	Southern-Southampton	11469881
Warehouse Operative	Quay Traders Ltd	Southern-Southampton	17031179
Seasonal Youth Staff urgently required for 2015	CV Library	Southern-Southampton	16124602
Telesales - Outbound	CV Library	Southern-Southampton	17017314
No Experience Urgent - Immediate Start Sales Assistant	CV Library	Southern-Southampton	17020976
CLEANING OPERATIVE	T C Facilities Management	Southern-Southampton	16999664
Valeter/workshop cleaner/driver	Motocolor Southampton Ltd	Southern-Southampton	17003782

Other Job Vacancies

Sales Assistants

Roadchef Motorways Ltd - Southampton SO16
£6.50 an hour
Ensuring a consistent supply of equipment and products, all with one simple objective in mind to consistently exceed our customers expectations....

Receptionist/ Administrator

Spire Healthcare - Southampton
The role will require confidence and a friendly and approachable personality as the Main Reception is the first point of contact for all visitors and patients....

Cocktail Bar Tenders - Southampton

Turtle Bay Restaurants - Southampton
Our policy is to employ the best qualified people and provide equal opportunity for the advancement of employees including promotion and training and not to...

Casual Dog Walker

Animals2go pet care services ltd - Southampton SO15
£6.50 an hour - Temporary
Must have a clean driving licence. Needed for lunchtime dog walks and occasional early morning dog walks at 6.45 am....

Bar Staff Americas Cup & Music Concerts

Flonix - Southampton
£7.45 an hour
Bar Staff for America's Cup & Evening Music Concerts. We require bar staff to help run the large public bars. Top earning level of £387.40 for 4 days work, all...

Customer Service Assistant

Sainsburys - Bitterne
£6.91 an hour - Part-time
Checkout experience would be useful, but more important will be your courteous and helpful manner, good communication skills and desire to give our customers an...

Barista Maestro

Coffee#1 - Southampton SO17
£6.65 an hour
To make our new Portswood store a great place for customers and for employees alike, we need to recruit energetic Baristas with enthusiasm, a positive attitude...

Personal Trainer

LA Fitness - Eastleigh
So if your job in retail or admin is driving you up the wall or you wish you had a job you loved and like the thought of managing your own business with the...

Immediate start - warehouse work ongoing

Jark Recruitment - Southampton
£260 - £320 a week
Are you keen to work in a busy warehouse position which is ongoing and could continue through to Christmas?...

Merry Maid

Merry Maids - Southampton
£52 a day
Join the friendly Merry Maids of Southampton team as a part time domestic cleaner to clean customer's homes in a team of two during the school hours (9am - 2...

Here's a snapshot of the vacancies currently available on this website.
For more information and application details visit:

www.indeed.co.uk

Other Job Vacancies

Waiter/Waitress

TGI Fridays Southampton - Southampton SO15
Follow correct cash handling procedures. You will completely immerse yourself within the brand, living and breathing our theories and philosophies....



Support Worker - No Experience

Voyage Care - Southampton
£7.89 an hour
This registered service supports individuals within the home and local community. All successful candidates will be subject to an Enhanced DBS/PVG check and...



Room Attendant

Ibis Budget Hotel Southampton - Southampton SO18
£6.50 an hour
Replacing stocks of guest supplies such as cups and soap. As a room attendant, your duties would include:....



Front of house team member

Wagamama - Southampton
At the heart of what we do is a promise to treating our employees like our customers - with respect. 2 x front of house team member positions available at...



Call Centre /Customer Services

Accord Appointments - Southampton
£18,000 - £21,000 a year
Yes it is a call centre ,but at this one they bring you tea and coffee to your desk, there is a daily sandwich menu ,which is made to order and only costs a £1...



Car Valeter

Allabout Cleaning Specialist Ltd - Southampton SO15
£55 a day
Must have full driving licence. Duties will be to valet and prepare vehicles for collection in a busy crash repair centre 5.5 days a week,attention to detail...



In Store Crew Southampton - The Avenue

Domino's Pizza 2,835 reviews - Southampton - +2 locations
At Domino's Pizza we're looking for people with lots of energy and get up and go, a positive attitude and a willingness to succeed....



IT Apprenticeship

Yo Telecom - Southampton
£9,300 a year - Apprenticeship
Using the most up to date products to ensure our customers become, and constantly remain steps ahead of their competition. Liaising with customers....



Reservations Agent

Jurys Inn Southampton
Permanent
The successful Reservations Agent applicant will be required to accurately take and manage all room enquiries for Jurys Inns efficiently and follow company...



Reservations Consultant

Carnival - Southampton
Full-time, Permanent
Customer Responsibilities (Internal & External Customers). The Holland America Line and Seabourn Reservations Centre handle enquiries from both Travel Agents...



..... and many more, click on the job title to take you straight there



www.indeed.co.uk

Other Job Vacancies

Retail Catering Assistant

New Forest Wildlife Park - Southampton SO40
£6.50 an hour
Fantastic opportunity to join one of Hampshire's most popular attractions in the Heart of the New Forest. Flexible vacancies within the Cafe, shop & admissions....



Warehouse Operative

Transline Group - Southampton
£7.70 an hour
You will be required to complete a full CRB Check and drug and alcohol test - paid for by Transline"Transline have partnered with Perkz, which is an online...



Admin Assistant

Brookstreet UK - Southampton
£16,000 - £18,000 a year
The office is a fast paced working environment dealing with a varied work load. The company is very successful and due to the increase in business they need an...



Waiter/Waitress - Part Time

The Big Cheese Hungry Horse - Southampton SO18
Part-time
Part time waitress required with the opportunity to also do bar work. Part time hours at first but leading into summer will be full time....



Pot Wash

The Big Cheese Hungry Horse - Southampton SO18
Doing pot wash, prepping desserts and food, making desserts and making sure all aspects of your area are spotless at all



Team Member Other

Travelodge 1,871 reviews - Southampton
£6.50 an hour
Especially when dealing with customers. To our customers and be happy to help with any queries they might have....



FOOD PRODUCTION OPERATIVE

Toby Carvery - Eastleigh
You'll benefit from working in a fun and social environment, flexible shift options, 28 days holiday, pension and Sharesave scheme, plus extra perks like 20%...



Sales Adviser -

Superdrug Stores - Bitterne
£6.50 an hour - Part-time
Your role at Superdrug will be all about serving customers mostly at the till point where you will deliver excellent service and encourage add on sales....



Telephonist/Receptionist (25 hpw)

Carnival - Southampton
Part-time, Permanent
Typical responsibilities within this role include meeting and greeting visitors to Carnival House, answering all incoming telephone calls in a professional way...



General Office Assistant

Trant Engineering Ltd - Southampton SO40
£13,500 a year
Office administration will include reception duties, general typing and filing, dealing with emails. The successful candidate will be required to work within a...



..... and many more, click on the job title to take you straight there




www.indeed.co.uk

University of Southampton



Closing date

587815TD	Domestic Assistant	Estates & Facilities	14/07/2015
587415TD	Charge Hand Domestic Assistant	Estates & Facilities	13/07/2015
590315TD	Car Parking Attendant	Estates & Facilities	14/07/2015
569815EW 	Sport and Wellbeing Assistant	Student Services	10/07/2015

www.jobs.soton.ac.uk

Southampton Solent Uni



Closing date

Library Attendant	Support	£17,039 - £19,632 per annum pro rata	01/07
Football Coach	Support	£20.11 per hour	01/07
Apprentice (Payroll)	Support	£12,540.39 per annum	26/06

<https://recruitment.solent.ac.uk/WebRecruitment/>

Fast Food

Check out these websites for vacancies:

McDonalds

www.mcdonalds.co.uk/ukhome/People/Join-the-team.html

Pizza Hut

www.careersatpizzahut.co.uk

Domino's Pizza

www.dominos.co.uk

Burger King

www.bkcareers.co.uk/crew.aspx

Subway

www.subway.co.uk/business/careers/default.aspx

9 stores in Southampton

KFC

www.kfc.co.uk/join-us

Harry Ramsdens

www.harryramsdens.co.uk/about-harrys/work-with-us/

Pret a Manger

www.pret.com/jobs/

Anyone for coffee?

Costa

www.costa.co.uk/about-us/our-people/careers/

Starbucks

www.starbucks.co.uk/careers

Café Nero

www.caffenero.co.uk/people/ourpeople.aspx



West Quay Vacancies



Thomas Sabo

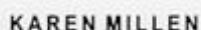
Sales Assistant

Temporary 22.5 hours per week



BOOST
juice bars

Team Member



KAREN MILLEN

Supervisor



I ♥
BOLLYWOOD



Daily Echo
jobsfair
bringing people and jobs together

JOBSFAIR 2015

Thursday 24 September 10 – 3pm Novotel, Southampton

www.west-quay.co.uk/jobs

The Marlands Vacancies



Full and Part Time Barista

Perm Part Time – Barista's (weekends)
Perm Full Time - Barista Maestro (5 days out of 7) Experience an advantage however training will be given.
Wages: competitive dependant on experience



*Part and Full time stylist required
24 or 40 hours per week
Please contact Carly on
02380 232065*



Sales Assistants - Part Time Required
*Must have retail experience and must be over 18
Apply by CV to the stand*



www.intomarlands.co.uk/job_opportunities

Paultons Park Seasonal Recruitment

Ower, near Totton. Own transport will be required.



Still lots of seasonal vacancies available – check out the website below:

paultonspark.co.uk/recruitment

NHS Vacancies

Administration Apprenticeship

Administration
Solent NHS Trust, Across Southampton

We are looking for a motivated clerical administrator to support the Health Visiting Service in Solent NHS Trust, working with children, young people 5-19 years and their families in a range of settings. The successful candidate will need to have excellent communication skills and demonstrate IT ...

Salary: £3.54 per hour
Job Type: Fixed term
Closing Date: 22/07/2015
Staff Group: Administrative & Clerical
Job Ref: 449-CS213

Receptionist/Administrator

Administration
Solent NHS Trust, West Locality - Based in Southampton and New Forest

Opportunities have arisen for enthusiastic individuals to join Hampshire's Integrated Sexual Health Service. The posts available are based across the the West Locality (including Southampton and New Forest) and the providing reception cover and administrative support for the integrated sexual ...

Salary: £15,100 to £17,800 pa
Job Type: Permanent
Closing Date: 15/07/2015
Staff Group: Administrative & Clerical
Job Ref: 449-SHS054

Receptionist/Administrator

Administration
Solent NHS Trust, Adelaide Health Centre / The Stoneham Centre

We are looking for an enthusiastic & friendly individual to join our busy administration team as an administrator/receptionist. The Adelaide Health Centre Millbrook is the HQ for the Musculoskeletal Service Outpatient clinics, which also runs clinics at Moorheen hospital West End, so a willingness ...

Salary: £15,100 to £17,800 pa
Posted: 30/06/2015
Job Type: Permanent
Closing Date: 14/07/2015
Staff Group: Administrative & Clerical
Job Ref: 449-APC069



www.jobs.nhs.uk

NHS Vacancies

Team Administrator - Southampton

Corporate NHS Professionals - Corporate Staff, Southampton

NHS Professionals is the leading provider of managed flexible workforce services to the NHS with circa 50,000 general and specialist nurses, doctors, midwives, allied health professionals, administrative and other healthcare professionals signed to its bank; placing more than 1.5 million shifts ...

Salary: £17,973 - £19,658 pro rata
Job Type: Permanent
Closing Date: 16/07/2015
Staff Group: Administrative & Clerical
Job Ref: 922-113A-15

Outpatient Clerk

Administration University Hospital Southampton NHS Foundation Trust, Southampton General Hospital, Southampton

An exciting opportunity has arisen within Cancer Care for a motivated Outpatient Clerk on C3 to support the Oncology administration and clinical teams. We are looking for a reliable, highly organised individual who is able to work under their own initiative but is also able to work as part of ...

Salary: £15,100 - £17,800 pa
Job Type: Permanent
Closing Date: 13/07/2015
Staff Group: Administrative & Clerical
Job Ref: 188-DIVA291

Education Administrator


Administration University Hospital Southampton NHS Foundation Trust, Princess Anne Hospital, Southampton

Southampton is a vibrant, modern city situated on the south coast with excellent links to London and neighbouring towns. Known as the 'Green City' for its numerous award winning parks and green spaces, it is also a short drive away from the New Forest National Park. The city plays host ...

Salary: £16,633 - £19,461 pa pro rata
Job Type: Permanent
Closing Date: 20/07/2015
Staff Group: Administrative & Clerical
Job Ref: 188-DIVC463



City / County Councils



Vacancy Title	Council	Area	Closing Date	Salary	Hours Per Week
Customer Services Apprenticeship . Job Reference: 1463436	New Forest District Council	Southampton Totton	31 Jul 2015	£140.23 Per week	37 hours per week
Finance Apprentice - Southampton City Council . Job Reference: 1474270	Southampton City Council	Southampton	10 Jul 2015	37 Hours at £7.85	37 hours per week
HGV Chargehand Driver/Loader x2 P00165 . Job Reference: 1477666	New Forest District Council	New Forest Ringwood Totton	15 Jul 2015	£17,060 - £19,160 up to £20,978 per annum	37.00 hours per week
Loader - 380747 . Job Reference: 1477031	Southampton City Council	Southampton	14 Jul 2015	£18,049 - £21,892	40.5 (Monday to Friday - 6.30 a.m. to 3.30 p.m.)
Nursery Assistant - 381224 . Job Reference: 1479291	Southampton City Council	Southampton	23 Jul 2015	£6,538 - £7,611	18.75 term time only
Recycling & Compliance Support Officer - 381310 . Job Reference: 1477674	Southampton City Council	Southampton	16 Jul 2015	£17,972 - £22,212	37
Temporary LGV Driver/Loader - 380249 . Job Reference: 1476428	Southampton City Council	Southampton	31 Jul 2015	£18,420 - £24,313	40.5

City / County Councils

Vacancy Title	Council	Location	Salary
Day Services Support Worker HCC1794690	Hampshire County Council	Eastleigh	£15,621 - £17,583 pro-rata, per annum (actual salary £14,775 - £16,631 per annum)
Evening Class Receptionist HCC1778677	Hampshire County Council	Eastleigh	£15,621 - £17,583 pro-rata, per annum (actual salary £5,065 - £5,702 per annum)
Mobile Catering Assistant (Southampton/Eastleigh Area - DS)	Hampshire County Council	Eastleigh, Southampton	£7.06 per hour
Nursery Practitioner Totton College	Hampshire County Council	New Forest, Southampton, Totton	£12,697
Switchboard Communications Operator, 18.5 hours per week, Winchester moving to Southampton/Netley, HC1776131	Hampshire Constabulary	Southampton	£16,587 - £17,370 pro-rata per annum
Switchboard Communications Operator, 30 hours per week, Winchester moving to Southampton/Netley HC1776162	Hampshire Constabulary	Southampton	£16,587 - £17,370 pro-rata per annum

www.newjob.org.uk



Supermarkets

www.tesco-careers.com/jobsearch.cfm

www2.sainsburys.co.uk/aboutus/recruitment/careers_new.htm

www.jlpjobs.com/jobs/waitrose-jobs.htm

www.asda.jobs

www.co-operative.jobs

www.morrisons.co.uk/corporate/work-with-morrisons

www.aldirecruitment.co.uk

www.lidl.co.uk then select CAREERS



Or just call in and ask about jobs - most stores have a noticeboard

Volunteering

Voluntary work can be rewarding and give you the skills to help you into work

Visit these websites for more information

www.jobcentreplus.gov.uk

www.southamptonvs.org.uk

www.do-it.org.uk



This week's featured opportunity:

Do you love music and cinema?

