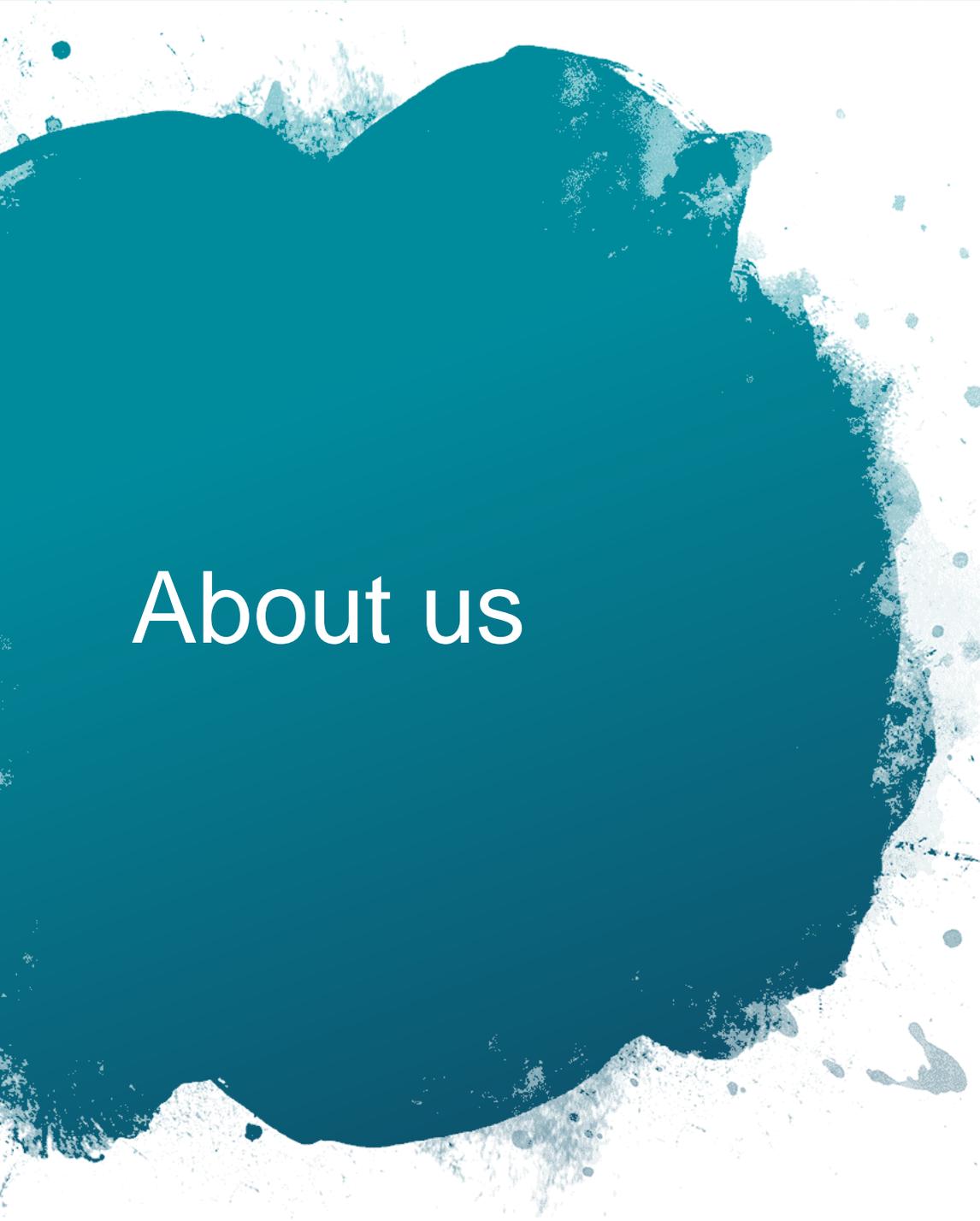




WORKING HARD FOR
ISLAND CHILDREN,
YOUNG PEOPLE AND
FAMILIES



About us

- Youth-led approach.
- Largest independent provider of youth mental health services on the Isle of Wight.
- Supporting over 1,000 young people aged 4-24 each year with free, professional, one-to-one counselling each year.
- In addition to one-to-one counselling, we offer family counselling, specialised substance misuse counselling and have recently introduced group work.
- We also deliver training and advocacy work.
- Wholly Island based and focused.
- Working on the Island Community for around 35 years.

Funding from OPCC

- Providing counselling and support at a crucial moment for young people.
- Preventative work with young people with young people who have trouble managing their anger.
- Working with young people referred through Youth Offending Team (YOT).
- Working with young people who have had involvement with the criminal justice system.
- Working with young people who have witnessed or been

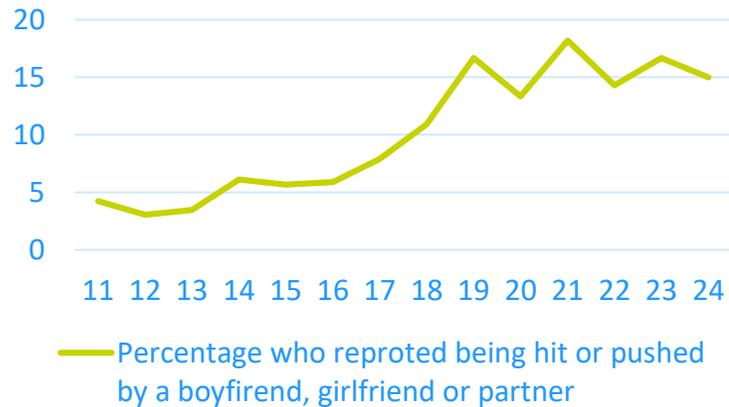


Referral routes

- Easy to access – many possible referral routes.
- Referrals accepted through post, email phone and in person.
- In past year:
 - 30% referred by parents
 - 29% referred through school
 - 17% GPS
 - 15% self-referral
 - 9% from other agencies (YOT, Social Services etc.).

Census 2019

Responses from young people who reported they had or currently have a boyfriend, girlfriend or partner.



- Seeking 5,000 responses directly from young people aged 7 – 24.
- Data entry not complete – around 2,000 responses (over 11) received online.
- Incomplete data but initial analysis suggests that of those who reported having had, or currently having a girlfriend, boyfriend or partner:
 - 16% said that they sometimes or rarely felt safe with their boyfriend, girlfriend or partner.
 - 5% said that they had been hit or pushed by their girlfriend, boyfriend or partner.

In the words of our young people...

"The way [my counsellor] suggested different ways of controlling my anger."

"The people and the feeling of having someone to listen without bias."

"This experience has helped me take a huge step towards being exactly who I want to be."

"It improved to [sic] what was happening at home and what was happening to me"

"They helped me to talk issues through and it was good to have someone to come and talk to"

"Youth Trust has helped me understand how I feel and why."

"Very personalised service. The support received for my daughter has changed her life for the positive and the families [sic]" (Under 13)