Are you passionate about films?

Southampton's premier second-hand music store, specialising in vinyl is looking for an enthusiastic, movie lover. We offer a wide range of music genre in our extensive stock of LPs, 7" singles, 12" singles & 78s as well as a wide selection of CDs, cassettes, books, comics, sheet music, DVDs and memorabilia.

You don't need to know a great Fassbinder film from a great Fassbender film. What we ultimately require is a willingness to learn, a passion for film and a desire to help others. You will be joining an existing team passionate about all sorts of music and cinema whose aim is to make the most out of our DVD donations in order to fight poverty and suffering.

Come and join us! Oxfam Music, Southampton SO14 3HQ



[For full details](#)



* Something valuable to add to your CV * Improve future employment prospects *
* Help your local community *



APPRENTICESHIPS



Have a look at these Youtube clips:

Apprenticeships Deliver

<http://www.youtube.com/watch?v=YRrYaUE2hSs>

Take a Look at Apprenticeships

<http://www.youtube.com/watch?v=0eUk8vVkubA>

APPRENTICESHIPS

Become an apprentice

1. Overview

Apprenticeships combine practical training in a job with study. As an apprentice you'll:

- work alongside experienced staff
- gain job-specific skills
- [earn a wage and get holiday pay](#)
- study towards a related qualification (usually one day a week)

Apprenticeships take 1 to 4 years to complete depending on their level.

2. Levels of apprenticeship

An apprenticeship has an equivalent education level and can be:

- Intermediate - equivalent to 5 GCSE passes
- Advanced - equivalent to 2 A level passes
- Higher - can lead to NVQ Level 4 and above, or a foundation degree

3. Who can apply

You can apply for an apprenticeship if you're:

- 16 or over
- eligible to work in England
- not in full-time education

4. How to apply

There are 3 steps to applying for an apprenticeship.

1. [Search for an apprenticeship.](#)
2. Sign in or create an account.
3. Complete and submit your application.

The [National Careers Service](#) has advice on writing applications and what to do at interviews.

Apprenticeship helpline

Telephone: 0800 015 0400 or 0247 682 6482

nationalhelpdesk@apprenticeships.gov.uk



www.apprenticeships.gov.uk/

NATIONAL APPRENTICESHIPS SERVICE

VACANCIES AVAILABLE IN SOUTHAMPTON:



[Payroll Apprentice](#)

Solent University (Added 6 days ago)

To learn and develop a range of knowledge, skills and experience in the payroll department of a busy University and study for a relevant qualification as of the Solent University Apprenticeship Scheme.

- **Closing date:** 26 Jul 2015
- **Possible start date:** 01 Sep 2015

- [Housing Management Apprentice](#)

The Society of St James (Added 3 days ago)

As the apprentice you will learn all aspects of Housing Management. The work is varied, challenging, stimulating and demanding but never boring. You will be an integral part of the team, undertaking essential work for the function

- **Closing date:** 14 Aug 2015
- **Possible start date:** 31 Aug 2015

- [Higher Audit Apprentice](#)

Smith & Williamson Limited (Added 3 days ago)

The Apprentice Accountant role equips you to provide a range of assurance and business services to a diverse client base ranging from small businesses and start-ups to substantial international groups

- **Closing date:** 31 Aug 2015
- **Possible start date:** 07 Sep 2015

- [Customer Service Apprentice](#)

CAPITA BUSINESS SERVICES LTD (Added 03 Jun 2015)

An amazing opportunity to work as an Apprentice Customer Service Advisor for a global company with offices in the heart of Southampton. You have the chance to develop career building skills as well as receiving fantastic training and career opportunities. (2 positions available)

- **Closing date:** 31 Jul 2015
- **Possible start date:** 07 Aug 2015

- [Apprentice Sales Negotiator \(Southampton\)](#)

Austin & Wyatt (Added 09 Jun 2015)

This is a fantastic opportunity to work within an estate agent. You will be working in a busy environment as part of a team. Starting by learning the ropes and hopefully progressing into a great career opportunity into estate agency.

- **Closing date:** 03 Aug 2015
- **Possible start date:** 10 Aug 2015
- [Customer service - Direct Bank Telephony Apprenticeship](#)

Royal Bank of Scotland (Added 13 May 2015)

Thanks to initiatives like the RBS Apprenticeship scheme, not going on to further education can now be every bit as rewarding as choosing to pursue a degree. Now you can earn while you learn and still gain a professional qualification.

- **Closing date:** 01 Aug 2015
- **Possible start date:** 07 Sep 2015
- [Relationship Management Support - Corporate & Commercial Apprenticeship \(Southampton\)](#)

Royal Bank of Scotland (Added 12 May 2015)

Thanks to initiatives like the RBS Apprenticeship scheme, not going on to further education can now be every bit as rewarding as choosing to pursue a degree. Now you can earn while you learn and still gain a professional qualification.

- **Closing date:** 01 Aug 2015
- **Possible start date:** 07 Sep 2015
- [Relationship Management Support - Capital Transaction Management Apprenticeship](#)

Royal Bank of Scotland (Added 02 Jun 2015)

Thanks to initiatives like the RBS Apprenticeship scheme, not going on to further education can now be every bit as rewarding as choosing to pursue a degree. Now you can earn while you learn and still gain a professional qualification.

- **Closing date:** 01 Aug 2015
- **Possible start date:** 07 Sep 2015
- [Business Administration Apprentice \(HR\)](#)

Southampton City College (Added yesterday)

To provide efficient administrative support to the HR team by providing a high level administrative service covering all aspects of the HR function using the appropriate procedures and systems to assist with the smooth running of the department.

- **Closing date:** 30 Jul 2015
- **Possible start date:** 24 Aug 2015
- [Apprentice Legal Assistant](#)

Warner Goodman LLP (Added 26 Jun 2015)

Assisting the injury team to handle claims for victims of personal injuries at a large regional law firm. We want a bright and enthusiastic apprentice to learn and develop their Business/Legal Admin skills.

- **Closing date:** today
- **Possible start date:** 03 Aug 2015

- [Administration Apprentice](#)

Warner Goodman Llp (Added 26 Jun 2015)

To provide admin support in the Residential Conveyancing Department. General office administration duties: using the legal case management system; photocopying and typing; opening files; and assisting the Department with all administrative duties.

- **Closing date:** today
- **Possible start date:** 03 Aug 2015

- [Marketing Apprentice](#)

Warner Goodman Llp (Added 26 Jun 2015)

This role is to provide administration support to the Marketing Manager. Duties will include data entry, management of invoices, maintenance of newsletter databases, event co-ordination, article research and proof reading etc.

- **Closing date:** today
- **Possible start date:** 23 Jul 2015

- [Accounts Apprentice](#)

HJS (Added 18 May 2015)

Accounts apprentice required to work within a reputable and fast growing firm of accountants. (4 positions available)

- **Closing date:** 07 Aug 2015
- **Possible start date:** 24 Aug 2015

- [Business Administration Apprenticeship](#)

Dutton Gregory Solicitors (Added 23 Jun 2015)

The successful candidate would be working as a Receptionist in a busy, well established, Solicitors based in Southampton.

- **Closing date:** 24 Jul 2015
- **Possible start date:** 26 Jul 2015

- [Apprentice Secretary \(Conveyancing Department\)](#)

Eric Robinson (Added 3 days ago)

Eric Robinson are looking for an eager to learn, apprentice to build their career in their busy conveyancing department. The apprentice will learn all aspects of administration and client service. Don't miss out! Apply Now!

- **Closing date:** 27 Jul 2015
- **Possible start date:** 03 Aug 2015

- [Electro-mechanical Engineer Apprenticeship](#)

Rotamec Ltd (Added 26 Jun 2015)

The successful candidate will be given an excellent opportunity to take a career path where every day will be different. With this job you will need a flexible approach that will include overtime, weekend work and call outs when competent.

- **Closing date:** 27 Jul 2015
- **Possible start date:** 10 Aug 2015

- [Apprentice Accounts Administrator](#)

Power Accountax Ltd (Added 24 Jun 2015)

An apprentice is required to complete general office tasks in a small growing chartered accountancy firm.

- **Closing date:** tomorrow
- **Possible start date:** 20 Jul 2015

- [Apprentice Crew Member](#)

McDonald's Restaurants Ltd (Added 25 Jun 2015)

Our programme is a fantastic opportunity to study while you work, leading to a qualification that's equivalent to 5 good GCSE's. If you are highly motivated, it's a great way to deepen your understanding of our business – and boost your career prospects

- **Closing date:** 01 Dec 2015
- **Possible start date:** 28 Jun 2015

- [Apprentice Plumber](#)

Mayflower Theatre Trust(The) (Added 30 Jun 2015)

Apprentice Plumber required to work with our experienced facilities team. Assisting with general maintenance, fault finding, and repairs to older and modern pipework, this is an interesting and varied post for someone looking to start a plumbing career.

- **Closing date:** in 4 days
- **Possible start date:** 27 Jul 2015

- [Hairdressing Apprentice](#)

Lisa Edwards (Added 01 Jul 2015)

WE ARE CURRENTLY RECRUITING FOR THE ABOVE ROLE. IF YOU ARE VERY HARD WORKING AND HAVE A PASSION FOR THIS INDUSTRY YOU MAY BE WHAT WE LOOKING FOR.

- **Closing date:** 02 Aug 2015
- **Possible start date:** 01 Sep 2015

- [Apprentice Support Consultant](#)

Drivers Ltd (Added 03 Jun 2015)

The perfect opportunity to join a family run recruitment company in Southampton specialising in driver recruitment. You will learn key skills for the office environment as well as develop skills to enable you to work in this exciting, fast paced industry.

- **Closing date:** 31 Jul 2015
- **Possible start date:** 07 Aug 2015

- [Apprentice Crew Member](#)

McDonald's Restaurants Ltd (Added 25 Jun 2015)

Our programme is a fantastic opportunity to study while you work, leading to a qualification that's equivalent to 5 good GCSE's. If you are highly motivated, it's a great way to deepen your understanding of our business – and boost your career prospects

- **Closing date:** 01 Dec 2015

- **Possible start date:** 28 Jun 2015

- [**AAT Bookkeeper Apprenticeship**](#)

Abds Accountancy (Added 18 May 2015)

An outstanding chance to join a well-established accountancy company in Southampton. ABDS Chartered Certified Accountants are looking for a motivated and enthusiastic individual to join their accounts department.

- **Closing date:** 07 Aug 2015
- **Possible start date:** 24 Aug 2015

- [**Payroll Apprentice**](#)

One Way Resourcing Ltd (Added 25 Jun 2015)

Weekly processing of contractors hours from timesheets submitted, identifying and resolving any queries that may arise whilst entering this information

- **Closing date:** tomorrow
- **Possible start date:** 10 Aug 2015

- [**Apprentice Administrator**](#)

One Way Resourcing Ltd (Added 2 days ago)

Are you looking for the perfect apprenticeship opportunity that will allow you to build the foundation for a long and successful career within Business Administration? If yes, apply now!

- **Closing date:** 27 Jul 2015
- **Possible start date:** 03 Aug 2015

- [**Apprentice Field Engineer \(Southampton\)**](#)

Vodafone UK Limited (Added 24 Jun2015)

Vodafone Apprenticeships - We're at our best when you're at yours. Our Level 3 Field Engineer Apprenticeship empowers those with a keen interest in technology to solve our customer's technical problems from day 1 working out in the field across the UK. (2 positions available)

- **Closing date:** 24 Jul 2015
- **Possible start date:** 28 Sep 2015

- [**Carpentry Apprenticeship \(Southampton\)**](#)

Bovis Homes Ltd (Added yesterday)

Bovis Homes are looking to recruit dynamic, dedicated hardworking individuals who are looking to gain an apprenticeship in Carpentry.

- **Closing date:** 24 Jul 2015
- **Possible start date:** 01 Sep 2015

- [**Apprentice Bricklayer \(Southampton\)**](#)

Bovis Homes Ltd (Added yesterday)



Bovis Homes are looking to recruit dynamic, dedicated hardworking individuals who are looking to gain an apprenticeship in Bricklaying.

- **Closing date:** 24 Jul 2015
- **Possible start date:** 01 Sep 2015
- [Pipelines Maintenance Apprentice \(Southampton\)](#)

Scotia Gas Networks Limited (Added 18 Jun 2015)

We are looking for highly motivated people to join our Pipelines Maintenance Apprentice Programme. The programme will develop you to become a competent skilled maintenance engineer with one of the leading Gas Transportation companies in the UK.

- **Closing date:** in 6 days
- **Possible start date:** 19 Oct 2015
- [Pressure Control Maintenance Apprentice \(Southampton\)](#)

Scotia Gas Networks Limited (Added 18 Jun 2015)

We are looking for highly motivated people to join our Pipelines Maintenance Apprentice Programme. The programme will develop you to become a competent skilled pipelines engineer with one of the leading Gas Transportation companies in the UK.

- **Closing date:** in 6 days
- **Possible start date:** 19 Oct 2015
- [Apprentice Retail Assistant \(Southampton\)](#)

Aldi (Added 30 Jun 2015)

Aldi is the fastest-growing supermarket in the UK today. We have over 9,000 stores (in over 18 countries) offering our wonderful customers the best quality products at a price they love. But it's our people who make our business really special. (3 positions available)

- **Closing date:** 10 Sep 2015
- **Possible start date:** 21 Sep 2015
- [Customer Advisor Apprentice \(Southampton\)](#)

EE LIMITED (Added yesterday)

We're taking on Apprentices in many of our 700+ stores up and down the country, so there's sure to be an opportunity near you. As long as you're energetic, ambitious and ready to learn. You will gain an NVQ Level 2 in Retail.

- **Closing date:** 14 Aug 2015
- **Possible start date:** 24 Aug 2015
- [Plumbing Apprenticeship \(Southampton\)](#)

Bovis Homes Ltd (Added yesterday)

Bovis Homes are looking to recruit dynamic, dedicated hardworking individuals who are looking to gain an apprenticeship in Plumbing.

- **Closing date:** 24 Jul 2015
- **Possible start date:** 01 Sep 2015
- [Apprentice Concierge Porter](#)

GRAND HARBOUR HOTEL TR  IG LIMITED (Added 6 days ago)

The main function for this role is to assist all visitors upon their arrival to the hotel and promote high standards of customer service consistently.

- **Closing date:** 19 Jul 2015
- **Possible start date:** 27 Jul 2015
- [Purchasing and Sales Administration Apprentice](#)

Vanguard Fixings Ltd (Added 3 days ago)

A fantastic opportunity has arisen for a young and enthusiastic person looking to start their career in business administration. Vanguard Fixings an established company based in Southampton looking to recruit an Administration Apprentice.

- **Closing date:** in 5 days
- **Possible start date:** 28 Jul 2015
- [Vehicle Body Repair Apprentice – Level 2 & 3](#)

Spitfire Garage (Autotekk) Ltd (Added 2 days ago)

Spitfire Garage are looking for a motivated individual to join them as a vehicle body repair apprentice. This is a fantastic opportunity for enthusiastic people to kick start their career within the automotive industry.

- **Closing date:** 31 Jul 2015
- **Possible start date:** 10 Aug 2015
- [ATA Apprentice Warehouse Person - Southampton](#)

EDA Learning and Development Limited (Added yesterday)

A Warehouse person required for a busy electrical wholesale and distribution centre. Working in a small team. Full training given

- **Closing date:** 21 Jul 2015
- **Possible start date:** 03 Aug 2015
- [Apprentice Vehicle Fitter \(Southampton\)](#)

Protyre Fast Fit Centres Limited (Added 2 days ago)

A Vehicle Tyre Fitting Apprentice plays an important role in the automotive industry in today's busy society.

- **Closing date:** 27 Jul 2015
- **Possible start date:** 10 Aug 2015
- [Sales Support Apprentice](#)

Airsys Communication (Added today)

Do you have a confident and outgoing personality? Are you well organised with the ability to build strong relationships with others? Do you enjoy being busy? If the answer is yes, then this could be the role for you!

- **Closing date:** 19 Jul 2015
- **Possible start date:** 27 Jul 2015
- [Apprentice Sales & Lettings Administrator](#)

Lettings Direct Limited (Added 10 Jun 2015)

Great opportunity to develop your career in the dynamic lettings industry

- **Closing date:** today
- **Possible start date:** 03 Aug 2015
- [Apprentice Training Administrator](#)

OMT Training Limited (Added 05 Jun 2015)

A fantastic opportunity to be involved in all aspects of administering training courses from set up to delivery to feedback. Organisation skills and passion are essential and the rewards of career progression and skill development are there for the taking.


- **Closing date:** 31 Jul 2015
- **Possible start date:** 17 Aug 2015

[Apprentice Resourcer \(Customer Services\)](#)

ITS (Added 3 days ago)

Being a resourcer is usually a Monday to Friday role, 9am - 5pm. Although the role is mainly desk-based, you'll get to meet clients and candidates both on and off site.

- **Closing date:** 02 Aug 2015
- **Possible start date:** 10 Aug 2015
- [Apprentice Office Administrator](#)

Thunderbolts Ltd (Added 6 days ago )

Office Administrator to deal with general office admin, answering the telephone and computer input.

- **Closing date:** 19 Jul 2015
- **Possible start date:** 03 Aug 2015
- [Apprentice Office Administrator](#)

PAINT POTS PRE-SCHOOL & NURSERY LIMITED (Added 03 Jun 2015)

Paint Pots Nursery are excited to offer you the opportunity to join their team as an apprentice administrator. We are looking for someone with strong interpersonal skills to assist in the day to day operations & communication at our Southampton Head Office

- **Closing date:** 31 Jul 2015
- **Possible start date:** 07 Aug 2015
- [Sales Apprentice](#)

G10 SOLUTIONS LIMITED (Added yesterday)

Are you self-motivated and driven? Would you thrive in a sales environment? If you answered yes, this could be the role for you..... (4 positions available)

- **Closing date:** 27 Aug 2015
- **Possible start date:** 31 Aug 2015
- [Apprentice Nursery Assistant](#)

Paintpots (Added 10 Jun 2015)

Do you want to start a career in childcare? An exciting opportunity has opened up at Paint

Pots Nursery in West End. You will work alongside other members of staff to create a stimulating and caring environment to encourage children to learn.

- **Closing date:** 01 Aug 2015
- **Possible start date:** 08 Aug 2015
- [Pharmacy Services Apprentice \(Southampton\)](#)

Pharmacy Direct - Vantage Pharmacy (Added 29 Jun 2015)

The role of a Pharmacy Apprentice will be a varied and interesting one as the employer is looking to develop the Apprentice into a long term member of staff who can build a successful career. (5 positions available)

- **Closing date:** in 4 days
- **Possible start date:** 20 Jul 2015
- [Apprentice I.T Engineer](#)

Yo Telecom Ltd (Added 23 Jun 2015)

- Internal engineering Support Role - Maintaining Existing Customer Base -Project management of New Installations (2 positions available)

- **Closing date:** in 4 days
- **Possible start date:** 27 Jul 2015
- [Internal Sales Apprentice - 4560](#)

Yo Network Services Ltd (Added 14 May 2015)

A brilliant opportunity has arisen for a money driven individual to join an ever growing company and help them achieve their goals. The Internal Sales Consultant will play a key role in driving the business forward all while developing professionally. (5 positions available)

- **Closing date:** 12 Aug 2015
- **Possible start date:** 14 Aug 2015
- [Business Administration Apprentice](#)

Witherswood Ltd (Added 23 Jun 2015)

Witherswood Limited is looking for competitive, organised and eager-to-learn individual to join their exciting, professional and experienced team.

- **Closing date:** in 3 days
- **Possible start date:** 27 Jul 2015
- [Childcare Apprenticeship](#)

Witherswood Ltd (Added 23 Jun 2015)

This is a good opportunity to begin working with children aged 0-5 years of age in an apprenticeship role.

- **Closing date:** 26 Jul 2015
- **Possible start date:** 03 Aug 2015
- [Apprentice Accounts Technician](#)

Jsr Management & Hr Consultancy Services Ltd (Added 26 Jun 2015)

This is an exciting opportunity for an individual that is looking to develop a career in Accountancy – then apply now to join our team.

- **Closing date:** today
- **Possible start date:** 06 Aug 2015

- [**Apprentice Nursery Nurse**](#)

Pixies Day Nursery (Added 12 May 2015)

Want to train as a nursery assistant? Here is the perfect opportunity at our nursery in Southampton to be part of a friendly, supportive team, caring for and meeting the needs of children aged between 0-5 years, creating a safe environment.

- **Closing date:** tomorrow
- **Possible start date:** 15 Jul 2015

- [**Business Admin Apprentice**](#)

The Old Fire Station Surgery (Added 18 Jun 2015)

Working in a very busy office with a varied workload. Duties will include manning the reception and clerical duties.

- **Closing date:** today
- **Possible start date:** 06 Aug 2015

- [**Beauty Therapy Apprentice**](#)

L A Nails (Added 29 Jun 2015)

A fantastic opportunity to become an apprentice in a successful salon. Full training will be given, working towards gaining Level 2 NVQ qualification in Beauty Therapy.

- **Closing date:** 31 Aug 2015
- **Possible start date:** 07 Sep 2015

- [**Apprenticeship in Nail Services**](#)

L A Nails (Added 26 Jun 2015)

A fantastic opportunity to undertake an Apprenticeship in Nail Services in L A nails located in Southampton.

- **Closing date:** 31 Aug 2015
- **Possible start date:** 07 Sep 2015

- [**Apprentice Dental Nurse**](#)

S and K Dental Care Ltd (Added 2 days ago)

We are looking to recruit an enthusiastic Apprentice Dental Nurse to join our Practice in Shirley

- **Closing date:** 21 Jul 2015
- **Possible start date:** 04 Aug 2015

- [**Business Administration Apprentice**](#)

R & M Electrical Group Ltd (Added 11 Jun 2015)

Are you technically minded and creative? Do you have a flair for solving mathematical problems and thinking scientifically? This opportunity to start an apprenticeship and work

towards becoming a qualified Lighting Design Engineer is waiting for you.

- **Closing date:** 31 Jul 2015
- **Possible start date:** 10 Aug 2015

- [**Apprenticeship Business Administrator**](#)

JP Postal Services Ltd (Added 01 Jul 2015)

JP Postal Services Ltd are looking to take on a Business Administrator Apprentice, to join there growing team.

- **Closing date:** 19 Jul 2015
- **Possible start date:** 27 Jul 2015

- [**Apprentice Assistant Childcare Practitioner**](#)

Foundry Lane Playgroup (Added 01 Jul 2015)

If you want a career in childcare development then join our friendly team. This is a fantastic opportunity for you to start your career, and learn new skills within the industry.

- **Closing date:** 27 Aug 2015
- **Possible start date:** 14 Sep 2015

- [**Apprentice Home care support worker**](#)

Nobilis Care Ltd (Added 01 Jul 2015)

Nobilis is a family run company looking for care/support workers to join our enthusiastic and friendly team delivering domiciliary care to the homes of our clients. We have full-time and part-time hours available in the mornings, daytime, evenings & weekends.

- **Closing date:** 02 Aug 2015
- **Possible start date:** 10 Aug 2015

- [**Gym Apprentice**](#)

City Gym Southampton Ltd (Added yesterday)

Exciting opportunity to complete an Apprenticeship Programme in Active leisure .Friendly employer delivered by an award winning provider! Duties include example Apply Today!

- **Closing date:** 03 Aug 2015
- **Possible start date:** 10 Aug 2015

- [**Apprentice Early Years Practitioner**](#)

Corinne Finlay (Added 3 days ago)

Rainbow Pre-school are currently recruiting an apprentice early years practitioner. If you are looking to gain a childcare qualification with an expanding company, this career could be for you!

- **Closing date:** 25 Aug 2015
- **Possible start date:** 03 Sep 2015

- [**Nursery Assistant Apprentice**](#)

The Trees Day Care Nursery (Added 30 Jun 2015)

Apprentice required to undertake all duties within a busy nursery to support qualified staff

whilst gaining own qualification. (2 positions available)

- **Closing date:** 26 Jul 2015
- **Possible start date:** 03 Aug 2015
- **[Electrical Maintenance Engineer Advanced Apprentice](#)**

Freight Liner Ltd (Added 19 Jun 2015)

An exciting opportunity to work within a fast-paced and varied engineering environment.

- **Closing date:** tomorrow
- **Possible start date:** 02 Sep 2015

www.apprenticeships.gov.uk/



apprenticeship vacancies

www.paidtolearn.co.uk/search

- **[Apprentice Sales Negotiator](#)**

Estate Agency / Southampton, Hampshire Apply by 15/07/15

This national client is looking to employ a sales negotiator apprentice - this is a great opportunity to start your career in the property sector

- **[Apprentice Lettings Negotiator](#)**

Estate Agency / Eastleigh, Hampshire Apply by 20/07/15

This is a fantastic opportunity to begin your career in estate agency; you will also be gaining a nationally recognised qualification

- **[Apprentice Sales Negotiator](#)**

Estate Agency / Totton, Southampton Apply by 23/07/15

This is a great opportunity to begin your career in the property sector, starting by learning the ropes and progressing into a career

- **[Apprentice Office Administrator](#)**

Business Admin / Southampton, SO17 Apply by 17/07/15

Are you looking for a new admin role? This could be just the role you're looking for!

- **[Apprentice Sales Negotiator](#)**

Estate Agency / Southampton, Hampshire Apply by 16/07/15

This is a great opportunity to begin your career in the property sector, starting by learning the ropes and progressing into a career

- **[Apprentice Lettings Business Administrator](#)**

Business Admin / Eastleigh, Hampshire Apply by 17/07/15

Do you want a career as an apprentice administrator in the property sector? Then this could be the position for you

- **[Apprentice Business Administrator](#)**

Business Admin / Eastleigh, Hampshire Apply by 23/06/15

This is a fantastic opportunity to join a well-known optical care brand, starting your business administration career

- **[Apprentice Sales Assistant](#)**

Other / Southampton - SO17 Apply by 17/07/15

Are you self-motivated and driven? Would you thrive in a sales environment? If you answered yes, this could be the role for you

- **[Apprentice Sales Negotiator](#)**

Estate Agency / Southampton, Hampshire Apply by 17/07/15

This is a fantastic opportunity to work for a nationwide estate agency whilst starting your sales negotiator career

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www.rbsbankyoubuild.com/school-leavers/apprenticeships

Vacancy UK & Ireland - Commercial and Private Banking - Apprenticeship Programme - Relationship Management - Capital Transaction Management - **Southampton** - 2015

Open date 15 May 2015

Close date 31 July 2015

Please note: the closing date has been extended

Vacancy UK & Ireland - Commercial and Private Banking - Apprenticeship Programme - Relationship Management - Corporate & Commercial - **Southampton - Chandlers Ford** - 2015

Open date 15 May 2015

Close date 31 July 2015

Please note: the closing date has been extended

Vacancy UK & Ireland - Commercial and Private Banking - Apprenticeship Programme - Relationship Management Support - Corporate & Commercial - **Southampton** - 2015

Open date 30 April 2015

Close date 31 July 2015

Please note: the closing date has been extended

Vacancy UK & Ireland - Personal and Business Banking - Apprenticeship Programme - Customer service - Direct Bank Telephony - **Southampton** - 2015

Open date 30 April 2015

Close date 31 July 2015

Please note: the closing date has been extended

Teaching Assistant Apprenticeship

Are you looking for a career in Education?



Gain experience and qualifications with this unique opportunity from Youthforce and Newlands Primary School

Youthforce is currently seeking applications to join the team at Newlands Primary School, supporting teaching and learning of students at the School.

Position:	Teaching Assistant Apprentice
Salary:	£105 per week
Hours:	30-35 hours per week to include training
Location:	Newlands Primary School, Southampton

In your role as a Teaching Assistant Apprentice, you will play a pivotal role in the development of positive educational experiences for young people in education. Working with the support of qualified teaching staff you will be expected to contribute in the following areas among others:

- Lesson Preparations
- Support learning of small groups or individuals
- Maintaining lesson resources and designated areas
- Support extracurricular activities, (e.g. clubs, activities, trips, open days, presentation evenings)
- Assist with special activities in the school within school hours (e.g. sporting events, open days)

Our Teaching Assistant Apprentices will experience an exciting, challenging and varied apprenticeship with high quality training that will support them to become an experienced and qualified professional within education, opening future pathways for careers in education. Apprentices will study to complete their Level 2 Certificate in Supporting Teaching and Learning in Schools during their 12 months.

To express your interest in this vacancy please visit our website
www.youthforce.co.uk/apprenticeships/apprenticeship-sign-up/

Alternative contact:
daniel.lloyd@youthforce.co.uk

Business Administration Apprenticeship



Gain experience and qualifications with this unique opportunity from Youthforce and Redbridge Primary School

Youthforce is currently seeking applications to join the team at Redbridge Primary School, assisting office administration for staff, students, parents and visitors to the School.

Position: Business Administration Apprentice
Salary: £105 per week
Hours: 30 hours per week to include training
Location: Redbridge Primary School, Southampton

The desired candidate will provide school administration duties, ensuring an effective and friendly administrative support within the school setting whilst delivering a professional service to parents, children and visitors to the school. As part of your role you will:

- Assist in administration and recording; dealing with incoming and outgoing mail; producing and maintaining high quality displays of pupils work around the school.
- Operate photocopying and duplicating machines, providing an efficient reprographics and general resources service. Good IT skills will also be required.
- Use excellent communication skills when answering general telephone enquiries and passing on messages to relevant persons is essential.
- Be organised to complete filing as and when required, provide support in other school administration areas such as maintenance of pupil database, purchase orders, invoices and organise school trips and visits.

Apprentices will study to complete their Level 2 Diploma in Business Administration in Schools during their 12 months.

To express your interest in this vacancy please visit our website
www.youthforce.co.uk/apprenticeships/apprenticeship-sign-up/

Alternative contact:
daniel.lloyd@youthforce.co.uk

P.E. & Sports Teaching Assistant Apprenticeship

Are you looking for a career in Education?



Gain experience and qualifications with this unique opportunity from Youthforce and Newlands Primary School

Youthforce is currently seeking applications to join the team at Newlands Primary School, supporting the delivery of P.E. & Sports to students at the School.

Position: P.E. & Sports Teaching Assistant Apprentice
Salary: £80 - 115 per week
Hours: 30-35 hours per week to include training
Location: Newlands Primary School, Southampton

In your role as a Teaching Assistant Apprentice, you will play a pivotal role in the development of positive educational experiences for young people in education. Working with the support of qualified teaching staff you will be expected to contribute in the following areas among others:

- Lesson Preparations
- Support learning of small groups or individuals
- Maintaining lesson resources and designated areas
- Support extracurricular activities, (e.g. clubs, activities, trips, open days, presentation evenings)
- Assist with special activities in the school within school hours (e.g. sporting events, open days)

Our Teaching Assistant Apprentices will experience an exciting, challenging and varied apprenticeship with high quality training that will support them to become an experienced and qualified professional within education, opening future pathways for careers in education. Apprentices will study to complete their Level 2 Certificate in Supporting Teaching and Learning in Schools during their 12 months.

To express your interest in this vacancy please visit our website
www.youthforce.co.uk/apprenticeships/apprenticeship-sign-up/

Alternative contact:
daniel.lloyd@youthforce.co.uk

Current local vacancies with FNTC



Childcare

Employers :- Witherswood

Job role:- Childcare Apprentice

Location:- Portswood

Apprenticeship qualification:- Level 2/3 childcare qualification

Weekly salary:- 98.28

Weekly working hours:- 36 hours per week

Employer:- Cuddles and Care Too

Job roles:- Childcare Apprentice

Location:- Eastleigh

Apprenticeship qualification:- Level 2 or 3 childcare qualification

Weekly salary:- £95.55

Weekly working hours:- 35 hours per week

Health and Social Care

Employer:- Nobilis Care

Job role:- Apprentice home care support worker

Location:- Millbrook

Apprenticeship qualification:- Level 2 or 3 health and social care qualification

Weekly salary:- £309.20

Weekly working hours:- Approx 40 hours per week and alternate weekends.

Business Administration

Employer:- ITS construction

Job role:- Apprentice Resourcer (Customer Services)

Location:- Southampton

Apprenticeship qualification:- Level 2 or 3 Business Administration qualification

Weekly salary:- £102.38

Weekly working hours:- Mon-Fri 8.30am-5 pm 37.5 hours per week

Employer:- Fitrah Sips

Job roles:- Apprentice Administrator

Location:- Southampton

Apprenticeship qualification:- Level 3 Business Administration

Weekly salary:- £81.90

Weekly working hours:- 30 hours per week

Employer:- Rund Partnership

Job roles:- Administrator Apprentice

Location:- Eastleigh

Apprenticeship qualification:- Level 2 Business Administration

Weekly salary:- £112.50

Weekly working hours:- 40 hours per week

Please find the link for the Apprenticeships website:-

<https://www.gov.uk/apply-apprenticeship>

Louise Fredericks
Business Development
www.fntctraining.co.uk
Telephone 02380
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Do **NOT** contact the Employer direct

Current Vacancies

[Office Apprentice - Dr Bush and Partners](#)

Location: Hedge End, Southampton

Salary: £111.00 per week (on start)

[Job Details](#)

- See more at: <http://www.peta.co.uk/180/business-job-feed#sthash.eNkRBbce.dpuf>

[Computer Operator - Kingfisher IT Services UK Ltd](#)

Location: Chandlers Ford

Salary: £160.00 per week

[Job Details](#)

- See more at: <http://www.peta.co.uk/181/ict-jobs#sthash.mYx4zUc3.dpuf>

[1st Line Support Technician - Stickman Technology](#)

Location: Holbury, Southampton

Salary: £160.00 per week

[Job Details](#)

- See more at: <http://www.peta.co.uk/181/ict-jobs#sthash.mYx4zUc3.dpuf>

Web: www.peta.co.uk/choices

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88% of employers who employ apprentices believe that apprenticeships lead to a more motivated and skilled workforce



What are they?

MPCT's apprenticeship program is a package of on-the-job training for young people aged 16 to 23 years old, leading to nationally recognised qualifications. The scheme is an ideal way of upskilling workforces in order to resolve skills gaps, enhance productivity and maximise employee engagement. We currently offer two routes - 'Exercise & Fitness' and 'Activity Leadership'.

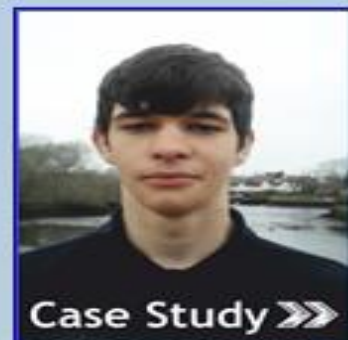
Who are they for?

Apprenticeships are open to all age groups above 16 years-old, whether you are just leaving school, seeking to start a new career or are moving into a new role with your existing employer that requires new skills. 130,000 companies now offer apprenticeships.

What are the benefits?

Some of the many benefits are:

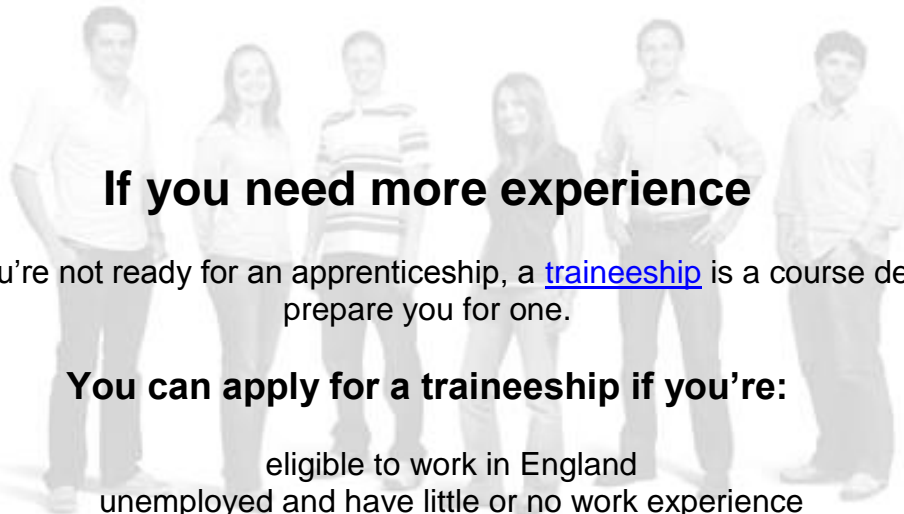
- Reduce skills gaps and shortages
- Enhance workforce productivity
- Improve employee engagement
- Boost customer service results
- Increase Return on Investment
- Grow your business





TRAINEESHIPS

TRAINEESHIPS



If you need more experience

If you feel you're not ready for an apprenticeship, a [traineeship](#) is a course designed to prepare you for one.

You can apply for a traineeship if you're:

eligible to work in England
unemployed and have little or no work experience
aged 16 to 18 and qualified below Level 3, or aged 19 to 24 and qualified below Level 2

A traineeship is a course to get you ready for work or an apprenticeship.
It can take up to 6 months.

You'll get:

help with English and maths (if you need it)
a work experience placement lasting at least 6 weeks

You won't be paid, but your employers can sometimes give you
expenses for things like travel and meals.

The [National Careers Service](#) has advice on writing applications and what to
do at interviews.

Apprenticeship helpline

Telephone: 0800 015 0400 or 0247 682 6482
nationalhelpdesk@apprenticeships.gov.uk



www.gov.uk/find-traineeship



get on get a traineeship

If you're 16-24 and need some experience, Kaplan will help you get there and help you get on.

in accountancy

To get on a Traineeship

Call: 0161 233 4596 or visit: www.kaplantraineeships.co.uk

Funded by
**Skills
Funding
Agency**

Traineeships

Apprenticeships



KAPLAN



want to be a lifeguard or fitness instructor?

work experience
progression to Apprenticeships
only 14 weeks training

gain £100 vouchers
amazon

future proof

your life

FREE
COURSE
BASED IN
HAMBLE.
APPLY NOW!

FREE
training
16-24 yrs

ICON
TRAINING
unlocking potential


Traineeships





Learndirect are offering a new and exciting **Traineeship programme** aimed at people aged between **16-18** that are not in employment, education or training.

The **learndirect** Traineeship is a programme designed to provide the skills to progress into an Apprenticeship and gain real life work experience at the same time. We are currently offering opportunities in Childcare, Business Administration and Hospitality.

All travel expenses to and from the classroom and work placement are fully reimbursed and a bursary allowance will be paid to learners who are committed to the programme.

To express your interest please contact

Russell.smith@learndirect.com

Jamie.webber@learndirect.com

or telephone **07557233028**





OTHER TRAINING

Women's Get-Fit Session

Learn Urban Combatives

Women's Self-Protection Techniques
great for empowering women and promoting self-confidence



Monday

1.30pm - 2.30pm

SPARTANS GYM
72 - 94 Millbank Street
Northam Soton SO14 5QN

or meet the
Saints4Sport Team before
at 1:15pm

4 The Carronades
New Road
Southampton
SO14 4AA

Get-Fit & have fun doing it together!

Beginners - all levels of fitness welcome

Female Coach - the session is a combination of:
Urban Combatives - Women's Self-Protection Techniques using pads
Circuit Training - fat burning exercises
with light weights, medicine ball, steps, kettle-bells etc
Stomach exercises - strengthening & reducing fat

Get your support worker to refer you or self-refer by email

saints4sport@ssj.org.uk

Call Lisa 07467941498 or Karen 07508010344 for a chat

Once in a LIFETIME

National Citizen Service (NCS) is a way for 15 to 17 year olds living in England and Northern Ireland to make extraordinary friendships, learn the skills they don't teach you in class and create unforgettable memories.

Remember, It All Starts At **Yes...**

It all starts at yes...



GROW YOUR CONFIDENCE



MAKE YOUR UCAS APPLICATION STAND OUT



MAKE NEW FRIENDS



DEVELOP THE SKILLS THAT EMPLOYERS WANT



GET A KILLER CV



ACCESS TO EXCLUSIVE EVENTS

REMEMBER YOU'LL...

- STAY AWAY FROM HOME AT AN OUTDOOR ACTIVITY CENTRE
 - DEVELOP NEW SKILLS AND MEET NEW PEOPLE
 - LEARN TO BUDGET AND LIVE FOR YOURSELF
- MAKE YOUR MARK IN YOUR LOCAL AREA DELIVERING YOUR SOCIAL ACTION PROJECT
 - RECEIVE A CERTIFICATE SIGNED BY THE PRIME MINISTER
 - KEEP VOLUNTEERING
 - BE AWESOME



When does NCS RUN ?

NCS runs out of term time, so there's an NCS programme for everyone. No matter what your commitments in the year or what your summer holiday plans are, just register and we'll get you on the next suitable programme you can do.

SPRING

- In Phase 1 you will stay away at the outdoor activity centre for 3 nights and 4 days
- In Phase 2 you will live at home whilst you and your team meet up to learn new skills and meet people from your area

SUMMER

- During Phase 1 you will stay at the outdoor activity centre
- During Phase 2 you will live away from home e.g. in student accommodation as you learn to budget and cook for yourselves independently

AUTUMN

- In Phase 1 you will stay away at the outdoor activity centre for 3 nights and 4 days
- In Phase 2 you will live at home whilst you and your team meet up to learn new skills and meet people from your area

www.ncsyes.co.uk

No matter which programme you take part in there will be at least an additional 30 hours of social action which will be in your own time where you'll deliver your own amazing social action project. **How cool is that?**



Not achieved your grades?

Not sure of your future?

**Feel more confident in a small
group?**

Not a problem!

Steps 2 Success

Make a fresh start with Totton College.

**Our part time programme will support you to make choices
about your future.**

Contact: Karen Keen Young
Tel: 023 80874874
Email: info@totton.ac.uk
Website: www.totton.ac.uk

Saints4Sports



Monday

BOX-FIT 12noon - 1pm

Spartan's Gym 72-94 Millbank Street, Northam SO14 5QN

Elite Box-Fit session includes fitness, conditioning, inner core strength & boxing

Meet 11.30pm at 4 The Carronades New Road SO14 0AA - 3 minute walk

Women's GET-FIT & Urban Combatives 1.30 – 2.30pm

Spartan's Gym 72-94 Millbank Street, Northam SO14 5QN

Women's only session includes: getting fit, improve confidence and

learn Urban Combatives Womens Self-Protection Techniques

Meet 1pm at 4 The Carronades New Road SO14 0AA - 3 minute walk

FOOTBALL 11 a-side football For details call **Scott 07535656090**

Mount Pleasant School Mt Pleasant Rd, Southampton SO14 0WZ or

Southampton Sports Centre Thornhill Rd, Southampton, SO16 7AY

Train & play in a football league. Training session 6 -7.30pm

Team only for Matches 7pm-8.30pm KO depending on league for times



Tuesday

GYM 10-12pm

The Quays Leisure Centre 7 Harbour Parade, Southampton SO15 1BA

Gym: Cardiovascular area, fixed and free weights or swim in the pool - Beginners welcome.

Meet 9.30am - 4 The Carronades New Rd SO14 0AA a 10 minute walk.

Wednesday

KICKBOXING 11-12pm

Spartan's Gym 72-94 Millbank Street, Northam SO14 5QN

Kickboxing for self-defence and fitness.– beginners welcome.

TAI CHI 12-1pm

No sessions until further notice – building works under construction at Wutan Studio



FISH4SKILLS 10am-3pm

FLE - Greenridge Farm Green Lane, Romsey SO51 9BN.

Learn basic fishing skills – a 6 week accredited course with a day at Sparshott College.

Meet 9.30am at 4 The Carronades New Road SO14 0AA.

FOOTBALL 11 a-side football For details call **Scott 07535656090**

Mount Pleasant School Mt Pleasant Rd, Southampton SO14 0WZ or

Southampton Sports Centre Thornhill Rd, Southampton, SO16 7AY

Train & play in a football league. Training session 6 -7.30pm

Team only for Matches 7pm-8.30pm KO depending on league for times



FISHERY MANAGMENT 10am-3pm

FLE - Greenridge Farm Green Lane, Romsey SO51 9BN.

Learn basic fishery management skills - 6 week course.

Meet 9.30am at 4 The Carronades New Road SO14 0AA

Friday

GOLF 11.30-1.30pm

A golf activity either at the driving range, a group lesson with the Golf Pro or play 9 Holes.

Meet 11am at 4 The Carronades New Road SO14 0AA.

ALLOTMENT GROUP 10-3pm

Southampton

Experience and learn a range of horticulture skills, including maintaining and developing an

allotment. Meet 9.45am at 4 The Carronades New Road SO14 0AA.

June 2015

How do I go about getting a job?

Work your way through the key skills to learn everything you need to know about getting a job, from writing a stand-out CV to giving your best performance at interview.



Writing your CV



Making connections



Understanding job ads



Building self-confidence

1

2

3

4



Preparing for an interview

5

How do I get ahead using people skills?

Work your way through the key skills to learn everything you need to know about the people skills employers are looking for and how you can use them to best effect.



Discovering your people skills



Growing your people skills



Building your confidence



Putting your people skills into practice

1

2

3

4

Explore this website for lots of tips on getting a job, using people skills, managing your finances and more

SIGN UP NOW!

www.barclayslifeskills.com

COMPUTER COURSES FOR JOB SEEKERS AT CENTRAL LIBRARY



Get started with IT for Job Seekers - 3 day courses

- Free course if you are actively seeking work
- No computer experience necessary
- Ring 023 8083 2162 to book a place

**Learning Centre,
1st Floor,
Central Library,
Civic Centre**

**Mon: 10am-2.45pm
Wed: 10am-2.45pm
Fri: 10am-2.45pm**

With qualified and experienced tutors on hand you will:

- Learn how to use the computer keyboard and mouse skilfully
- Use the internet to search for information on work and leisure
- Set up and use your own email account to contact others
- Learn how to create an electronic CV and send it to employers
- Develop your typing skills
- Search and apply for work with Universal Jobmatch
- Explore job and training opportunities e.g. preparing for a driving theory test
- On completion of the course, refresh your learning with Drop-In-Sessions

Find out more call ☎ 023 8083 2162

If we are not able to take your call please leave a message and we'll get back to you. PLEASE NOTE: CENTRE CLOSED TUES & THURS



Use your library to help in your job search

- Libraries are free to use
- Read Local and National newspapers
- Find hundreds of books to help with CVs, job hunting, starting a business
- Use one of 150 computers with fast internet access to access job search sites, emails and the latest versions of Microsoft Office. Free to use for up to 2 hours per day
- Print high quality colour and black and white - from 10p for A4 b & w
- Scan to computer or usb
- wifi hotspots in Central library and Thornhill library
- Help from knowledgeable staff who can find the resources you need
- Local - with 11 libraries across the City - there is one near you

Use our resources to

- **Create CVs, spreadsheets, databases and presentations**
- **Search for jobs and complete application forms**
- **Apply for benefits and local authority housing**
- **Access internet and email**
- **Scan documents and certificates to attach to emails**

From home?

Find it in our Digital library
www.anywhere.me/southampton
Search the catalogues for books, DVDs and CDs e-books, digital magazines and newspapers.

Get careers information

- Job ideas
- Factsheets on jobs, employment, money, training, employment law
- Links to job finding web sites

Learn to drive

- Need to drive for your next Job?
Practice Theory questions for car or HGV tests

Improve your English skills

Go it alone or set up a business?

- Factsheets on how to start anything from a gardening business to a supply chain
- Help with business plans
- The skills you need and pointers to the next steps to take
- Overview of legal aspects of business

Get Advice at Central library

- Help from experienced tutors in Job Skills workshops
- Over 50s Job Club
- Citizens Advice (CAB) drop-in sessions in Central library Mon - Wed am
- Careers Service advisers pre-booked appointments

Joining is free and easy - Ask at any library



Get Started with Stewarding

In partnership with Southampton Football Club

The Prince's Trust and Southampton Football Club are offering a FREE one-week training course, which gives you a fantastic opportunity to work in a challenging and new environment.

If you are aged 16-25 and unemployed you can apply to join the programme where you will:

- Work towards a Level 2 award in understanding Stewarding at Spectator Events
- **Learn new skills from a professional club**
- Enjoy a fun and rewarding week improving your teamwork, communication and confidence
- **Gain certificates and references upon completion**
- Be supported with travel costs and have lunch provided every day
- **Receive three months support after the programme to help you progress**
- Guaranteed interviews for stewarding positions at the club

This course will run from Monday 20th – Friday 24th July 2015 and based at Southampton Football Club

Taster day will take place **Thursday 16th July 2015** at St Marys Stadium

To register your interest or to find out more please contact us:

Call: James on 07943511218

Text: 'STEWARD' to 07943511218 and we'll call you back

E-mail: james.trezise@princes-trust.org.uk





Get Started



With The Prince's Trust

The Prince's Trust and City Eye are offering a FREE 5 day film training course for young people living in Southampton or the close surrounding areas.

If you are 16-25 not currently in education, training or employment then 'Get Started' with us and achieve your goals.

Join our free film programme where you can:

- ➔ Gain hands on, practical experience in film and production
- ➔ Develop your knowledge and understanding of film and digital media with an experienced industry expert
- ➔ Gain a broad introduction to how the media industry works
- ➔ Receive up to three months' progression support with the Prince's Trust to help you find further work or training
- ➔ Meet new people and improve your communication and teamwork skills
- ➔ Build and develop your confidence and personal skills

INTERESTED?

To be eligible for the programme you must attend a Taster Day on 5th August 2015. We cover transport costs for the Taster Day & for the duration of the programme.

This programme will run from 10th – 14th August 2015

Contact:

To register your interest or for more information contact [James Trezise](tel:07943511218) on 07943511218 or email james.trezise@princes-trust.org.uk alternatively you can text 'Film' to 07943511218.

In Partnership with:



YOUR HORIZON

MENTORING AND FUNDING SCHEME

Do you want to enter the world of work, or perhaps set up your own business?

- 18 - 24?
- Interested in having a free, one on one mentor who will support and guide you on how to enter the world of work, or make that business idea of yours a reality?
- Interested in receiving a funding grant to help create a successful future?

Sign up now

www.your-horizon.org.uk



Supported by



Runs from June to September 2015



You can meet your mentor face to face or virtually, whatever suits you



Mentors will be provided by our supporter, Old Mutual Wealth



Mentees can apply for funding grants in August





SAINTS4SPORT

Saints 4 Sport offers service users:

- **FREE sporting activities run daily**
- **FREE accredited sports courses**
- **Pathways to volunteering & employment**

Day	Activity	Details
Monday	Box Fit	WuTan Martial Arts Studio 1.00pm-2.30pm
Monday	Women's Get Fit	WuTan Martial Arts Studio 2.15pm-3.15pm
Tuesday	Gym & Swim	The Quays Leisure Centre 10.00am-12noon or 9.30am at the DIP
Wednesday	Kickboxing	WuTan Martial Arts Studio 11.00am-12noon
Wednesday	Tai Chi	WuTan Martial Arts Studio 12noon-1.00pm
Thursday	Gym & Swim	The Quays Leisure Centre 10.00am-12noon or 9.30am at the DIP
Thursday	Football	Goals Soccer Centre 2.00pm-4.00pm, 1.30pm meet at the DIP
Friday	Golf	Driving Range, Pitch and Putt & 9 Hole 11.30am-1.30pm

Please meet at the DIP 30 minutes before each session to allow for travel time.

For more information contact

Lisa Latona 07467941498 or Scott Jones 07535656090 or Karen Ringwald 07508010344

Please send referrals to: saints4sport@ssj.org.uk



UKSA - UNLOCKING POTENTIAL PROGRAMME

Saints4Sport has teamed up with the Isle of Wight sailing charity UKSA to deliver a ground breaking personal development programme aimed at supporting young people aged 19-24 who have been involved in Crime. The leading youth sailing charity provides an exciting transformational opportunity for young people through water based activities.

The Unlocking Potential Programme has funding for a cohort of 6 young people and the 4 week long experience focuses on engagement, sail training, ownership and destinations. The programme includes a week-long residential at UKSA headquarters in Cowes, as well as a week on board a Farr 65' yacht manned by a skipper, mate and instructor.

The 4 week programme plan is as follows:

Week 1

Monday 24th August – Friday 28th August
Multi-activity week, residential at UKSA, Cowes

Week 2

Monday 31st August – Friday 4th September
Yachting Phase, residing on the yacht.

Week 3

Monday 7th September – Friday 11th September
Community Project, residential at UKSA (or Southampton, TBC)

Week 4

Monday 14th September – Friday 18th September
Work Experience phase, residential at UKSA
Yachting Phase, residing on the yacht

The four week Hampshire Constabulary funded project is aimed at young people aged 19 to 24 and any applicant must have been involved in criminal activity, or are at risk of becoming involved in criminal activity due to association with anti-social peers or gangs.

Want to find out more information?

This course is a great way for vulnerable young adults to build confidence, self-esteem, overcome barriers to employment and gain life/work skills.

If you are interested or have a young person in mind aged 19-24 years then please contact Lisa Latona or Karen Ringwald. There are very **LIMITED SPACES!**

Saints4Sport, Hants4Sport, Re-Fit & Pathways2Employment

Southampton, Portsmouth & Hampshire
3 The Carronades New Road Southampton SO14 OAA
email: karen.ringwald@ssj.org.uk mobile: 07508010344
Web: <http://www.ssj.org.uk/>

<https://www.facebook.com/Saints4Sport>

Please enjoy this video, produced by Saints Foundation
<https://www.youtube.com/watch?v=tRHWhMYaErc&feature=youtu.be>

SPORTS RELATED ACCREDITATIONS



FISH FOR SKILLS Greenridge Farm Fisheries

Wednesday 25th February - Wednesday 1st April 2015
Thursday 9th April - Thursday 14th May 2015
Thursday 4th June - Thursday 9th July 2015
(9.30am meet at the DIP)
Transport and lunch included.

A six week course based at Greenridge Farm Fisheries learning the basic five disciplines of course fishing, including whip pole, rod and reel, quiver tipping and modern carp fishing. The course also looks at developing personal and social skills as well as focusing on pre-employment skills.

FISHERY MANAGEMENT - LEVEL 1

COURSE 2: Fish and customer care.
Thursday 26th February - Thursday 2nd April 2015
COURSE 3: Work based placement (full week course)
Thursday 9th April - Thursday 9th July 2015

NOTE: Enrolment onto the course is only available once the fish for skills course has been completed. Each course is six weeks.

Funded by



ACTIVE IQ LEVEL ONE IN HEALTH RELATED EXERCISE Gym Based

COURSE 1: Friday 13th, Monday 16th, Friday 20th & Monday 23rd March 2015 (10am-4pm)
COURSE 2: Friday 11th, Monday 14th, Friday 18th & Monday 21st September 2015 (10am-4pm)

To provide learners with the knowledge and skills required to assist with planning, preparing and delivering a safe and effective activity session for a group of participants.

LEVEL 1 IN FOOTBALL COACHING Goals Soccer Centre

4th, 5th, 6th, 7th & 11th May 2015
(10am-4pm)
(9.30am pick up at the DIP)

This course will provide an introduction to the organisation and delivery of safe and enjoyable football coaching sessions for players. It is ideally suited to those wanting to coach groups of players and or teams.



PERSONAL DEVELOPMENT & EMPLOYMENT ACCREDITATIONS

VERY LIMITED SPACES

LEVEL 2 AWARD IN DOOR SUPERVISION WITHIN THE PRIVATE SECURITY INDUSTRY St Marys Stadium

Monday 13th April - Thursday 16th April 2015

The accredited level 2 qualification is ideal for anyone wishing to work as a door supervisor as it provides the necessary skills and knowledge to apply for a SIA licence and work within the private security industry.

LEVEL 2 CERTIFICATE IN CUSTOMER SERVICE St Marys Stadium

COURSE 1: Thursday 12th March, Friday 13th March & Saturday 14th March 2015

COURSE 2: Monday 30th March, Wednesday 1st April & Thursday 2nd April 2015

COURSE 3: Monday 20th April, Thursday 23rd April & Friday 24th April 2015

Learn the key roles in delivering excellent customer service in any organisation where day to day contact and relationship building with customers takes place.



Lisa Latona 02380 727726
Scott Jones 07535 656090
Karen Ringwald 07508 010344

LEVEL 2 IN FIRST AID St Marys Stadium



COURSE 1: Friday 6th March 2015

COURSE 2: Friday 1st May 2015

This qualification is assessed via an on-going oral/written questioning and a practical demonstration. On completion you will be awarded with a certificate and a plastic wallet-sized card detailing your qualification.

LEVEL 1 IN HORTICULTURE Riverside Community Garden, Bishopstoke

Every Tuesday

NOTE: Must attend a minimum of 12 half day sessions although these are flexible and do not need to be every week.

(9.30am pick up at the DIP)

Transport and lunch provided.

Learn gardening and growing skills, including maintaining and developing a community garden.

LEVEL 1,2 OR 3 IN LITERACY College or community based learning Various start dates

LEVEL 1,2 OR 3 IN NUMERACY College or community based learning Various start dates

LEVEL 1 ITC SKILLS (IT) College or community based learning Various start dates

Improve your skills in English, maths or IT. Courses run one day a week and can be community or college based. Course length is dependent on the learner.

PATHWAYS TO EMPLOYMENT



PREMIER INN HOSPITALITY WORK EXPERIENCE

Aims at offering service Users 2 Weeks Unpaid work experience within the Hotel and Hospitality industry. The work experience offers an insight in to catering, front of house and restaurant roles and many of our service Users have gone on to get full and part time work, although this is not guaranteed.



JULY 2015 West Quay & Southampton Central

WORKSHOP: Thursday 9th July (10am-12.30pm)

INTERVIEWS: Friday 10th July (9.30am-1pm)

PLACEMENTS: Monday 20th July - Friday 31st July

AUGUST 2015 North, Eastleigh & Airport

WORKSHOP: Thursday 6th August (10am-12.30pm)

INTERVIEWS: Friday 7th August (9.30am-1pm)

PLACEMENTS: Monday 17th August - Friday 28th August

SEPTEMBER 2015 West Quay & Southampton Central

WORKSHOP: Thursday 3rd September (10am-12.30pm)

INTERVIEWS: Friday 4th September (9.30am-1pm)

PLACEMENTS: Monday 14th September - Friday 25th September

OCTOBER 2015 North, Eastleigh & Airport

WORKSHOP: Thursday 8th October (10am-12.30pm)

INTERVIEWS: Friday 9th October (9.30am-1pm)

PLACEMENTS: Monday 19th October - Friday 30th October

NOVEMBER 2015 North, Eastleigh & Airport

WORKSHOP: Thursday 5th November (10am-12.30pm)

INTERVIEWS: Friday 6th November (9.30am-1pm)

PLACEMENTS: Monday 16th November - Friday 27th November

Supported by



Youth Options
a better future
for young people



Lordshill Youth Project

Lordshill Youth Project

Charity Number: 1147822

Free Football

Mondays 19:00 - 20:00

Oasis Lord's Hill Community Hub



LIKE US — WWW.FACEBOOK.COM/LORDSHILLYOUTHPROJECT

FOLLOW US — [@LORDSHILL_YP](https://twitter.com/LORDSHILL_YP)

MOB. 07766 931757



THINGS NOT WORKING OUT? TIME FOR A CHANGE?

GAIN CONFIDENCE

TAKE CONTROL

MAKE LIFE-CHANGING
CHOICES



A TYPICAL DAY

SESSION 1

Mind puzzles / optical illusions - changing perspective

Group discussion: watch film clip and discuss what's holding you back? What motivates you to keep going?

BREAK

SESSION 2

Small group: timed team challenge to build a Lego model. Team is split into builders (who must stay in room and build model) and communicators (who can leave room to look at instructions sheet but cannot touch Lego and must tell the builder what to do).

Group discussion: how well did you work in your team? Challenges? Strengths?

LUNCH

SESSION 3

Individual work: score yourself on what you like and dislike. Highlight any jobs you like the sound of that match your strengths

Group discussion: how could you talk about your strengths when applying for a job / course?

BREAK

SESSION 4

Team game: name the advert

Group discussion: how do you sell a product?

Small group: team challenge - create a 30 second TV advert which will be filmed and played to whole group

Individual work: how can you advertise yourself so that employers / colleges want to offer you a job / place?

WHAT THEY SAY...

"The course has helped me to realise my future is more certain and set constructive goals for my future."



"Before the course I felt angry and scared. I didn't care about my actions and made a lot of mistakes. I now feel more open and happy about myself, my life and my future. I am glad I have changed and don't want to go back."



"The course has helped me out 100%, best thing I've done in my life. I no longer feel down all the time. I've learnt that you can learn through your mistakes and make yourself better."



THE DETAILS...

DAYS & TIMES

Thursday 5 March
Friday 6 March
Thursday 12 March
Friday 13 March
Thursday 19 March
Friday 20 March
Wednesday 25 March
Thursday 26 March
Wednesday 1 April
Thursday 2 April
10.30am-3.30pm

WHERE?

Above Bar Church,
Ogle Road,
Southampton
SO14 7FE

COST?

Free lunch,
drinks & snacks
Travel expenses
reimbursed

CONTACT BECKY OR CHARLOTTE

023 8070 2222

youth@safe.org.uk

www.safe.org.uk





19 year olds

Win Southampton FC prizes and merchandise.
 Attend 10 sessions to be entered into a prize draw to win prizes.
 Take part in FREE tournaments, competitions and challenges.
 Open to boys and girls.
 Pathways into volunteering and employment.

Woodlands Community College

For aged 10-19yrs. Every Wednesday 5-7pm + Friday 7-9pm
 Football • Cricket • Handball • Rounders • Street Dance •
 Youth Club (Pool & Music)

Oasis Academy Mayfield

For ages 10-19yrs. Every Wednesday 5-7pm + Friday 7-9pm
 Football • Boxing • Cricket • Table Tennis

Veracity Recreation Ground

For ages 10-19yrs. Every Thursday 6-8pm
 Football • Cricket • Basketball • BMX • Skateboarding

Fleming Park

For ages 10-19yrs. Every Friday 7-9pm
 Football

Call now to book your place and avoid disappointment

0845 6889370



MILITARY PREPARATION COLLEGE

at Chamberlayne Arts College, Southampton, SO19 9QP

Places Available NOW!

Looking for a HEAD START?



CALL 08442 438438 NOW!



Aim HIGH, Go FAR!

Book Your Place TODAY!

www.mpct.co.uk

1,850 ARMED FORCES ENLISTMENTS
By Failing to Prepare, You are Preparing to Fail...

- » Enjoy exciting challenges
- » Gain new qualifications
- » Improve your fitness
- » Make new friends

START NOW!

THE Southampton Military Preparation College is for anyone 16 to 18 years of age who wishes to gain the vital skills necessary to prepare them for a career in the Armed Forces or Public Services.

ON the course you will find an environment in which young people can realise their full potential. MPCT Southampton is proud of our successful training programme which engages learners from all backgrounds.

PIONEERING learning at MPCT Southampton fuses physical training, vocational instruction, academic work and personal development.

- ✓ Learn from ex-military instructors
- ✓ Prepare thoroughly for selection
- ✓ Take part in a residential week
- ✓ 1,850 military enlistments since 1999



Get a Head Start in Southampton!

Follow us on:



SKILLS2 ACHIEVE

CASH
incentives
may
apply!!

16-19yrs?

Stuck at home with nothing to do?

- ▶ Want to try something new?
- ▶ Want to meet new people?
- ▶ Want to gain skills and qualifications?
- ▶ Want to get that first foot on the job ladder, apprenticeship or college placement?

Well, if you're a young person aged 16-19 who isn't in training, education or employment, then Skills2Achieve could be for you.

Want to know more?

For more information or to arrange an interview please call Freephone 0808 100 3134 or text 07912 631235.



THE DEAL:

- ▶ Maths and English qualifications.
- ▶ Activities to build essential skills.
- ▶ Qualified tutors to help with your CV, practise interview skills and gain confidence which can lead to work experience or paid work.
- ▶ Have fun!

Up to 52 weeks learning and activity programme designed to suit your individual needs.

Call freephone 0808 100 3134 or text 07912 631235 to find how we can help you *be who you want to be* and for details on how to receive a cash reward.

Centres in Andover, Basingstoke, Farnborough and Southampton.

Postal address: Skills2Achieve, Carpenters Cottage, Enham Place, Enham Alamein, Andover, Hampshire SP11 6JS

Freephone: 0808 100 3134

Email: future@enham.org.uk



Be who you want to be.



S2AEnham





MYCOACHING

Sam Scott - 07762580800

James Welsh - 07432711913

- *Not doing anything?*
- *Want to start a Career in sport?*
- *Improve your CV?*
- *Enjoy Playing Football 16-18?*

Goals Soccer Centre:

Monday

Tuesday

Friday

• *Play football*

• *B - licenced coaches*

• *Gain Qualifications*

Join our 5 a side team!

- *Free to play!*
- *Under 19s!*
- *Monday Night!*

www.my-coaching.co.uk

goals
soccer centres

Limited Spaces!!

City & Guilds



Like us on Facebook:
www.facebook.com/mycoacheducation



Follow us on Twitter: @my_coaching

www.saintsfoundation.co.uk



INFORMATION

DANCER

If you have a talent for dancing, and have the determination to succeed, this could be for you.

As a dancer, you would use movement to interpret music, tell stories and express emotion. You could dance for live audiences or in recorded performances for television, film or music videos.

To be a dancer you would need to have good rhythm and timing. You would need to be enthusiastic and work hard. You would also need to be able to focus and concentrate.

Many professional dancers start lessons at a very young age, and go on to train at a vocational dance school.

In most cases you would follow a choreographer's steps, although you might also improvise movements. You would usually specialise in one form of dance, such as:

- classical ballet
- contemporary dance
- modern stage dance (which includes jazz and tap, and may involve singing and acting in musical theatre)
- African or Asian dance
- street dance.

Performing would only be a small part of your work. You would also spend time:

- rehearsing
- preparing for and attending auditions
- attending dance classes to keep fit and maintain your skills
- promoting yourself and finding the next job.

You might also combine performing with other activities such as teaching, choreography, community dance, or arts administration.

Other types of social dancing (such as ballroom or line dancing) are usually done for fun, but you may be able to make a living from these by teaching or entering professional competitions.



STARTING SALARY
PER YEAR



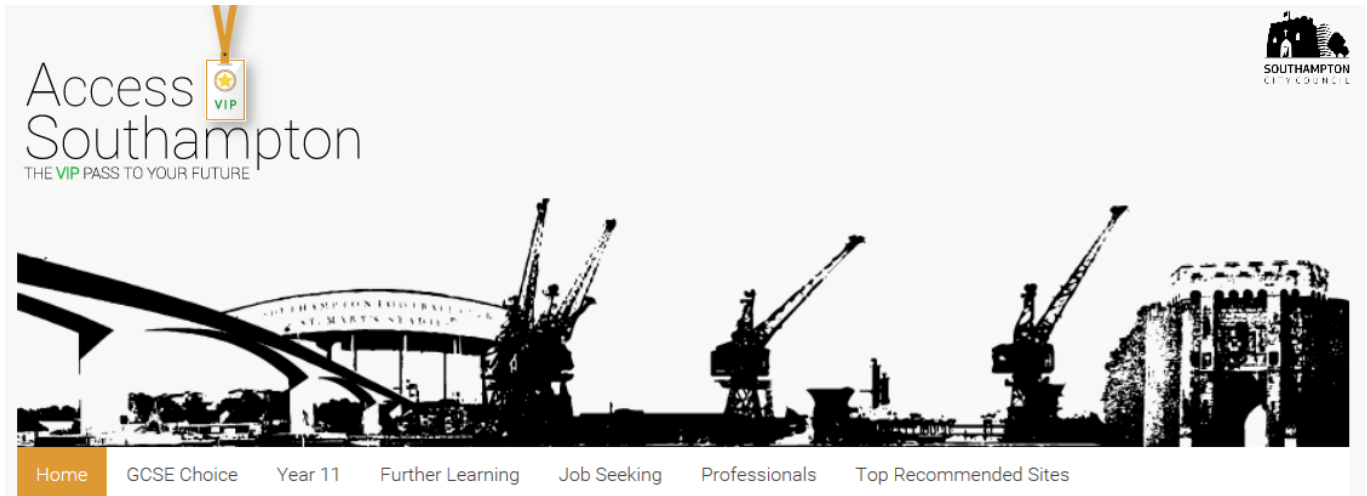
Variable

HOURS
PER WEEK



Variable

SOUTHAMPTON WEBSITES:



Welcome to Access Southampton

Our aim is to support your decision making at the key times in your education



GCSE Choice

Are you choosing your subjects for year 9?



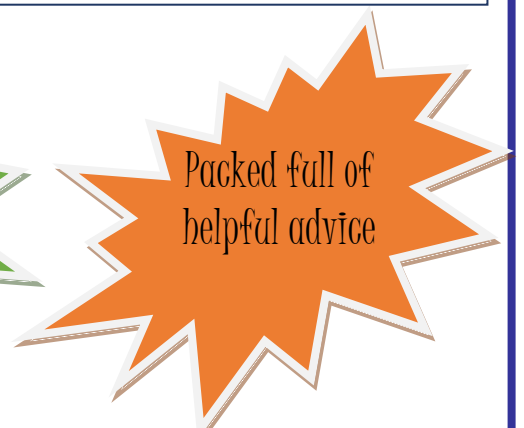
Year 11

Are You Finishing Year 11?



Further Learning

Are You Looking To Further Your Education?



Check out this website designed for Year 9s, through to School and College leavers

www.access-southampton.co.uk

SOUTHAMPTON WEBSITES:

Southampton Information Directory

The screenshot shows the homepage of the Southampton Information Directory (SID). At the top left is the Southampton City Council logo. The main heading reads "WELCOME TO SOUTHAMPTON INFORMATION DIRECTORY (SID)". Below this are three main service categories, each with an icon, a brief description, a list of services, and a "More" button:

- Adults:** Information and support for adults and those that are caring for them. Services include: Caring & Help at Home, Things to Do, Money Matters & Benefits.
- Families:** Information and support for families with children and young people aged 0-19. Services include: Childcare, Things to do, Sure Start Children's Centres.
- SEND Local Offer:** Information and support for children & young people with special educational needs and disabilities aged 0-25. Services include: Short breaks/respite, Schools and Learning, Support for Parent/Carers.

www.sid.southampton.gov.uk

Do more than ever online



Southampton City Council
Government Organisation

Southampton City Council is on Facebook.

To connect with Southampton City Council, sign up for Facebook today.

Sign Up

Log In

Paying my council tax online

Just renewed my library books! #lovereading

So easy to request a new garden waste bin!

Reported a pothole

Timeline | About | Photos | Twitter | More ▾

- Keep up to date with what's happening in Southampton.
- Check out information about events

www.facebook.com/SotonCC

NATIONAL MINIMUM WAGE

Should be
updated
1 October 2015

Rate from 1 October 2014

Pay and Work Rights Helpline
0800 917 2368



Year	21 and over	18 to 20	Under 18	Apprentice*
2014 (current rate)	£6.50	£5.13	£3.79	£2.73
2013	£6.31	£5.03	£3.72	£2.68
2012	£6.19	£4.98	£3.68	£2.65
2011	£6.08	£4.98	£3.68	£2.60

*This rate is for apprentices under 19 or those in their first year. If you're 19 or over and past your first year you get the rate that applies to your age.

National Minimum Wage Calculator

Check if your pay matches the National Minimum Wage or if your employer owes you payments from past years

www.gov.uk/am-i-getting-minimum-wage



CHILD EMPLOYMENT

Children (under 16 years of age) are not allowed to work:

- without an employment permit issued by the education department of the local council, if this is required by local bylaws
- in places like a factory or industrial site
- during school hours
- before 7am or after 7pm
- for more than one hour before school (unless local bylaws allow it)
- for more than 4 hours without taking a break of at least 1 hour
- in most jobs in pubs and betting shops and those prohibited in local bylaws
- in any work that may be harmful to their health, well-being or education
- without having a 2-week break from any work during the school holidays in each calendar year

There are also special rules which only apply during term times and school holiday times.

Term time rules

During term time children can only work a maximum of 12 hours a week. This includes:

- a maximum of 2 hours on school days and Sundays
- a maximum of 5 hours on Saturdays for 13 to 14-year-olds, or 8 hours for 15 to 16-year-olds

School holiday rules

During school holidays 13 to 14-year-olds are only allowed to work a maximum of 25 hours a week. This includes:

- a maximum of 5 hours on weekdays and Saturdays
- a maximum of 2 hours on Sunday

During school holidays 15 to 16-year-olds can only work a maximum of 35 hours a week. This includes:

- a maximum of 8 hours on weekdays and Saturdays
- a maximum of 2 hours on Sunday

www.gov.uk/child-employment/restrictions-on-child-employment



More info from GOV.UK

School leaving age

You can leave school on the last Friday in June, as long as you'll have turned 16 by the end of that school year's summer holidays. However, you may need to stay in some form of education or training for longer.

www.gov.uk/know-when-you-can-leave-school

Get a replacement exam certificate

Contact an exam board to get a replacement exam certificate. You may need to prove your identity to get your certificate.

www.gov.uk/replacement-exam-certificate

What different qualification levels mean

There are 4 main frameworks that group all qualifications into the same levels from entry to level 8.

www.gov.uk/what-different-qualification-levels-mean

Careers helpline for teenagers

Information and advice about what career choices are available if you're a teenager in England.

www.gov.uk/careers-helpline-for-teenagers



USEFUL CAREERS / JOB SEARCH WEBSITES

jobzoo.co.uk – Join job zoo and on 'your wall' get information specific to your interests.

nationalcareersservice.direct.gov.uk – Check out the skills health check – essential for generating career ideas.

icould.com – Video site with job profiles to help explore career ideas about choose subjects.

careersbox.co.uk – An online library of careers related films, news and information. Case studies show real people doing real jobs, giving viewers insights into all different careers.

fasttomato.com – Find out which jobs and careers might suit you based on your individual interests, learning styles and expectations.

thestudentroom.co.uk – On this site GCSE, A-Level and university students share academic and social knowledge: from study help, to choosing a university, careers, and student life. NOTE: Although this site can be useful, it's largely peoples' opinions, so it may not always be 100% accurate or unbiased.

prospects.ac.uk – Although this is a website designed for University graduates, it has a good A-Z of career information and suggestions of what you can do with your subject. What graduates did next is helpful for decision making.

allaboutcareers.com – quick facts on each industry, separating fact from fiction.

totalprofessions.com –Links to over 300 careers. See Profession Finder tab on home page.

www.bigdog.co.uk – Job vacancies streamed for local areas and articles on key job areas.

APPRENTICESHIPS


gov.uk – Live site advertising apprenticeships available across the UK. Search by occupation and postcode.

alphi.org.uk – Lists the apprenticeship training providers locally.

plotr.co.uk – Easy to use, well presented and you are able to search for apprenticeship vacancies in your home area under 'Opportunity Finder'.

notgoingtouni.co.uk – Ideas and job vacancies for careers after A levels., including Higher Apprenticeships.



A grayscale photograph of a woman with long dark hair, wearing a dark long-sleeved top and jeans, talking on a mobile phone. She is smiling and looking towards the camera. The image is semi-transparent and serves as a background for the text.

ADVICE / SUPPORT

Wheatsheaf Trusts - Wednesday Work Club

Every Wednesday morning 10am-12.00pm

Employment Access Centre – The Ground Floor

Wheatsheaf House, 24 Bernard Street

Southampton.

Free Information, Advice and Guidance available.

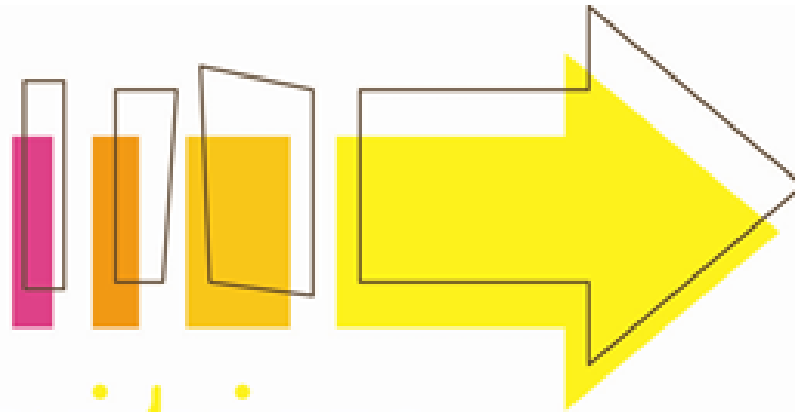
Get help with:

- **Getting Started with Universal Job Match**
- **Getting the best out of Universal Job Match**
- **Making a professional CV**
- **Cover and Speculative letters**
- **Application Forms**

**Free use of Computers, Telephone and Photocopier to help you with
your Job Search**

**Our experienced advisers Debbie and Dawn are available to support
you. For more information, or to book an appointment either pop in
and see us or call**

Tel: 02380 223345 Mob: 07772367905



Positive Directions



Aged 16 – 17?



Not in Education, Training or Working?



No GCSE's? Or GCSE's below a C?

**We can help you to decide your future, we
work with you to achieve your goals!**

**Contact Mandy Burdfield at City Limits Employment
on 02380917585 / 07855788139**



Skills Training UK
achieve more



EMPLOYMENT



**SOUTHAMPTON
CITY COUNCIL**

Part of the Youth Contract Funded by the Education Funding Agency

CAPITA

Newtown Job Clubs...

...helping your community

The clubs will be held in the YMCA Newtown Youth and Community Centre, allowing you to access them easily and meet other jobseekers in your neighbourhood.

You'll be able to access support and guidance on aspects such as searching for a job, how to approach employers, and setting up your Southampton City Council online Customer Account as well as everyday challenges such as:

- CV writing
- Cover letters
- Housing benefits
- IT Skills
- Budgeting
- Interview techniques
- Form filling

Job Clubs will be held on the following dates

~~June 24th~~ - July 29th - August 26th

Come along between 13.00pm - 15.00pm

YMCA
Newtown
Youth & Community Centre



Youth Options
a better future
for young people

Lordshill Youth Project

Lordshill Youth Project

Charity Number: 1147822

Youth Club

Wednesdays 18:30 - 20:30

**Lordshill Community Centre
Andromeda Road Lordshill**

Activities

Tuck Shop

music

LIKE US — WWW.FACEBOOK.COM/LORDSHILLYOUTHPROJECT

FOLLOW US — [@LORDSHILL_YP](https://twitter.com/LORDSHILL_YP)

MOB. 07766931757

OPEN

**THE GARAGE YOUTH CENTRE
PROVIDES A RANGE OF YOUTH SERVICES
TO SUIT YOUR NEEDS
FOR AGES 9 TO 24 YEARS**

MONDAY

DROP IN SUPPORT SESSIONS - UP TO 24 YRS - 2PM TO 5PM

NHS SEXUAL HEALTH CLINIC - UP TO 24 YRS - 3PM TO 5PM

FIT 4 U CHALLENGES - UP TO 24 YRS - 5PM TO 6PM

YOUTH CLUB SESSION—9 TO 18 YRS—6PM TO 9PM

WEDNESDAY

DROP IN SUPPORT SESSIONS - UP TO 24 YRS—2PM TO 5PM

FIT 4 U CHALLENGES - UP TO 24 YRS - 5PM TO 6PM

YOUTH CLUB SESSION—AGE 9 TO 18 YRS—6PM TO 9PM

THURSDAY

DROP IN SUPPORT SESSIONS - UP TO 24 YRS—2PM TO 5PM

YOUTH CLUB SESSION—AGE 9 TO 18 YRS—6PM TO 9PM

SATURDAY KITCHEN

10.30AM TO 1.30PM - AGE 9 TO 18 YRS

THE GARAGE YOUTH CENTRE

A Totton & Eling
Town Council Facility

FIND US IN ELING RECREATION GROUND
OFF TOTTON BY PASS A35 - SO40 9JG



**THE GARAGE OFFERS
A WIDE RANGE OF YOUTH
SUPPORT SERVICES FOR YOUNG PEOPLE
AGED 9 THROUGH TO 25 YEARS.**

**We offer a safe 'space' to meet up & support when you need it for any emotional & social issue.
Your not alone at Ufi, we are here for you, whatever you need.**

WE BELIEVE IN YOUNG PEOPLE & THAT INCLUDES YOU!

OPEN IN TERM TIME AND SCHOOL HOLIDAYS

MONDAY, WEDNESDAY, THURSDAY 6PM TO 9.30PM & OCCASIONAL SATURDAYS

**HEALTH & WELLBEING DROP IN SERVICES
EVERY WEDNESDAY & THURSDAY 2 TO 5PM**

'FINDING YOUR FEET'

Support with Careers, CV writing,
Education, Training & Employment
Information, Advice and Guidance.

RELATIONSHIPS AND SEXUAL HEALTH **Getiton**

Support with Emotional, Social & Physical
aspects of growing up to enable you
to take responsibility for your
Sexual Health & overall wellbeing.

FITNESS AND SPORTS DEVELOPMENT

Physical activities for a Happy & Healthier You.
FREE sessions with a personal trainer
For your overall health & wellbeing.
Call to book sessions at a time that suits you



HEALTHY LIFESTYLES & NUTRITION

Healthier Eating on a budget,
cooking classes & Nutrition.
Support for Substance Misuse.

FEEL GOOD FACTOR

Support with everyday emotional & social issues Working to raise confidence
& develop personal and social skills to deal with Anxiety, identity & self-worth issues.



Totton & Eling Town Council



**Hampshire
County Council**



**New Forest
DISTRICT COUNCIL**

Southern Health **NHS**
NHS Foundation Trust

REP's
The Register of Exercise Professionals
BODY OF SKILLSFACTIVE

ASDA

ing

TO FIND OUT MORE

Keep up to date with us on **FACEBOOK**.
Search 'the garage ufi' and 'like' the page.

Contact us on 023 8066 9908
or 0788 415 3275
Email: thegarageufi@live.co.uk

or visit www.garageyouthclub.net



The Garage Ufi



The Garage Ufi
@GarageUfi



13 to 18 years old?

We would love to hear from you

If you've got any questions, get in touch.
We can talk about jobs, careers, learning or training.

**NATIONAL
CAREERS
SERVICE**

Phone and callback



Calls from a landline are free. Some calls from a mobile are charged, but we can ring you back

0800 100 900.

Webchat



You can speak to a trained adviser by clicking on the word [Webchat](#).
Here you can talk one-to-one. This service is **confidential** and is not a chat room.

Email an adviser



You can email us with your questions. We'll reply to you within 24 hours.

[Click on this link](#)

Text us



You can send us a text for simple information like telephone numbers or addresses. If you want more in-depth information and advice, ring us on 0800 100 900. If you tell the adviser your phone number we will call you back at a time that's convenient for you. Please don't send us pictures as we can't open these. The number to text us on is **07766 413219.**

Before you call

Calls can take up to 30 minutes, depending on what you want to talk about. To make the most of your time, here are some useful things you can do before calling:

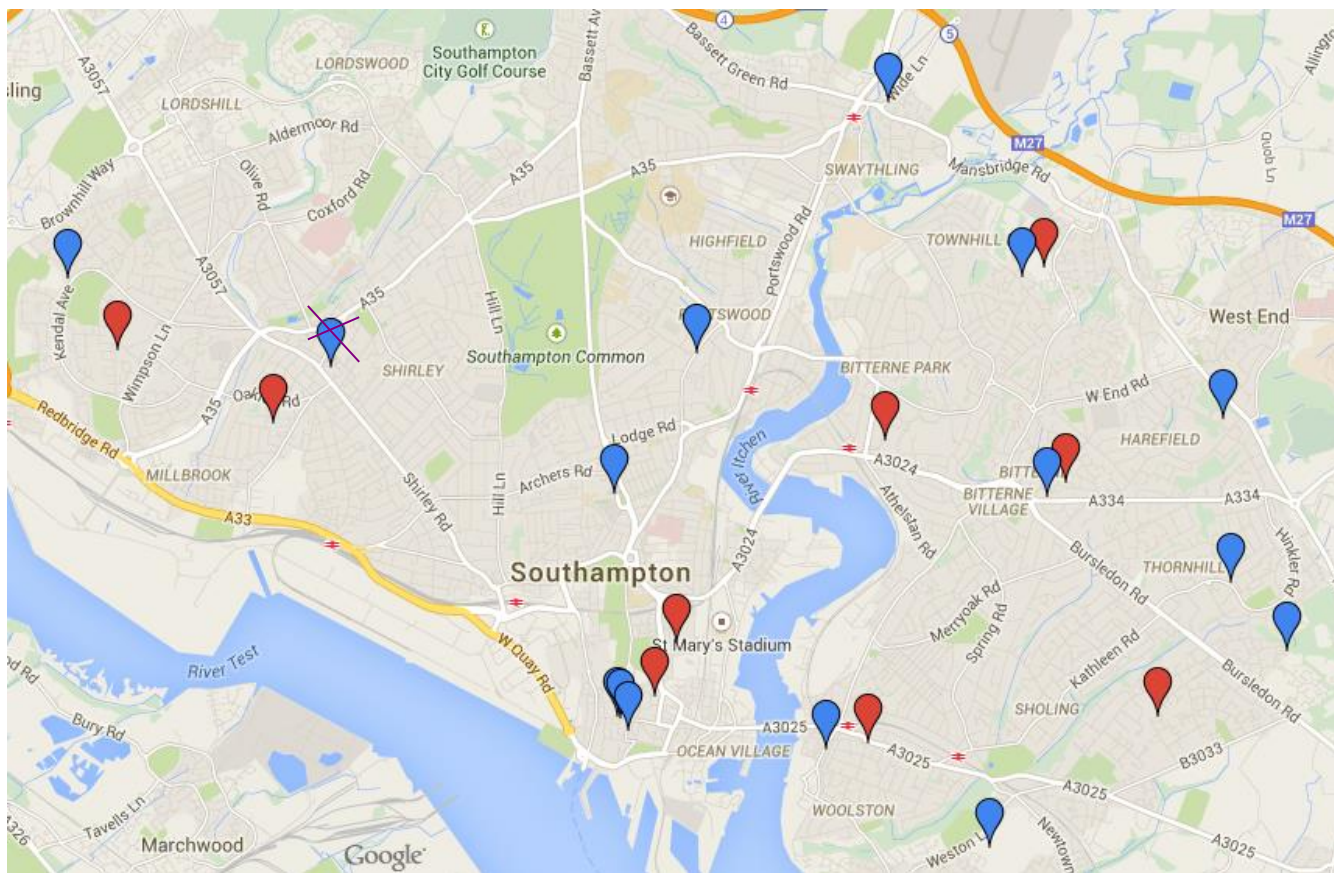
- think about why you are calling - do you have a specific question or are you looking for general advice?
- make sure you have enough time to talk
- phone from a place where it's not too noisy
- have a pen and paper ready - you might need to write down some information.



www.direct.gov.uk/NationalCareersService

Southampton Work Clubs and IT Clubs

There's one near you!



Bitterne IT club

Bitterne Library every Tuesday 10am - 12pm (term time only). Call 023 80671111 for further information.

Bitterne Work Club

Bitterne Library, Bitterne Road East, SO18 5EG.

Runs Mondays 10am to 12noon. Drop in, all welcome.

T: 023 8091 7585 E: citylimits.employment@southampton.gov.uk

CLEAR Work Club

11 Queensway, Southampton, SO14 3BL

Wednesdays 9.30am - 12.30 pm

All Year round.

For anyone who has come to the UK as a refugee or as family/dependent of a refugee - must have right to work in the UK although we will help asylum seekers look for training and compile a CV ready for looking for work if their application is successful.

Contact: 023 8023 4000 or email info@citylife.org.uk.

Website: <http://www.citylife.org.uk/activity/clear/>



Community Systems Work Club

11 Queensway SO14 3BL

Community Systems Employment Help

Phone for an appointment – appointments available most weekdays.

For help with CVs, job applications, interview preparation. Careers guidance also available.

You must be claiming one of the following out of work benefits – Jobseekers Allowance or Employment and Support Allowance (and be in the Work Related Activity Group)

Tel: 0845 600 60 60

Graylings Computer Friends

IT Area, The Grayling, Beechfield Court, Regents Park Road, Southampton SO15 8SL. Sessions are free and last between 1 and 2 hours depending on numbers. Every Wednesday 2pm to 7pm. For more information please call 02380 915072 or just pop in.

Hinkler Work Club

Hightown Centre, Tunstall Close, Southampton SO19 6RD

Drop in – all welcome. Wednesdays 9am – 12 noon. Contact Amanda 023 8040 5728 for further information.

Millbrook IT Club

33B Windrush Road (formerly The Link)

Tuesdays 12.30pm – 3.30pm.

Drop in, all welcome.

Help with on-line applications, searching for work, improving IT skills for employment. 1:1 advice and guidance

Contact The Warren Centre 02380327802 for further information

No Limits Work Club

No Limits, 24a Bernard Street, Southampton, SO14 3AY.

Monday's between 2pm - 4pm. For people aged 16 - 25.


Tel: 023 8023 6237. www.nolimitshelp.org.uk.

Details from Google Maps

24A Bernard Street, Southampton SO14 3AY, United Kingdom

www.nolimitshelp.org.uk

023 8022 4224



Get help looking for jobs
and apply.

Portswood CAP Job Club

At the Victory Centre, 154-156 Portswood Rd, Portswood, Southampton, SO17 2NH.

CAP Job Club Manager: Jan Patching janpatching@capjobclubs.org

Thursdays (10am-2pm)

to anyone trying to find employment.

For information on what the CAP Job Clubs involve, please visit: www.capuk.org/i-want-help/cap-job-clubs/introduction.

Pleasant View Computer Friends

Community Centre, 200 Orpen Road, SHoling Southampton SO10 0EA


Roundabout Cafe Work Club

Westfield Corner
Mansbridge, Swaythling
SO18 2LE

On the 1st Thursday of every month. Between 12pm and 3pm.

Supports people to find employment and training and to overcome any potential barriers.

For more information email: estsupport@radian.co.uk or tel: 0800 4220570.



Chat through career ideas

STEPS (Plusyou Ltd) Thornhill

Hightown Centre, Tunstall Close, Southampton SO19 6RD

For people living in SO19 6 area

Tel: Mike or Amanda for opening times on 023 8040 5728.

Townhill Park Work Club

Townhill Park Community Centre Meggeson Avenue
SO18 2FH

Tuesdays 10:30am - 12:30pm. Term time only.

All are welcome for help with:

CVs, Job applications, Using IT for job search, Covering letters, Interview tips, General employment training and volunteering advice.

For more information tel: 023 8091 7585.

Also available at the same time is 'Tea and Tech' Bring your own laptop or tablet for help with any IT queries. Same opening times and venue.

Weston Work Club

at Weston Library, Chamberlayne Leisure Centre Car Park, Weston

Every Thursday 09.00 until 12 noon

Drop in – all welcome

1:1 advice, help with CVs and job hunting.

For more detail please contact the Warren Centre on 023 8032 7802

Tea and Tech - Townhill Park

Townhill Park Community Centre Meggeson Avenue SO18 2FH

10:30am - 12:30pm. Call 023 8067 1111 for more information.



Is your CV up to date?



Eastleigh and Winchester Youth Support Services

Hampshire County Council
Rookwood Centre
Penshurst Way
Boyatt Wood
Eastleigh
SO50 4RJ

Tel: 023 8068 4932

Email: youth.eastleighandwinchester@hants.gov.uk

For information on benefits and housing, call 023 8068 4930 / 4932 to ask for an appointment at an outreach centre.

New Forest Youth Support Service

Claypits Lane
Dibden,
Southampton
SO45 5TN

Tel: 023 8087 7960

Email: youth.newforest@hants.gov.uk

Test Valley Youth Support Service

The Wedge
London Road
Andover
SP10 2PS

Tel: 01264 336571

Email: youth.testvalley@hants.gov.uk

If you live outside
Southampton,
please visit this
website to find out
where you can get
support and
advice.

[www3.hants.gov.uk/
youthtube](http://www3.hants.gov.uk/youthtube)

NO LIMITS

Training

Employment

Helping Young People
Help Themselves

SOUTHAMPTON Work Club

Looking for support

Get help with

Completing CVs

Identify your
strengths and
interests

Preparing for
interviews

Learning Interview
techniques


Job search

Are you aged
between 16
and 25?

Next
CAREERS FAIR
MONDAY 3rd August

Meet employers and training
providers. Get advice on your
CV and job search help.

www.nolimitshelp.org.uk

 @nolimitshelp

 nolimits

Work Club

EVERY Monday from 2.00 – 4.00pm

City Centre

24a Bernard Street

SO14 3AY

Drop-in centres

City drop-in centre

☎ 023 8022 4224



Facilities:

- ✓ Free internet
- ✓ Telephones
- ✓ Shower for young people who are homeless
- ✓ Washing machine for young people who are homeless
- ✓ Confidential advice
- ✓ Counselling
- ✓ Pregnancy testing
- ✓ Chlamydia screening

Address:

24a Bernard Street
SO14 3AY
See map: [Google Maps](#)

Opening hours:

MONDAY	10am - 1pm & 2pm-5pm* (*appointment only)
TUESDAY	10am - 1pm
WEDNESDAY	2pm - 5pm & 6pm - 8pm
THURSDAY	2pm - 5pm
FRIDAY	10am - 1pm

Shirley drop-in centre

☎ 023 8051 1051

Facilities:

- ✓ Free internet
- ✓ Telephones
- ✓ Confidential advice
- ✓ Counselling
- ✓ Pregnancy testing
- ✓ Chlamydia screening

Address:

278 Shirley Road
SO15 3HL
See map: [Google Maps](#)

Opening hours:

MONDAY	10am - 1pm
TUESDAY	2pm - 5pm & 6pm - 8pm
WEDNESDAY	2pm - 5pm
THURSDAY	10am - 1pm
FRIDAY	2pm - 5pm

Sholing drop-in centre

☎ 023 8043 5000

Facilities:

- ✓ Free internet
- ✓ Telephones
- ✓ Confidential advice
- ✓ Counselling
- ✓ Pregnancy testing
- ✓ Chlamydia screening

Address:

406 Portsmouth Road
SO19 9AT
See map: [Google Maps](#)

Opening hours:

MONDAY	2pm - 5pm
WEDNESDAY	2pm - 5pm
THURSDAY	2pm - 5pm

Open access drop-in centres. Visit alone or with a friend for support, no appointment needed

Are you 19 or over and would like some help?

The National Careers Service is FREE to all adults and provides information, careers and skills advice that's tailored to you. The careers advisers are professionally qualified to help you make the right choices about learning and work

How to write a CV

Golden rules of producing an effective CV with advice on style, content and layout and how to target a CV to particular jobs.

Interview Skills

Help to overcome interview anxiety. Find out how to succeed through preparation.

Job Search Skills

Advice on how to write speculative letters, complete application forms and make the best of a CV. Useful web sites and how to find and use information about the local labour market.

Confidence Building

Help with developing confidence and self-esteem to improve job prospects.



Call 0800 1954 700 to make an appointment to see an adviser face to face or visit www.nationalcareersservice.direct.gov.uk

**National
Careers
Service**

Helping you take
the next step

NOTES

The next bulletin is ... Thursday 23 July 2015